














Shabbat 18 January 2025 / 18 Tevet 5785

Parashat Shemot 5785 / פרשת שמות

Light From	Friday Mincha	שבת שבת	שבת Chabura	שבת Shacharit	SZ Kriat Shema	Minis /Maxis	שבת Mincha	שבת Ends	Horim V'Yeladim	Sunday Shacharit
 3.31PM	 4.05PM	 4.09PM	 9.00AM	 9.15AM	 10.00AM	 10.45AM	 4.17PM	 5.17PM	 6.00PM	 8.20AM

Friday 17 January



We are very excited to once again host a youth-led Magen Avot Shabbat taking place over Friday night and Shabbat morning. We look forward to hearing from many of our youth! **Hot soup will be kindly provided by Rebbetzen Golker after the service.**

Shabbat 18 January

Chabura: Eliana Adler will be leading the Chabura discussion. Discussion points will be shared via WhatsApp.

Leining: Dr David Cohen

Magen Minis and Magen Maxis meet from **10.45am**.

Y@MA will be joining main services and Kiddush this week.

Shabbat Drasha: Rabbi Yoni Golker

This week's kiddush is co-sponsored by **Esther and Simon Bentley** to mark Simon's 25th anniversary and co-sponsored by **Chaya and Moshe Langerman** on the occasion of Chaya's PhD graduation this week. Mazal Tov!

Post-Mincha Shiur: Lindsay Simmonds on "Shmot: Anxiety & Action". This shiur is in honour of Anouk Abrahams' late mother (first Yahrzeit for Rose Shoshana bat Shalom) at **~4.40pm**.

Motzei Shabbat 18 January

This week's HvY takes place at **6.00pm** and is sponsored by Sara and Marco Spizzichino because "MA kids are amazing".

Tuesday 21 January

Weekly Tehillim sessions at Raleigh Close continues at Hendon United with Maariv at **7.45pm** followed by Tehillim.

Wednesday 22 January

The next Shiur to be given by Rebbetzen Dina Golker will be on: "Samuel, Saul & David (Part 1) – Kings, Prophets, & People".

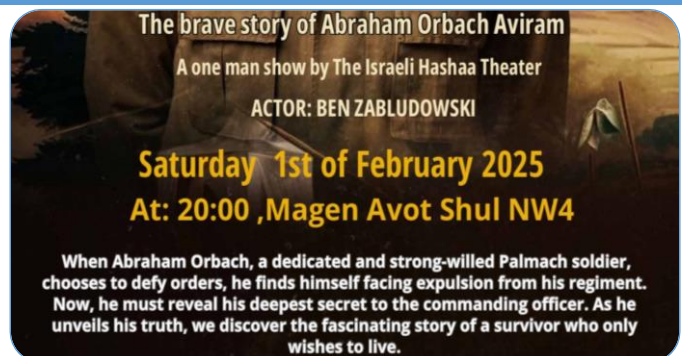
Friday 24 January

The next women's only Kabbalat Shabbat takes place next Shabbat in Magen Avot with Alei Tzion from **4.35pm**.

Wednesday 29 January

The next Book Club will meet at the home of Cathy Fisher at **8.00pm** and will review: "The Heaven & Earth Grocery Store". Those wishing to attend can book with her on: 07465 436 869.

Motzei Shabbat 1 February



The brave story of Abraham Orbach Aviram
A one man show by The Israeli Hashaa Theater
ACTOR: BEN ZABLUDOWSKI
Saturday 1st of February 2025
At: 20:00, Magen Avot Shul NW4

When Abraham Orbach, a dedicated and strong-willed Palmach soldier, chooses to defy orders, he finds himself facing expulsion from his regiment. Now, he must reveal his deepest secret to the commanding officer. As he unveils his truth, we discover the fascinating story of a survivor who only wishes to live.

If you would like to book for our one man show and for further details please go to our booking form: <https://bit.ly/MASOL25>

Mazal Tov!

Mazal Tov to Ruth and Henry Eereich on the engagement of their granddaughter Shira, daughter of Shoshana and Jon Shooter to Yedidya Schneider.

7-8 February



SAVE THE DATE 7-8 FEBRUARY 2025
US WOMEN'S SHABBAT
EISHET CHAYIL
STRENGTH OF WOMEN אִשֶּׁת חַיִּיל

The theme for US Women's Shabbat this year is "Eshet Chayil" (a Woman of Valour). We have many examples of strong and brave women from Jewish history and our Women's Shabbat offers an opportunity for all our communities to honour the strength, resilience and contribution of women in our community and beyond. This year, we are particularly inspired by the extraordinary wives of soldiers defending the Jewish homeland, who are heroes in their own right. These incredible women have been under huge stress for many months as they bring up their families and continue working while their husbands bravely serve their country. Many other women have been exiled from their homes for over a year and have to manage the needs of their families while forced to live in temporary accommodation. We will be sharing learning resources from the US Education department and will also have a virtual tour of House of Life - Willesden cemetery to learn about the amazing Jewish women from 19th and 20th century London who had an impact on the world. US Women's Shabbat is a great opportunity to honour our women in our community. Our community has historically chosen this Shabbat as the opportunity to celebrate our Eshet Chayil. Mazal Tov to this year's Eshet Chayil Anouk Abrahams who will receive the honour on Shabbat Beshalach.

28-29 March

The Y@MA Shabbaton (at the Brighton & Hove Jewish Community) will depart on Friday 28 March at **1.00pm** and return on Motzei Shabbat 29 March at **~11.00pm**. Travel, meals, accommodation, and an inspiring Shabbat are all included. Members can book for just £99 (£125 for non-members). Don't miss out as there are limited spaces! Book today at the following link: <https://tinyurl.com/MABrighton25>.

Yahrzeit/Shiva Notice

22/01/2025	22 Tevet 5785	David Berke	Mother
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We are sorry to inform the community of the passing of Eva Greenspan z"l. The Levaya took place at Bushey Old Cemetery last Monday 13 January. Stephanie Steinbock, Jason Greenspan and Natalie Koenig, are sitting Shiva for their mother at: **Stoneways, Flat 1, Tenterden Grove NW4 1SX**. Shacharit: 7.30am, Rest time: 12.00pm to 1.30pm, Mincha: 1.30pm, Rest time: 6.00pm to 7.30pm, Maariv: 7.30pm, No visitors after 9.30pm. Shiva ends Sunday morning 19 January. We wish the whole family Chayim Aruchim.

Join Our Team!

WE'RE HIRING

ADDITIONAL

**YOUTH
DIRECTOR!**

MAGEN AVOT ARE LOOKING FOR A NEW YOUTH DIRECTOR. IF YOU ARE INTERESTED THEN PLEASE APPLY AT THE LINK BELOW. IF YOU KNOW OF SOMEONE WHO IS INTERESTED PLEASE FORWARD THIS MESSAGE TO THEM.

[HTTPS://TINYURL.COM/MAYOUTHDIRECTOR24](https://tinyurl.com/mayouthdirector24)



Magen Avot