















Shabbat 9 December / 26 Kislev 5784 (EcoShabbat/Shabbat Mevarchim/Chanukah)

Parashat Vayeshev / פרשת וישב

Light From	Friday Mincha	שבת	שבת Chabura	שבת Shacharit	SZ Kriat Shema	Minis /Maxis	שבת Mincha	Shiur	שבת Ends	Horim V'Yeladim	Sunday Shacharit
 3.02PM	 3.35PM	 3.37PM	 9.00AM	 9.15AM	 9.49AM	 10.45AM	 3.46PM	 ~4.10PM	 4.46PM	 4.46PM	 8.20AM

Friday 8 December



COME AND JOIN US FOR
CGI FRIDAY NIGHT

FRIDAY NIGHT @MA

DJ KAY

3.35 PM FREE ENTRY LIVE

TGIF: Davening with thumping ruach and uplifting spirit!



Adult members are invited to an Oneg Shabbat at the home of Chaya and Moshe Langerman (4 Downage) from **8.00pm** with Shira Jackson speaking from **8.30pm** on the topic of: "Illuminating the Darkness: Chanukah Then & Now".

Shabbat 9 December

Chabura: Dan Artman | **Leining:** Dan Artman

Rosh Chodesh: Tevet Yiheyey Beyom Ha-revi'i
ראש חודש טבת יהיה ביום רביעי הבא עלינו ועל כל ישראל לטובה:

Molad: on Tuesday 12 December at 8.01pm and 3 chalakim
המולד יהיה יום שלישי, דקה אחת ושלושה חלקים אחרי שמונה בליילה.

Magen Minis and Maxis meet at **10.45am**. Munchies are sponsored by Family David. **Y@MA are going to Wohl Court.**

Post-Mussaf Speaker: Naomi Verber

This week's "Chanukah" kiddush is sponsored by Family David to mark the Yahrzeit for Irvine David, father of Brent David.

Post Mincha Shiur: Dr David Cohen

Motzei Shabbat 9 December

There will be a musical Havdala after Maariv (at **4.46pm**) to mark Chanukah. There will be doughnuts and chocolate coins for all children attending. This is kindly sponsored by Family David.


Chanukah Sameyach!

The Rabbi, Rebbetzen, Executive and Council would like to wish the community a Chanukah Sameyach!

Mazal Tov!

Mazal Tov to Linda and Laurence Lovat on the birth of a granddaughter, a daughter to Adina and Shaul Rosten.

Musical Havdalah



Chanukah Musical Havdala

together with our
Horim V'Yeladim Kids

Motzei Shabbat
9 December
4.46pm

doughnuts and chocolate coins

Tuesday Nights



TUESDAY NIGHT

PRAY FOR ISRAEL!

- WEEKLY TEHILLIM
- EVERY TUESDAY NIGHT
- 18 RALEIGH CLOSE NW4
- MAARIV 7:45 PM
- DIVREI CHIZUK AND TEHILLIM
- END 8:30 PM

Yahrzeits

10/12/2023	27 Kislev	David Kass	Mother
10/12/2023	27 Kislev	Alexander Weinberg	Grandfather
12/12/2023	29 Kislev	Penina Ehreich	Father
12/12/2023	29 Kislev	Sarah Josephs	Father-in-law
12/12/2023	29 Kislev	Jack Samad	Father
13/12/2023	1 Tevet	David Cooper	Mother
14/12/2023	2 Tevet	Roxanne Blumgart	Father

We wish these members and their families Chayim Aruchim

CHANUKAH MESSAGE
PRESIDENT MARIE VAN DER ZYL
KISLEV 5784



At Chanukah, we celebrate the redemption of the Jewish people from the yoke of their oppressors. In the darkness of winter, we light candles to represent freedom and hope. Never has Chanukah been more meaningful than this year. Israel was plunged into darkness on 7 October 2023 by the most appalling terrorist massacre that the country has ever experienced. We have all grieved for those lost and abducted and prayed for the safe return of the hostages still in the clutches of Hamas.

With antisemitism at record levels, this has also been a difficult time for the UK Jewish community. Jews have been abused in the streets, antisemitic graffiti has appeared, schools have been defaced and Jewish students and schoolchildren have been so intimidated that they feel unable to wear visible Jewish symbols. However, if Chanukah teaches us anything it is that dark periods in our history always pass and that light returns.

However, that does not mean that we can sit idly by and wait. The Board of Deputies, along with communal partners, has held vigils and rallies to call for the hostages to be returned. We have made representations to Government over the high level of antisemitism. We have briefed the community about the problems faced by students, schoolchildren and employees, and have resources available to help those who are dealing with hostile work spaces. We have held meetings with broadcasters, including the BBC, over their refusal to use the word "terrorist" about Hamas. We will continue to work hard on your behalf.

I wish you and your family a happy and above all a peaceful Chanukah.

Marie van der Zyl

Marie van der Zyl OBE
President, Board of Deputies of British Jews

Registered Office:
55 Ludgate Hill, London EC4M 7JW

info@bod.org.uk
www.bod.org.uk

+44 20 7543 5400
@boardofdeputies

Charitable activities with which the Board are identified are funded by The Board of Deputies Charitable Foundation (Registered Charity No. 1058107), a company limited by guarantee and registered in England (No. 3239086).

Get hyped for...
**Y@MA
FRIDAY
NIGHT DINNER
@ THE GOLKERS**
15TH DECEMBER



**Tefillah at Magen
Avot 3:36pm**
**or meet at the
Golkers at 5:10pm**

**17 MAYFIELD
GARDENS NW4 2PY**

Sign up using the form
below by 8th Dec

[HTTPS://FORMS.GLE/L2
WT3STPQGR5SQA58](https://forms.gle/L2WT3STPQGR5SQA58)

Y@MA Friday Night Dinner at The Golkers
FRIDAY 15 DECEMBER

Sign up here: <https://tinyurl.com/yamadinner23>

EcoShabbat Updates

Here is a summary of how the United Synagogue's departments, shuls and members have improved our environmental footprint this year. All of these project contribute to EcoJudaism's environmental audit points.

Dorot Achievements 2023:

65% +

of US shuls have either gone entirely disposables-free or don't use any plastic disposables.



100%

disposables free at US Head Office. Head office processes are changing to reduce waste and pollution



AA

Equivalent ESG rating on our investments portfolio and working towards formal rating



1,400+

Trees have been bought by our members to create the first United Synagogue woodland groves and wildlife habitat



5

Shuls have planted new gardens to absorb CO2 and support wildlife



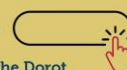
15+

acres of future burial land is now being managed to enhance and protect wildlife and local ecosystems



1,800+

unique visits to the Dorot webpages for environmental resources and information for US shuls and members



£18,000+

Investment in professionally auditing, analysing and optimising our shul building' energy usage



8 Eco-Friendly Chanukah Tips

- A tree makes the perfect Chanukah eco-gift. The recipient will receive a beautiful downloadable certificate and their tree will be planted in a dedicated US grove in a new Woodland Trust forest. [Click here to buy a tree!](#)
- Choose plastic free gifts and wrappings, to reduce the pollution and harm to wildlife caused by plastic production.
- Consider using sites such as Vinted, Shpok and eBay to buy good quality 'pre-loved' gifts. These will have a fraction of the carbon footprint of buying new and save you money.
- Look for locally grown potatoes and onions when preparing delicious latkes for Chanukah. It's better for the planet, and supports local farmers.
- This year, why not consider choosing natural Chanukah candles (such as beeswax), or using olive oil, which all burn cleanly and are better for the environment.
- If you need to provide dreidels for shul, home or community events, consider purchasing wooden ones which are widely available (or ask kids to bring their own).
- Try a quick and easy parev [doughnut recipe](#) with no eggs! Choosing plant-based alternatives to animal products can reduce your carbon footprint by as much as 40%.
- Take the opportunity to talk to your friends and family about the sacred burning of pure olive oil in the Beit HaMikdash vs the destructive burning of crude oil today.



WEDNESDAY 22 NOVEMBER 2023

Chanukah Safety Tips

Dear Rabbis, Administrators, Community Directors and Youth Professionals
Please also forward to Members

Some Chanukah safety tips for SHUL and IN THE HOME

- ✓ Always take care when lighting your Chanukia
- ✓ Always place your Chanukia away from curtains, paper, books or other flammable items
- ✓ Always ensure candles, wicks or oil containers are firmly seated in place
- ✓ Chanukah is the perfect time to test your smoke detectors are working
- ✓ Always make sure your Chanukia is standing on a firm level base. We recommend you stand your Chanukia on a fire-resistant mat for extra security. Some examples of fire-resistant mats can be found:
 - o <https://trustedmats.co.uk/product/phenix-superior-fire-retardant-mat/>
 - o <https://amzn.eu/d/1kyZyVU>
 - o <https://amzn.eu/d/hfkWRGn> (for a smaller Chanukia)
- ✗ NEVER leave a Chanukia unattended
- ✗ NEVER leave young children or pets unsupervised in the same room as a lit Chanukia
- ✗ NEVER walk around with lighted matches, candles or tapers
- ✗ NEVER stand Chanukiot on plastic trestle tables

Take special care of the suitability and safety of Chanukiot made specifically for arts, crafts and decorative purposes – they may not be safe to use.

Be especially careful if using glass oil holders as these become very hot and may crack and tip over.

If candles or containers fall over, smother the flame immediately with a damp cloth.

Don't play with Fire!

If you have any questions or need any support on this or other safety matters, please feel free to contact Andrew Brayam on 020 8343 6229 or safety@theus.org.uk

Wishing you a Happy (& Safe) Chanukah,

Andrew Brayam
H&S Manager, Property Department
United Synagogue

Please see <https://www.theus.org.uk/healthandsafetypolicy> to access the latest H&S Policy and Procedure



ADDITIONAL SAFETY POINTS TO CONSIDER

Chanukia Safety

- ✗ The Chanukia should be made of non-flammable material only. No matter how beautiful your child's or grandchild's craftwork Chanukia may be, please examine it VERY CAREFULLY when considering its use. These Chanukiot may not be suitable for lighting and may ignite or melt if used.
- ✗ Make sure candles are out before you leave the house and before you go to bed.
- ✗ Keep matches and lighters out of reach of children.
- ✗ Supervise any child that lights a Chanukia. Place their Chanukia close to the child so they don't have to reach over another Chanukia.



Chanukah - Cooking Safely

- ✗ When frying, keep children away from the cooker. Some people create a "1-meter" safety zone around the cooker when the latkes are frying. Others use the back burners so children cannot reach the flames.
- ✗ Take extra care when deep-fat frying or cooking with oil. Hot oil can catch fire easily - use a thermostat controlled deep-fat fryer which will make sure the fat doesn't get too hot.
- ✗ Don't get distracted when you are cooking - turn off or turn down the heat if you have to leave the cooking unattended - and check that the oven or hob is switched off after you have finished cooking.
- ✗ Keep tea towels, clothes and electrical leads away from the cooker and hob.
- ✗ Make sure saucepan handles are not sticking out from the hob or over a naked flame.
- ✗ In the event of a fire involving oil, **do not use water to put it out!** Use a wet tea towel or fire blanket if you have one.

If clothing catches fire

In the event that clothing catches fire - remember to **STOP, DROP, COVER** and **ROLL**:

- ✗ **Stop** where you are. Do not run. Running can make things worse.
- ✗ **Drop** to the ground. Lay flat with your legs out straight.
- ✗ **Cover** your eyes and mouth with your hands.
- ✗ **Roll** over and over and back and forth until the flames are out.

Then **COOL, CALL** and **COVER**:

- ✗ **Cool** the burn with running cool tap water for 20 minutes.
- ✗ **Call** for help - 999 or Hatzola (0300 999 4999 / 0303 888 9999) for advice.
- ✗ **Cover** with cling film while transferring to hospital/A&E.



CHANUKAH WITH Y@MA

WHAT? VISITING WOHL COURT
WHEN? SHABBAT 9TH DECEMBER

WHO? YEAR 7 AND 8

MEET DOWNSTAIRS @11:20 OR AFTER MUSSAF AMIDA
WE WILL NOT WAIT FOR LATECOMERS!

Join our WhatsApp Community Groups:-

MA Broadcast Group: <https://tinyurl.com/mabroadcast>

MA Social Group: <https://tinyurl.com/masocialgroup>

MA Chesed Group: <https://tinyurl.com/macheded2023>



Don't forget we post a voicenote on the Broadcast Group every Friday before Shabbat with the important announcements for each week!

Gift a Tree for Chanukah

For a different gift idea this Chanukah, buy a tree and help contribute towards our United Synagogue forest in partnership with the Woodland Trust

BUY A TREE TODAY

£20 a tree!

For more info and to buy your trees visit: www.theus.org.uk/trees

Office of the CHIEF RABBI

dorot