





#### Shabbat 15 June 2024 / 9 Sivan 5784

### Parashat Nasso / פָּרָשַׁת נָשׂא

Friday Mincha	Light From	שבת	SZ Kriat Shema	שבת Chabura	שבת Shacharit	Minis /Maxis	שבת Mincha	Shiur	שבת Ends	Sunday Shacharit
7.15PM	7.36PM	9.05PM	8.48AM	9.15AM	9.30AM	10.45AM	9.25PM	~9.55PM	10.25PM	8.20AM

#### **Mazal Tov!**

Mazal Tov to Chaya and Moshe Langerman on the recent bris of their grandson who was named Aryeh Shmuel.

### **Shabbat 15 June**

Chabura: Simon Bentley | Leining: Joey Katz

Minis/Maxis at 10.45am | Y@MA after Kedusha of Mussaf

Shabbat Drasha: Rabbi Yoni Golker

This week's Kiddush is sponsored by **Esther and Simon Bentley** to celebrate Esther's recovery from her recent surgery and Simon's last year in his sixties!

**Post-Mincha:** Rabbi Michael Pollak will continue his new series of Shiurim about "Our holy places - a study of textual sources". This week we will focus on "The Graves of our Forefathers".

### **Sunday 16 June**

The Matzeiva for the mother of Daniel Greenberg (Dr Gillian Greenberg o'h) will take place on Sunday **1.00pm** at Bushey Old Cemetery. We wish Daniel and family Chayim Aruchim.

### **Tuesday 18 June**

Weekly Tehillim session at Raleigh Close with Mincha at **7.30pm**, Maariv at **7.45pm**, and Tehillim at **8.00pm**.

### **Shabbat 22 June**



The "Get to know the community" event returns! This popular Shabbat lunch initiative takes place on Shabbat 22 June enabling all of us to meet members of the community, or get to know them better, by either offering to host lunch at home or accept hospitality. There is no cost involved and it is open to everyone. Whether you'd like to be a guest or a host (or don't mind being either), simply open the link at <a href="https://tinyurl.com/mamyc24">https://tinyurl.com/mamyc24</a> and fill out the form. For questions call **Patti Adler** on 07507 304 903 or **Toni Zekaria** on 07956 844 193. Bookings close on Friday 7 June. For this event, we kindly request that, instead of giving a gift, members make a donation to their favourite charity.

### Sunday 23 June

The MA Women's Circle returns with a new series of discussions! See our poster on the back of the newsletter for further details.

### **BAT MITZVAH COURSE - September 2024 to July 2025**

Join Magen Avot's exciting 2024/2025 Bat Mitzvah course.
Inspiring teachers, fun environment, source-based learning, and interactive activities
Learn about key themes in Judaism and their relevance to our lives
Sessions and workshops by Rebbetzen Dina Golker and other inspiring teachers
Workshops with Yad Vashem, GIFT and more



September 2024 - July 2025 (7.30-9pm) | Session every month during term time (in Hendon) All Year 7 girls welcome (both members and non-members) Course Price: £100 (Members) £120 (Non-Members)

> To sign up, please visit: https://tinyurl.com/batmitzvah2024 Limited space - book now to avoid disappointment

For more information email Patti Adler: pattischustermann@yahoo.com

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**BAR MITZVAH COURSE - October 2024 to May 2025** 

# BAR MITZVAH PROGRAMME 5785 Led by Rabbi Yoni Golker,

Topics include:
Learning to Lead Tefillah,
Tefillin and Torah Workshop,
Mental Health awareness sessions,
Meaning behind the Mitzvot,
and so much more!!
Monthly on Monday nights!

Join this years Bar Mitzvah course for Year 8 boys led monthly on Monday nights by Rabbi Yoni Golker. Topics include: Learning to Lead Tefillah, Tefillin and Torah Workshop, British Museum Tour, Mental Health sessions, Meaning behind the Mitzvot and so much more!! Price: £100 (Members) £120 (Non-Members) Sign up at: https://tipuur.com/harmitzvah2024

Members). Sign up at: <a href="https://tinyurl.com/barmitzvah2024">https://tinyurl.com/barmitzvah2024</a>. Limited space - book now to avoid disappointment. For more info please email Rabbi Yoni Golker at: <a href="mailto:rabbi@magenavot.com">rabbi@magenavot.com</a>.

Yahrzeit			
16/06/2024	10 Sivan	Baruch Zekaria	Father
18/06/2024	12 Sivan	Eve Grubin-Brookes	Mother
20/06/2024	14 Sivan	Sarah Josephs	Father
20/06/2024	14 Sivan	Vivienne Kesztenbaum	Father
20/06/2024	14 Sivan	Susan Storfer	Father



# TAKEOVER SHABBAT

## Background

There are roles for boys and girls, both over and under Bar and Bat Mitzvah. We will provide training and support for everyone who needs, and we want to encourage as many as possible to take part, no matter what level of experience. Please note: there will be a special Women's Kabbalat Shabbat, led by the girls also. Looking forward to a special Shabbat led by our wonderful youth!

### **Dates**

The Magen Avot Youth Takeover Shabbat will be on the 13th/14th September (Parshat Ki Teitzei).

### **Yoof Rules!**

Our community thrives on the involvement and encouragement of our children and youth, and we can't wait to see them lead the Shabbat for us!!

# SIGN UP!

https://tinyurl.com/matakeover24



#### **Youth Takeover Shabbat**

We are excited to announce the Youth Takeover Shabbat on 13th and 14th September/Parshat Ki Teitzei.

Our community thrives on the involvement and encouragement of our children and youth, and we can't wait to see them lead the Shabbat for us!!

There are roles for boys and girls, both over and under Bar and Bat Mitzvah. We will provide training and support for everyone who needs, and want to encourage as many as possible to take part, regardless of their experience level.

Please note, there will be a special Women's Kabbalat Shabbat, led by the girls too.

Signup today at:https://tinyurl.com/matakeover24

Looking forward to a special Shabbat led by our wonderful youth!



### Women's Circle - Sunday 23 June

The MA Women's Circle returns with a new series of discussions! The first session is titled: "Can We Do It All? Balancing a career as an Orthodox Jewish woman".

This will be hosted at the home of Anouk Abrahams and is organised by Eve Grubin-Brookes, Harriet Morris-Sloan and Anouk Abrahams at

After a brief panel of speakers there will be an engaging discussion with the women present who would like to participate. This series provides support and open discussions for women in the community and seeks to help them strengthen themselves and their families.

RSVP to Eve Grubin-Brookes by text or call on **07885 774 787**.



# Women's

CIRCLE

TOPIC: "CAN WE DO IT ALL? BALANCING A CAREER AS AN ORTHODOX JEWISH WOMAN"

AFTER A BRIEF PANEL OF SPEAKERS THERE WILL BE AN ENGAGING DISCUSSION WITH THE WOMEN PRESENT WHO WOULD LIKE TO PARTICIPATE

Sunday 23 June 2024 @ 8.00PM

RSVP EVE GRUBIN-BROOKES ON 07885 774 787

Womens Circle provides support for <u>all</u> women in the community and helps strengthen themselves, their families and relationships.

THIS EVENT IS ORGANISED BY
EVE CRUBIN-BROOKES, HARRIET MORRIS-SLOAN AND ANOUK ABRAHAMS