














Magen Avot



Shabbat 24 January 2026 / 6 Sh'vat 5786

Parashat Bo / פרשת בא

Light From	Friday Mincha	שבת Friday	שבת Chabura	שבת Shacharit	SZ Kriat Shema	Minis /Maxis	שבת Mincha	שבת Ends	Horim V'Yeladim	Sunday Shacharit
										
3.39PM	4.15PM	4.19PM	9.00AM	9.15AM	10.02AM	10.45AM	4.26PM	5.26PM	6.20PM	8.20AM

Shabbat

Chabura: Daniel Ehreich

Magen Minis and Maxis: meets at 10.45am

Munchies Sponsor: To be announced

Y@MA: Meets at 11.15am

Y@MA Sponsor: Anonymous, for the kids!

Kriat Hatorah: Dr David Cohen

Shabbat Drasha: Rabbi Golker

Today's Kiddush is sponsored by: To be announced

Post Mincha Speaker: Rabbi Michael Pollak on Rabban Gamliel, "the great consolidator".

Motzei Shabbat

Horim V'Yeladim continues this Motzei Shabbat at 6.20pm.

Horim V'Yeladim Sponsor: To be announced.

Basement Access Reminder

Parents are kindly asked to remind their children that the basement area is strictly out of bounds throughout Shabbat. Please help us keep all areas of the Shul safe and tidy by ensuring children remain upstairs.

US Women's Shabbat

Next week (30/31 January) will be the US Women's Shabbat. Our Eshet Chayil this year is Dr Chaya Langerman, and we will be celebrating this and honouring her the following week (Friday 6 February and Shabbat 7 February). Further details will be announced in next week's newsletter and via the community WhatsApp groups.

Kiddush Sponsorship

We have spare slots for Kiddush sponsors over the next few weeks. Book yours at <http://magenavot.com/sponsorships> or contact Marc Ovits on 07866 503 898.

Board of Deputies (BOD) Meeting with Local MP

Magen Avot's BOD representative (Julian Pollard) is seeking to meet our local MP David Pinto-Duschinsky in Central Lobby at the House of Commons on Tuesday 17 March as part of Parliamentary Advocacy Day and to bring to his attention matters of concern to our members. If any of you wish to attend or to highlight issues you wish him to bring forward to our MP, please contact Julian Pollard on 07958 447 174.

Magen Avot NEEDS You (see below)

Help shape the next ten years of Magen Avot by helping us with whatever skills you possess. Email info@magenavot.com with your details and we will be in touch (see poster below).

Newsletter News

Additional announcements will be sent via WhatsApp Groups:-
Join the Broadcast Group: <https://tinyurl.com/mabroadcast>
Join the Social Group: <https://tinyurl.com/masocialgroup>

Magen Avot Crafts Group

The next meeting of the craft group will be on Sunday 25 January from 7.30pm. For venue details please contact Dr Fiona Taylor on: 07868 715 161.

Yahrzeits

24/01/2026	6 Shevat 5786	Charles Pascoe	Father
24/01/2026	6 Shevat 5786	Joan Pollard	Father
26/01/2026	8 Shevat 5786	Golda Gean	Father
27/01/2026	9 Shevat 5786	David Kass	Father
31/01/2026	13 Shevat 5786	David Ruben	Father



Get hyped for...

Y@MA

FRIDAY

NIGHT DINNER

@ THE GOLKERS

13TH FEBRUARY



Tefillah at Magen Avot

or meet at the Golkers at 6:30pm

Address Provided on Booking

Sign up using the form below by Sunday 8th February:
shorturl.at/oHxvO

Bound by Duty

A new, suspenseful, and humorous Israeli play

Based on the experiences of two commanders in an elite IDF unit. Dedicated to all their comrades who fell in Israel's wars and hostile actions

Saturday, 31st January 2026

At 19:30

Introduction by Mrs Miriam Perez (Israel Prize winner)

Followed by the show and Q&A

Aviel, a religious-Zionist, and Itai, a secular-liberal, are paired for the final navigation test of their squad leader course. Their initial clash slowly becomes a journey of mutual understanding, as they discover that their differences help them grow and face the challenges ahead.

Actors: Shmulik Bahalul, Golan Ventura

Light refreshments will be provided Age suitable 13+

IZEMACH PRODUCTIONS UK

Bound by Duty - Plot Summary (see flyer on previous page)

When two soldiers, Aviel – a religious Zionist from Golani, and Itay – a secular paratrooper, are paired together in the IDF's squad commanders' course for the final "Sea to Sea" navigation test, they expect the main challenge to be the physical and mental difficulty of the mission. But it quickly becomes clear that the real obstacle is not the route or the conditions, but the differences between them – their opposing worldviews and the stereotypes they represent in each other's eyes. What begins as a competitive struggle in the final navigation between two soldiers from opposite ends of Israeli society gradually becomes a journey of mutual discovery and unity. They realise that it is precisely their differences that allow them to grow and face the challenges ahead. Only when they succeed in joining forces and embracing each other's personal strengths do they discover the secret to success.

The play portrays the conflict between different groups in Israeli society, while emphasising the urgent need for unity and cooperation to meet the great challenges that await us as a nation. The play deals with devotion to mission, teamwork, tolerance, and acceptance of the other, reflecting the values upon which the State of Israel was built.

"Bound By Duty" offers a funny, and clear-eyed look at Israeli society – through two people who didn't want to be together, but discovered they needed each other the most.

This the ONLY show that will be in English and with Miriam Peretz introducing it.

Tickets are £18 and it's appropriate for 13 years and above. Please share with your friends and contacts. Not to be missed!

Book on: <https://myus.theus.org.uk/events/120116/bound-by-duty/>