














Friday Mincha	Light From	שבת	SZ Kriat Shema	שבת Chabura	שבת Shacharit	Minis Maxis	שבת Mincha	Shiur	שבת Ends	Sunday Shacharit
 7.15PM	 7.26PM	 8.51PM	 9.07AM	 9.15AM	 9.30AM	 10.45AM	 9.03PM	 ~9.25PM	 10.03PM	 8.20AM

Shabbat 22 July

Chabura: Daniel Ehreich | **Leining:** Shimon Levy

Minis/Maxis at **10.45am**. **Minis/Maxis and Y@MA will begin summer break after this week resuming on 9 September.**

Y@MA will meet at the usual time and is kindly sponsored by **Family Langerman** to show support to the Y@MA attendees.

Shabbat Drasha: Chief Rabbi Sir Ephraim Mirvis

This week's Kiddush is kindly sponsored by Family Abrahams to mark Anouk's birthday. Mazal Tov!

Post-Mincha Shiur: Elkan Adler on "Of G-d, Kings and Calves".

Wednesday 26 July

Mincha **8.50pm** followed by Maariv/Eicha. Fast starts **8.58pm**.

Thursday 27 July

Shacharit will be at **7.30am** followed by explanatory Kinnot. Esther Bentley will be chairing our Tisha B'Av programme which will begin at **7.00pm** with a film called: "Hope Keeps You Going". This is the story of Holocaust survivor Marta Weiss. Mincha will follow at **8.00pm**. We are then honoured at **8.30pm** to have Simon Silver who will tell the story of the Klausenberger Rebbe z'tl who made the oath on Tisha B'Av that should he survive the war he would build a hospital to heal the sick regardless of faith, colour or religion. The presentation will last around 45 minutes and is accompanied by a couple of short videos. There will be no appeal and entry is free. Following the programme there will be Maariv from **9.15pm**. The fast ends at **9.49pm**. Details are on our poster.

Opening times for United Synagogue Cemeteries on Tisha B'Av (Thursday 27 July):-

- Bushey, Waltham Abbey, and Willesden (9am to 5pm)
- East Ham (9am to 3pm)
- Alderney Rd, Brady St, and Lauriston Rd (11am to 3.30pm)

Sunday 6 August

The stone setting for David Berke's late mother Barbara Berke takes place at 10.30am on Sun 6 Aug at Bushey New Cemetery.

Levaya/Shiva Notice

We regret to inform the community of the passing of Mrs Nava Kfir (mother of our member Nadine Kay). The Levaya took place on Monday at Bushey New Cemetery. Shiva is taking place at 22 Haslemere Gardens, N3 3EA. Tefillah is at 7.30pm with Shacharit at 7.30am. Shiva terminates on Sunday morning. We wish the whole family Chayim Aruchim.

Yahrzeit

22/07/2023	4 Av	David Ruben	Mother
25/07/2023	7 Av	Vivienne Keszenbaum	Mother
25/07/2023	7 Av	Jacqueline Roodyn	Father
27/07/2023	9 Av	Howard Klass	Father

We wish them and their families Chayim Aruchim

Welcome new members

In addition to the 12 new members mentioned in a recent newsletter we would also like to welcome new members to our Shul: Naomi and Zvi Morris.

Book now for the Yamim Noraim

Book by the 22 August for Yamim Noraim which will take place downstairs in the OYH Hall: <https://tinyurl.com/mayn2023>.

HaMagen

Final entries for the Rosh Hashanah Edition of HaMagen will be received up until Monday 31 July. All submissions are welcome. We will include a Nachat and Simcha page so please send in details of celebrations (with pics) you have enjoyed this year. We are asking members to support the Magazine by taking advertising space and encouraging friends and business colleagues to do the same. The Magazine can and should be self-supporting and with your help we can achieve this simple objective. Our advertising rates are as follows: Back Page (£350), Inside Front Cover (£250), Inside Back Cover (£250), Full Page (£175), Half Page (£90), Quarter Page (£50), Family New Year Greeting (£36), Nachas/Simcha Page with Picture (£50). Please be in touch with our Editor Julian Pollard by email for any questions: jandjpollard@hotmail.com. Payment can be made directly to: Sort Code – 60-80-07, Account: 602172278, Reference: HaMagen. Advertising can be booked directly from the following link: <https://tinyurl.com/hamagen23>.

Bat Mitzvah Course Signup

Inspiring teachers, fun environment, source-based learning, and interactive activities. Learn about key themes in Judaism and their relevance to our lives. Sessions and workshops by Rebbetzen Dina Golker and other inspiring teachers. Workshops with Yad Vashem, GIFT and more. 10 sessions overall (1½ hours per session). From September 2023 to July 2024 from 7.30pm to 9.00pm). A session every month during term time (in Hendon). All Year 7 girls welcome (both members and non-members). Course price is £80. To sign up, please visit: <https://tinyurl.com/batmitzvah2023>. Limited space so book now to avoid disappointment. For more information email Patti Adler: pattischustermann@yahoo.com.

Bar Mitzvah Course – Register for Interest

Call for interest in the MA Bar Mitzvah Enrichment Programme led by Rabbi Yoni Golker and other inspiring individuals. Topics will include learning to lead Tefillah, Tefillin workshop, social media positivity, and much more! Plan is to run this once a month on Monday evenings. Price ~£100 for boys in Year 8 to take place from October 2023 to May 2024. Express interest at: <https://tinyurl.com/MABM23-interest> or contact Rabbi Golker directly at: rabbi@magenavot.com.

PICTURES FROM LAST SUNDAY'S ANTI-SLAVERY SUNDAY BREAKFAST



MAZAL TOV TO OUR RECENT BAT MITZVAH PROGRAMME GRADUATES





MAGEN AVOT TISHA B'AV PROGRAMME



**Wednesday
26 July**

Mincha @ 8.50pm
followed by
Maariv and Eicha
Fasts Starts @ 8.58pm

**Thursday
27 July**

Shacharit @ 7.30am
followed by
Explanatory Kinnot



7.00pm - Film

"Hope Keeps You Going".
The story of Holocaust
survivor Marta Weiss.

8.00pm - Mincha

8.30pm - Speaker



We are honoured to have **Simon Silver** who will tell the story of the Klausenberger Rebbe z'tl who made the oath on Tisha B'Av that should he survive the war he would build a hospital to heal the sick regardless of faith, colour or religion. The presentation will last around 45 minutes and is accompanied by a couple of short videos. There will be no appeal and entry is free.

9.15pm - Maariv

9.49pm - Fasts Ends