

# Magen Avot

| Shabbat 16 Se | eptember 2023 /  | Rosh Hashana 2023 / 5784 ראֹשׁ הַשָּׁנָה |                      |                   |                   |             |                 |
|---------------|------------------|--|----------------------|-------------------|-------------------|-------------|-----------------|
| Light From    | Friday<br>Mincha | YT/ שבת<br>Starts                        | שבת/Sun<br>Shacharit | SZ Kriat<br>Shema | שבת/Sun<br>Mincha | שבת<br>Ends | Yom Tov<br>Ends |
| 5.57PM        | ()<br>7.00PM     | 7.01PM                                   | 8.00AM               | 9.43AM            | 7.00PM            | 8.00PM      | ()<br>7.58PM    |

## Shana Tova!



Rabbi Yoni and Rebbetzen Dina Golker, the Executive and Board of Management would like to wish the whole Kehillah a Shana Tova U'metuka (שנה טובה ומתוקה)!

## **Guidance for Yomim Noraim**

- The earliest time for candle lighting on Friday is **5.57pm** and no later than **7.01pm**. A **2-day candle** should also be lit.
- Since 1<sup>st</sup> day Rosh Hashana falls on Shabbat this year the shofar is not blown.
- Seudah Shlishit should be eaten preferably before the tenth Halachic hour of the day (approx. **5.00pm**) but may be eaten until Shkiah at **7.13pm**.
- No preparation for second day Rosh Hashanah can be made until after nightfall at **8.00pm**.
- Candles for the second night should be lit **after 8.00pm** from a **pre-existing flame.**
- Kiddush for the second night includes the brachot of Meorei Ha'Eish (one should look at the Yom Tov candles when reciting this bracha), Havdalah (from Shabbat to Yom Tov) and Shehecheyanu (preferably over a new fruit, which should be placed on the table) - <u>as shown in the Machzor</u>, when second night Rosh Hashana falls on Motzei Shabbat.
- The **Shofar** is blown on second day Rosh Hashanah (will not be before **10.45am**). The full 100 blasts will be blown in shul, however an individual davening by themselves at home is only required to hear 30 blasts. There will be a second shofar blowing at **6.40pm**, before Mincha.
- This year, Tashlich is recited near a body of water in the afternoon of the second day. Tashlich can be recited until Hoshana Rabbah.
- Yom Tov goes out on Sunday night at **7.58pm.** Only the brachot of Borei Pri HaGafen and HaMavdil are said at Havdalah.
- Tzom Gedaliah begins Monday **4.59am** and ends **7.49pm**. Kriat Shema should be recited before breaking the fast.

As always, please feel free to contact me for any further questions. Wishing the entire Kehilla a Shana Tova u'Metuka – a happy, healthy and prosperous new year!

#### Rabbi Golker

## HaMagen

The Rosh Hashanah Edition of HaMagen will be available in Shul from first night Rosh Hashanah. Feel free to pick up a copy to take home and keep.

#### Y@MA on Second Day RH

On second day Rosh Hashanah, Y@MA in conjunction with the Chesed Committee will be going to Wohl Court old age home for shofar blowing, honey cake and to help make their chag!

## Access Issues

If anyone has issues using the stairs on Shabbat or Yom Tov, please speak to the Rabbi for guidance and support.

## Location

We will be based downstairs in the OYH Banqueting Hall over the Chagim (including first days Succot) except for Shabbat Shuva and Shemini Atzeret/Simchat Torah when we will be upstairs. Therefore, after Rosh Hashanah and first days Succot please make sure to clear away or take home personal items from tables before we move back upstairs.

#### Davening

| Davening                             |   |  |  |  |  |
|--------------------------------------|---|--|--|--|--|
| RH Night 1                           | Daniel Ehreich  |  |  |  |  |
| Shacharit                            | David Kass  |  |  |  |  |
| Leining                              | Dan Artman  |  |  |  |  |
| Y@MA                                 | During Haftarah at ~10.15am   |  |  |  |  |
| Anonymous Kiddush                    | Refuah Shelemah for Rose bat Gesella  |  |  |  |  |
| Mussaf                               | Alex Jacobs   |  |  |  |  |
| Drasha                               | Rabbi Yoni Golker   |  |  |  |  |
| Mincha                               | Raffi Maurer  |  |  |  |  |
| Shiur                                | Rabbi Yoni Golker on "Survival strategies for the Yomim Noraim".                          |  |  |  |  |
| RH Night 2                           | Josh Abeles   |  |  |  |  |
| Shacharit                            | Raffi Maurer  |  |  |  |  |
| Leining                              | Dan Artman  |  |  |  |  |
| Y@MA                                 | During Haftarah at ~10.15am   |  |  |  |  |
| 30 <sup>th</sup> Anniversary Kiddush | Chaya and Moshe Langerman   |  |  |  |  |
| Mussaf                               | Alex Jaffe  |  |  |  |  |
| Drasha                               | Chief Rabbi Sir Ephraim Mirvis  |  |  |  |  |
| Baal Tokea                           | Richard Taylor  |  |  |  |  |
| Mincha                               | Dani Netzer   |  |  |  |  |
| Shiur                                | Rabbi Dr Raphael Zarum on: "Gedalya<br>and Teshuvah: How the fast<br>helps us to change". |  |  |  |  |

We are honoured to have **Chief Rabbi Sir Ephraim Mirvis** daven with us and speak on second day Rosh Hashanah.

## Mazal Tov to our Chattanim!

Mazal Tov to **Laurence Lovat and Cecil Taitz.** We wish them and their families a hearty Mazal Tov and look forward to celebrating with them on Simchat Torah! To book for the luncheon visit: <u>https://tinyurl.com/MagenAvotST23</u>.

#### **Children's Services**

Services for children up to the age of 6 are available on both days Rosh Hashanah in the School Library. This will begin after Kiddush. Sessions are being run by Talya Kay.

## Chabura Help

Want to give the Chabura and require guidance, advice or a one-to-one session? Please speak to the Rabbi or Rebbetzen.

#### Save the Date

The Adlers are holding their annual Simchat Bet Hashoeva at 33 Rowsley Avenue on Thursday 5 October from 8.00pm. All adults are hugely welcome (no children).

#### Simchat Torah Breakfast

Once again there will be a Simchat Torah Breakfast organised by Rebbetzen Dina Golker. If you would like to speak at the breakfast please contact Dina by text on: 07547 059 112.



## **KOL NIDRE APPEAL 2023**

Support the Kol Nidre Appeal – Together we can change lives Please support this year's Kol Nidre Appeal from Magen Avot.

The Kol Nidre Appeal has been an institution for generations. As Jews all across the world come together in prayer and reflection, Kol Nidre is a unique time to think about how we can improve our lives and help others. For generations, the Kol Nidre Appeal has raised money for charities at home and in Israel. Last year across the whole United Synagogue family we raised an incredible £1.1 million and supported over 40 charities, helping so many people whose lives were filled with poverty, disadvantage or isolation. This year, the United Synagogue and the charities we have chosen to support – **Woodstock Sinclair Trust**, **Peace of Mind** and our own **shul's Children and Youth Services** – need your help more than ever to look after those in need. Please click the link below to watch a very short film highlighting the causes our community is raising money for this year, and to donate.

You can donate:

- Direct on the following website: www.kolnidre.org.uk/magen
- Send a cheque/charity voucher payable to 'Kol Nidre Appeal' to The Kol Nidre Appeal, 305 Ballards Lane, London N12 8GB, stating your full name and synagogue
- Donate from your online charity account. Our charity number is 242552.
- For SmartGiving, please select "United Synagogue Head Office/Kol Nidre Appeal"
- For CAF, please select 'United Synagogue Kol Nidre Appeal'
- Donate over the phone by calling Zehava on 020 8343 6260 during office hours.

With Kol Nidre just days away, we thank you for your past support, which has helped tens of thousands of people both in the UK and Israel, and we hope you'll be able to help again. Thank you in advance, and we wish you well over the Fast.

Simon Bentley (Shul Chair) Baruch Zekaria (Financial Representative)