



| Shabbat 10 June 2023 / 21 Sivan 5783 Parashat Beha'alotcha / לְּתָרָ / |               |        |                   |                |                  |                |               |         | פָּרָשַׁת בְּהַעֲ |                     |
|--|---------------|--------|-------------------|----------------|------------------|----------------|---------------|---------|-------------------|---------------------|
| Friday<br>Mincha   | Light<br>From | שבת    | SZ Kriat<br>Shema | שבת<br>Chabura | שבת<br>Shacharit | Minis<br>Maxis | שבת<br>Mincha | Shiur   | שבת<br>Ends       | Sunday<br>Shacharit |
| 7.15PM   | 1<br>7.33PM   | 9.02PM | 8.52AM            | 9.15AM         | 9.30AM           | 10.45AM        | 9.22PM        | ~9.40PM | 10.22PM           | 8.20AM              |

# Shabbat 10 June

The Rabbi and Rebbetzen will not be in Shul this week.

**Chabura:** Baruch Zekaria | **Leining:** Dr David Cohen

Minis/Maxis at **10.45am.** Y@MA will meet at the usual time. Y@MA is sponsored this week again by **Chaya and Moshe Langerman** in honour of Mia Langerman's recent Bat Mitzvah.

#### Shabbat Drasha: Rabbi Moshe Levy

Kiddush is kindly sponsored by **Joan and Julian Pollard** to celebrate their wedding anniversary. Mazal Tov!

The Whiskies of the Week will be a Tamnavulin Sherry Cask Whisky and an Aerstone Land Cask 10 Year Old Whisky.

**Tamnavulin Sherry Cask Whisky:** Sweet, mellow and smooth taste matured in American oak barrels and finessed by three different types of sherry cask. Aromas of vanilla, caramel, banana and milk chocolate with a hint of fresh ginger.

**Aerstone Land Cask 10 Year Old Whisky:** Peat dried and matured inland for ten years in the intense environment that surrounds the distillery in the Scottish Lowlands for a rich and smoky tasting whisky with a lasting finish.

Shabbat post-Mincha Shiur: Rabbi Michael Pollak

### Shabbat 24 June

A Seuda Shlishit/Social Gathering for women and girls will take place at the home of Shelley Berke on **Shabbat 24 June from 7.30pm**. This is a free event, but booking is essential. Please RSVP to the following email: <u>davidandshelley@outlook.com</u> by Friday 16 June as space is limited. Please also email Shelley on the same email address if you would like to bring food or drink. Confirmation of your booking along with address details will be sent back by email.

### Sunday 25 June

We continue the stimulating and challenging ongoing event series for women with our next event on Sunday 25 June. This event series tackles taboos in a warm and supportive environment. Its mandate is to help women support each other and explore difficult topics. The next event is titled: "We Don't Talk About Bruno: Estrangement from Someone Close". Bruno is a character in the film Encanto who has been cast out by (or separates himself from) his family. No one in the family speaks about him. In this event we WILL speak about Bruno... Stay tuned for more information on this next week.

#### Uyghur Campaign – Next Steps

We are sharing a link sent to us from our friend **Rene Cassin** as part of our ongoing Uyghur campaign. It provides access to a briefing and template letter to send to your MP urging them to support Lord Alton's amendment to ban all UK institutions from procuring surveillance technology from certain suspect companies. We know what it is like for a people to suffer, with too few speaking up. Our experience of interment and of religious and ethnic persecution shows us the importance of the right to hold and express our beliefs freely, a right enshrined in the Universal Declaration of Human Rights, without fear of violence, persecution, and genocide. Check out the provided link below and take action:-

https://www.renecassin.org/tell-your-mp-banhikvision

#### **Upcoming Stone Settings**

The Matzeiva for Ian Gamse's late Mother will be unveiled on Sunday 9 July at 4.30pm at the Adass Cemetery in Silver Street, Cheshunt.

The stone setting for David Berke's late mother Barbara Berke will take place at 10.30am on Sunday August 6th at Bushey New Cemetery.

# Mazal Tov!

Mazal Tov to the founders and members of Magen Avot on reaching the 8 year anniversary of our very first "soft launch" week back in 2015. Next week marks our official first week. May the celebrations continue for many more years to come!

Mazal Tov to Michael and Susan Storfer on the recent Bat Mitzvah of their grand-daughter Yael , daughter of Joel and Avital Storfer.

#### **EcoJudaism Tip**

Cost-savings associated with light bulbs as demonstrated on previous newsletters can be realised through the use of Shabbos timers, or by purchasing more efficient bulbs. But as we are aware pure environmental benefits aren't always motivating enough though so let us get back to financials! 10%-13% of a home's electricity bill is determined by the flip of a switch, as people neglect to turn off electric power sources. Some suggestions could be to make sure that computers, monitors and many computer consumables could be easily turned off and not left on and charging over Shabbat.

# Safeguarding Awareness

The United Synagogue is ever more conscious of the threat to children and vulnerable adults from people who would seek to do them harm. Within every US community therefore there is a volunteer Community Safeguarding Coordinator (CSC). This is someone within the community who is the primary point of contact at local level for members of the shul if they have any concerns in relation to child protection or the protection of vulnerable adults. Our CSC is **Cecil Taitz** who is our grassroots point of contact and will pass on any concerns to and receive advice from the US Head Office Safeguarding Team. If you have a concern and would prefer to speak to someone within the US Head Office Safeguarding team, you can reach them on 0203 758 8440. You can use this number for any safeguarding concerns either current or historic. If ever you believe someone to be at serious imminent risk, you MUST call 999.

#### **HaMagen Youth Supplement**

The next edition of HaMagen will feature a Youth supplement produced by and dedicated to our Minis, Maxis and Y@MA attendees. So please supply articles, photographs, pictures, drawings and stories to our Editor Julian Pollard at: jandjpollard@hotmail.com.

#### **Yahrzeits**

# The following members are observing Yahrzeit during the forthcoming week

| 10/06/2023                                     | 21 Sivan 5783 | David Cooper    | Wife    |  |  |  |
|--|---------------|-----------------|---------|--|--|--|
| 10/06/2023                                     | 21 Sivan 5783 | Chaya Langerman | Father  |  |  |  |
| 10/06/2023                                     | 21 Sivan 5783 | Paul Taylor     | father  |  |  |  |
| 12/06/2023 23 Sivan 5783                       |               | Leila Behrman   | Brother |  |  |  |
| We wish them and their families Chayim Aruchim |               |                 |         |  |  |  |





# Join Magen Avot's exciting 2023/2024 Bat Mitzvah course.

Inspiring teachers, fun environment, source-based learning, and interactive activities Learn about key themes in Judaism and their relevance to our lives Sessions and workshops by Rebbetzen Dina Golker and other inspiring teachers Workshops with Yad Vashem, GIFT and more



September 2023 - July 2024 (7.30-9pm) | Session every month during term time (in Hendon) All Year 7 girls welcome (both members and non-members) | Course Price: £80

> To sign up, please visit: <u>https://tinyurl.com/batmitzvah2023</u> Limited space - book now to avoid disappointment

For more information email Patti Adler: pattischustermann@yahoo.com