













Shabbat 11 March 2023 / 18 Adar 5783 (Parshat Parah)

Parashat Ki Tisa / פרשת כי תשא

Light From	Friday Mincha	שבת	שבת Chabura	SZ Kriat Shema	שבת Shacharit	Magen Mini/Maxi	שבת Mincha	שבת Ends	Sunday Shacharit
									
4.45PM	5.40PM	5.42PM	9.15AM	9.17AM	9.30AM	10.45AM	5.45PM	6.45PM	8.20AM

Shabbat 11 March

Chabura: Stuart Brookes | **Leining:** Shimon Levy

Magen Minis and Magen Maxis meet at **10.45am**
Y@MA meets after personal Mussaf Kedusha.
Munchies and Y@MA are kindly sponsored by **Esther and Julian Maurer** to celebrate Raffi's 25th birthday.

Shabbat Morning Drasha: Rabbi Yoni Golker

Kiddush this week is sponsored by **Tali Diamant** to mark the recent Yahrzeit for her mother. Whiskies of the week are Auchentoshan American Oak and Tomatin Legacy.

Post-Mincha: Michael Pollak on: "Aharon and the Eigel, a lesson in compromise".

Tuesday 14 March

Members are urged to watch the BBC2 programme: "The Holy Land and Us - Our Untold Stories" on Tuesday 14 March at 9.00pm. Presented by Rob Rinder, this programme features one of our own members and covers the stories of individual families during the formation of the State of Israel.

Friday 24 March

Kabbalat Shabbat

On **Friday 24 March** there will be a special Women's only Kabbalat Shabbat at Magen Avot which will take place in the Od Yosef Hai (OYH) Banqueting Hall downstairs from **6.10pm** led by Fiona and Richard Taylor's daughter Devorah Taylor to mark her Bat Mitzvah. Full details of this event will be published in next week's newsletter.

Sunday 23 April

Our next "women's circle" will be on the topic of "Bereavement". Please save the date in your diary.

Events that provide support for all women in the community and to help strengthen themselves and their families and relationships.

TOPIC: "BEREAVEMENT"

Further details will be released nearer the time.
Make sure to SAVE THE DATE!

Sunday 23 April 2023 @ 8.00PM
18 Manor Hall Avenue, NW4 1NX

RSVP EVE GRUBIN-BROOKES ON 07885 774 787
THIS EVENT IS ORGANISED BY EVE GRUBIN-BROOKES AND ANOUK ABRAHAMS



Shul Gemach

Magen Avot operates a Gemach fund for members who have fallen into financial hardship. Help is available in the form of emergency one-off payments or short-term loans. If you are in need, are aware of, or are being approached by other members of the community in need of such a service, please feel free to contact Rabbi Golker by email at: rabbi@magenavot.com or Cecil Taitz by email at: treasurer@magenavot.com.

Sponsorship Opportunities

Book sponsorship on our website: www.magenavot.com.
Kiddush: £200 plus 2x single malts | Magen Munchies: £30 | Y@MA: £35 | Horim V'Yeladim: £60 | Sun Breakfast: £80

Eco-Synagogue Tip of the Week

You can use pasta water to water your plants - it is full of starch and rich in minerals and vitamins (make sure it is not salted).

Y@MA Purim Event at the Golkers!



Yahrzeits

The following members are observing Yahrzeit during the forthcoming week

11/03/2023	18 Adar 5783	Emilie Morris	Husband
17/03/2023	24 Adar 5783	Cherry Cornell	Mother

We wish them and their families Chayim Aruchim

US CHESED'S WEEK OF KINDNESS

9–16 March 2023



US Chesed performs countless acts of kindness and provides vital support to thousands – **every single day.**

SOME OF THE WAYS WE SHOW KINDNESS:

Making sure nobody goes hungry with essential food parcels and freshly cooked meals



Distributing supermarket vouchers and food boxes for Pesach



Offering financial support with energy bills



Enabling children to attend Tribe trips and camps



Providing chaplaincy services for those in prison or in hospital



Educating young people about the importance of giving



Coordinating the community's response to crises



Offering vital support to asylum seekers and refugees



Providing a listening ear to those who need us



HELP US TO HELP THEM



US Chesed

Please donate by visiting
WWW.CHARITYEXTRA.COM/USCHESED
or scan here



Thank you!