



Shabbat 25 November / 12 Kislev 5784 (JWA Shabbat)

Parashat Vayetzei / פרשת ויצא

Light From	Friday Mincha	שבת שבת	שבת Chabura	שבת Shacharit	SZ Kriat Shema	Minis /Maxis	שבת Mincha	Shiur	שבת Ends	Horim V'Yeladim	Sunday Shacharit
3.08PM	3.45PM	3.46PM	9.00AM	9.15AM	9.37AM	10.45AM	3.52PM	~4.15PM	4.52PM	5.40PM	8.20AM

Friday 24 November



"Friday Night Alive" returns this Friday night 24 November!


Shabbat 25 November

Chabura: Natan Maurer | **Leining:** Dr David Cohen

Magen Minis and Maxis meet at **10.45am**. Y@MA after personal Mussaf Amida.

Post Mussaf JWA Talk: Rebbetzen Dina Golker

This week's kiddush is sponsored by Linda and John Wolffe to mark the 22nd Yahrzeit of their oldest daughter Louise Gergel.



Post Mincha Shiur: We will be starting this week a new series of monthly Shiurim with Rabbi Glenn Bezalel between Mincha and Maariv on "Theodicy: Torah perspectives on Suffering". The first shiur is on "Job and his Friends".

Motzei Shabbat 25 November

Horim V'Yeladim's fourth session is at **5.40pm** with pizza, chocolate, raffle prizes and a lucky dip! This week's session is kindly sponsored by **Nadine and Adam Kay**.

Sunday 26 November

Join Magen Avot at the March Against Antisemitism this Sunday 26 November at 1.30pm from Royal Courts of Justice, WC2A 2LL. Let's stand shoulder to shoulder and show strength in the fight against antisemitism. Bring your friends and family. Encourage your non Jewish networks to show their support. Register here: <https://tinyurl.com/nsmaa23>. See our poster on the back!

Monday 27 November

The MA book club will meet on 27 November at **8.00pm** at the home of Joan and Julian Pollard (**55 Hendon Hall Court**). The first book is: "All the Light We Cannot See" by Anthony Doerr.

Tuesday 28 November

Weekly Tehillim at 18 Raleigh Close with Maariv at **7.45pm** followed by Divrei Chizuk and Tehillim (see poster opposite).

Friday 8 December

The community are invited to an Oneg Shabbat with Shira Jackson at the home of Chaya and Moshe Langerman (4 Downage) from **7.00pm**. More details next week.

JWA Shabbat



This year the theme for Jewish Women's Aid Shabbat is "Exploring Healthy Relationships". The goal is to open conversations across our community about what makes a relationship healthy – or unhealthy. We have created a Shabbat Activity, looking at different characteristics of a relationship and discussing: are they healthy, unhealthy or even abusive? By thinking about and discussing these scenarios we hope to achieve two things:-

- Encourage a thoughtful and considerate approach to relationships in our community.
- Empower members of the community to recognise when their situation may not be unhealthy, but abusive.

The activity is available in shul and online at jwa.org.uk and can be done at home with family, with friends or in any setting.

At the heart of JWA's Outreach and Prevention Programme is a message about power and control because in a healthy relationship, power and control is shared, but in an abusive relationship, one partner (or former partner) exercises both of these disproportionately. Empathy, trust, respect and kindness are also very important. Anyone can experience an unhealthy or abusive relationship but both nationally and globally, women are disproportionately affected by abuse.

- Almost 30% of women will experience some form of domestic abuse after the age of 16 (Office for National Statistics, 2022).
- JWA supports over 700 Jewish women and girls across the UK (2022).
- Most of our clients have experienced coercive & controlling behaviour, emotional and economic abuse.

JWA Shabbat is the annual cross-communal shabbat for raising awareness of domestic abuse.

Yahrzeit

The following members are observing Yahrzeit during the forthcoming week

Friday 12 November	18 Kislev	John Wolffe	Daughter
Friday 12 November	18 Kislev	Linda Wolffe	Daughter

We wish these members and their family Chayim Aruchim



MARCH AGAINST ANTISEMITISM

STAND SHOULDER TO SHOULDER WITH BRITISH JEWS

**SUNDAY 26TH NOVEMBER AT 13.30
STARTING FROM THE ROYAL COURTS OF JUSTICE**

ROUTE WILL BE POLICED

MONTHLY SHABBAT SHIURIM

25
Nov



Magen Avot Shiurim:-

- Given by Rabbi Glenn Bezalet
- After Mincha on Shabbat afternoon
- Theme: **"Theodicy: Torah perspectives on Suffering"**.
- First Session: **"Job and his Friends"**.

Please, join us



 **Magen Avot**

PRAY FOR ISRAEL!

- WEEKLY TEHILLIM
- EVERY TUESDAY NIGHT
- 18 RALEIGH CLOSE NW4
- MA'ARIV 7:45 PM
- DIVREI CHIZUK AND TEHILLIM
- END 8:30 PM

MEN, WOMEN AND CHILDREN WELCOME


Hendon United
Synagogue


BEIS GAVRIEL
בית גבריאל


Magen Avot


Alel Tzion

