





Shabbat 3 February 2024 / 24 Shevat 5784 (Shabbat Mevarchim)								Parashat Yitro / פָּרָשַׁת יִתְרוֹ			
Light From	Friday Mincha	שבת	שבת Chabura	שבת Shacharit	SZ Kriat Shema	Minis /Maxis	שבת Mincha	Shiur	שבת Ends	Horim V'Yeladim	Sunday Shacharit
3.54PM	4.35PM	4.36PM	9.00AM	9.15AM	9.52AM	10.45AM	4.43PM	~5.05PM	5.43PM	6.30PM	8.20AM

Friday 2 February

See opposite for details of our Friday Night event!

Shabbat 3 February

Chabura: Dr David Cohen at 9.00am | Leining: Shimon Levy

Magen Minis and Maxis meet at **10.45am**.

Y@MA will meet after personal Mussaf Amida.

Shabbat Mevarchim:

Rosh Chodesh Adar Rishon Yiheye beyom Shishi u'veyom Shabbat Kodesh Haba Aleinu v'al kol Yisrael Letova.

ראש חֹדֶש אַדְר רִאשוֹן יִהְיֶה בַּיוֹם הַשִּׁשִׁי וּבְיוֹם שַׁבָּת קוֹדֶשׁ הַבָּא עָלֵינוּ וְעַל כְּל יִשְׂרָאֵל לְטוֹבָה:

Molad: Friday 9 February at 9.29pm and 5 chalakim.

המולד יְהַיֶּה בְּלֵיל שַׁבַּת קוֹרֵשׁ, עֲשִׁרִים וְתָּשַׁע דַקוֹת וַחֲמִישָׁה חַלְקִים אָחֵרִי תַּשַּׁע.

Post-Mussaf Speaker: Rabbi Adam Segal (from Tzohar) will speak on: "Parshat Yitro and Jewish Unity: Lessons for Today".

This week's Kiddush is kindly sponsored by **Liz Kliman** to mark the Yahrzeit for her father (Gedaliah ben Uziel) and also to mark some birthday celebrations.

Post Mincha: Rabbi Michael Pollak continues his series of shiurim with this week's topic on: "Jewish Approaches to Islam".

Motzei Shabbat 3 February

Horim V'Yeladim concludes this Motzei Shabbat at **6.30pm** and is kindly sponsored by Rabbi and Rebbetzen Golker in honour of Yoseph's birthday. Mazal Tov!

Motzei Shabbat 3 February

There will be a Melave Malka this Motzei Shabbat to mark the Shloshim for Anouk Abrahams's late mother (Rose Shoshana bat Shalom) at her home (18 Manor Hall Avenue) at **8.00pm** with a shiur by Lindsay Simmonds and refreshments. Please contact Anouk directly to confirm you are attending.

Sunday 4 February

The Stonesetting for the late Daniel Yehuda Barrell (Beverley Barrell's son) will take place this Sunday at **10.00am** at Bushey New Cemetery.

Monday 5 February

The Book Club meets this Monday at **8.00pm** and will be reading "Commonwealth" by Ann Patchett. The discussion will be led by Tali Diamant. The novel begins with events that destroy two marriages and creates a reluctantly blended family. Spanning 50 years it tells the lives of the six children whose lives were disrupted and how they intertwined. It was a finalist in the 2016 National Book Critics Circle Award for Fiction receiving huge critical acclaim. This meeting will be online at the following link: http://tinyurl.com/mabookfeb24 (Meeting ID: 738 0667 9657 and Passcode: 4qHkSx). We look forward to a stimulating discussion. Everyone is welcome.

Tuesday 6 February

The weekly Tehillim session continues every Tuesday at Raleigh Close with Maariv at **7.45pm** and Divrei Chizuk and Tehillim.

Mazal Tov!

Mazal Tov to Julia and Daniel Greenberg on the birth of a grandson, a son to Shira and Yair Halberstadt in Carmei Gat.

Welcome to new members Gloria and Keith Posner.

TGIF



Isle of Islay Whisky Tour 2024



We are planning another Whisky tour to Scotland this May. If you are interested to have further information complete a form here: http://tinyurl.com/whisky23. Feel free to call **Julian Pollard** on **07958 447 174** if you have any questions.

Chesed Tips

We are launching our next initiative under the Chesed Tzedek and Mishpat framework which will be focused on local initiatives for the homeless and/or soup kitchens. A message was sent on the WhatsApp group. Anyone interested should join the group https://tinyurl.com/machesed2023 or speak to Elkan Adler.

MA Campaign

We have a website page for members to download all materials required for our campaign here: http://tinyurl.com/macamp23. Please feel free to further engage with this campaign and share/redistribute this post with any of your friends. Thank you for your help in advance. Marc Ovits

Yahrzeits			
05/02/2024	26 Shevat 5784	Simon Leigh	Mother
08/02/2024	29 Shevat 5784	Eileen Brookes	Mother

We wish these members and their families Chayim Aruchim

BAR MITZVAH PROGRAMME

Excellent session at the Magen Avot Bar Mitzvah Programme recently with Rabbi Dov Cowan (@soulfitnessrabbi) who spoke to the boys about the challenges and opportunities of technology.









Magen Avot are taking part in a unique initiative in which communities adopt a hostage. We are honoured to be assigned Agam Berger who is 19 years ago old. Agam "Gigi" Berger, was kidnapped from the Nahal Oz army base by Hamas militants while still in her pyjamas. It was her first week serving as a lookout for the Israeli Defence Forces (IDF). From this Shabbat we will dedicate a seat for her in the women's section and recite specific תפילות for her. Further activities will be announced in due course.

