













Shabbat 29 March 2025 / 29 Adar 5785 (Shabbat HaChodesh)

Parashat Pekudei 5785 / פרשת פקודי

Light From	Friday Mincha	שבת	SZ Kriat Shema	שבת Chabura	שבת Shacharit	Minis /Maxis	שבת Mincha	שבת Ends	Sunday Shacharit
 5.08PM	 6.10PM	 6.12PM	 8.51AM	 9.00AM	 9.15AM	 10.45AM	 6.16PM	 7.16PM	 8.20AM

## Shabbat 29 March

**Chabura:** Moshe Langerman | **Leining:** Shimon Levy

Magen Minis and Magen Maxis meet from **10.45am**  
Y@MA is away on the Brighton & Hove Shabbaton.

ראש חדש ניסן יהיה כיום ראשון הבא עלינו ועל כל ישראל לטובה

**Molad: Shabbat 29 March at 7.46am and 1 Chelek**

**Shabbat Drasha:** Rabbi Yoni Golker

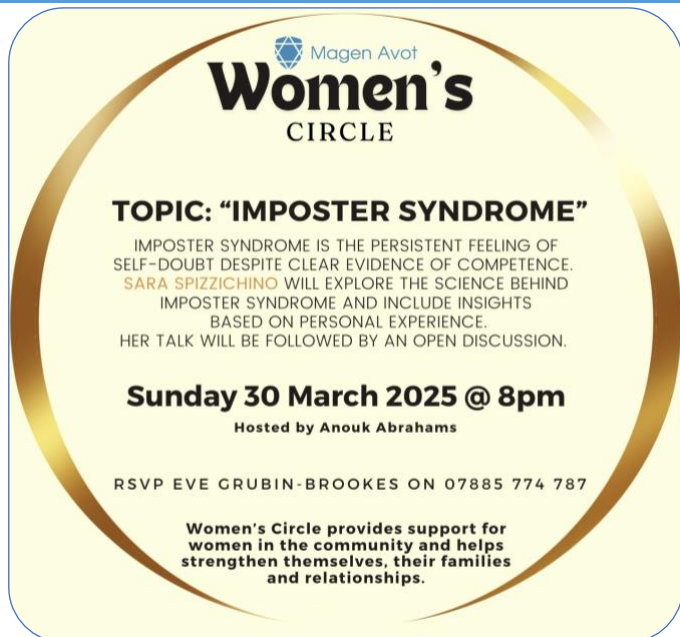
This week's Kiddush is kindly sponsored by **Stephanie and Howard Klass** to mark their wedding anniversary. Mazal Tov!

**Post-Mincha Shiur:** Rabbi Michael Pollak on: "Understanding Rav Soloveitchik".

## Sunday 30 March

Start of British Summer Time. Clocks go forward one hour so you lose an hour. Make sure to not turn up too late for Shacharit!

## Sunday 30 March



**Women's CIRCLE**

**TOPIC: "IMPOSTER SYNDROME"**

IMPOSTER SYNDROME IS THE PERSISTENT FEELING OF SELF-DOUBT DESPITE CLEAR EVIDENCE OF COMPETENCE. SARA SPIZZICHINO WILL EXPLORE THE SCIENCE BEHIND IMPOSTER SYNDROME AND INCLUDE INSIGHTS BASED ON PERSONAL EXPERIENCE. HER TALK WILL BE FOLLOWED BY AN OPEN DISCUSSION.

**Sunday 30 March 2025 @ 8pm**  
Hosted by Anouk Abrahams

RSVP EVE GRUBIN-BROOKES ON 07885 774 787

Women's Circle provides support for women in the community and helps strengthen themselves, their families and relationships.

The next Women's Circle event takes place this Sunday and will focus on imposter syndrome. Space is limited so book directly with **Eve Grubin-Brookes** via text or call on **07885 774 787**.

## Thursday 8 May

The MA Book club will meet on Thursday 8 May at 8.00pm (venue TBC). We shall be reading "Project Hail Mary" by Andy Weir: <https://tinyurl.com/MAProjectHail>. Join our MA WhatsApp Book Club Group: <https://tinyurl.com/MABookC>.

## Thursday 8 May to Sunday 11 May

**SAVE THE DATE:** The Mizrahi Weekend of Inspiration takes place from Thursday 8 May until Sunday 11 May.

## Sunday 11 May

Please note that our Annual general Meeting (AGM) will take place on Sunday 11 May at 6.00pm in Shul. Full details will be sent out from our admin Dani shortly.

## Mazal Tov!

Mazal Tov to Jackie and Michael Roodyn on the Bat Mitzvah of their granddaughter Leah, daughter of Rabbi Jonny and Rebetzen Yael Roodyn.

## Chometz Sale Form

Our Chometz Sale form is now available as an online form. No need to print it off. Simply fill it in online and submit using the following link: <https://tinyurl.com/MACHometzSale> - Please complete the form before 10.00am on Friday 11 April 2025. There will be an opportunity to make a Kinyan for the sale with Rabbi Golker – details are on the form link above.

## 10 Year Anniversary

Please send in Mazal Tov messages and photos that will be projected onto our June Fun Day "Mazal Tov" wall. Please submit content to Julian Maurer by email: [julianmaurer@hotmail.com](mailto:julianmaurer@hotmail.com).

## Shul Gemach

Magen Avot operates a Gemach fund for members who have fallen into financial hardship. Help is available in the form of emergency one-off payments or short-term loans. If you are in need, are aware of, or are being approached by other members of the community in need of such a service, please feel free to contact Rabbi Golker: [rabbi@magenavot.com](mailto:rabbi@magenavot.com) or Baruch Zekaria at: [treasurer@magenavot.com](mailto:treasurer@magenavot.com).

## Community Support Message

The Community is here to help provide support where we can. For Pesach, a number of bottles of wine and boxes of matzah have been donated and are available. There are also lists of year-round food which are confirmed kosher for Pesach. If we can help, please be in touch by either speaking to the Rabbi or by emailing [treasurer@magenavot.com](mailto:treasurer@magenavot.com).

## Wednesday 23 April



**1 MONTH TO GO**

Be part of the community-wide commemoration marking Yom HaShoah by lighting your **YELLOW CANDLE** on Wednesday 23<sup>rd</sup> April 2025

Tag @yellowcandleuk Use #yellowcandle

**YELLOW CANDLE**  
A REMEMBRANCE OF THE 6 MILLION  
23<sup>RD</sup> APRIL 2025

There is one month to go until Yellow Candle 2025. This annual initiative pays tribute to the 6 million Jews murdered during the Holocaust, uniting communities in remembrance. As Yom HaShoah approaches on the evening of Wednesday 23 April, thousands of Yellow Candles will be lit, serving as a powerful reminder to never forget one of the darkest chapters in history. Each candle is £3.50 to be picked up from Family Langerman. Collection can be made from now until Tuesday 8 April.

## Yahrzeits

31/03/2025	2 Nisan	Mazal Nisner	Mother
31/03/2025	2 Nisan	Toni Zekaria	Brother
01/04/2025	3 Nisan	Cecil Taitz	Mother
02/04/2025	4 Nisan	Richard Taylor	Father
04/04/2025	6 Nisan	Paul Silver	Mother
04/04/2025	6 Nisan	Alexander Weinberg	Grandmother

FULL DETAILS AND  
TIMINGS FOR PESACH  
WILL BE RELEASED  
WITH NEXT WEEK'S  
NEWSLETTER.

# Sell Your CHAMETZ

[HTTPS://TINYURL.COM/MACHOMETZSALE](https://tinyurl.com/machometzsale)



 *A Once in a Generation Commemoration*

ONE MOMENT.  
ONE COMMUNITY.  
**ONE LEGACY.**

**YOM HASHOAH 2025** **80 YEARS** 1945-2025  
MARKING THE LIBERATION OF BERGEN BELSEN BY THE BRITISH ARMED FORCES

THE UK JEWISH COMMUNITY'S HOLOCAUST CEREMONY  
WEDNESDAY 23RD APRIL 2025 • 7PM  
VICTORIA TOWER GARDENS, WESTMINSTER

ENTRANCE BY TICKET ONLY • BOOK NOW AT  
[YOMHASHOAH.ORG.UK](https://yomhashoah.org.uk)



 @yomhashoahuk

Operating under the auspices of The Board of Deputies Charitable Foundation Charity No. 1059107

NOTICE OF

# Annual General Meeting

SUNDAY 11 MAY @ 6.00PM