



Shabbat 4 February 2023 / 13 Shevat 5783 (Shabbat Shira)

Parashat Beshalach / פרשת בשלח

Light From	Friday Mincha	שבת	שבת Chabura	שבת Shacharit	SZ Kriat Shema	Magen Mini/Maxi	שבת Mincha	שבת Ends	Horim V'Yeladim	Sunday Shacharit
3.55PM	4.35PM	4.38PM	9.15AM	9.30AM	9.54AM	10.45AM	4.44PM	5.44PM	6.25PM	8.20AM

Friday 3 February



US Women's Shabbat is this Shabbat with the theme "Women as role models". We will be having the following events:-

- Women's only Kabbalat Shabbat at Magen Avot in the basement reception room from **5.00pm**. There will be a Dvar Torah given by our Eshet Chayil: Dr Fiona Taylor.
- Oneg Shabbat at the home of Fiona and Richard Taylor with singing for Shabbat Shira led by Adam Kay. Men and women are welcome. Light refreshments will be provided from **8.30pm** at **28 Rowsley Avenue**.
- The official Eshet Chayil presentation will take place on Shabbat morning before Adon Olam and will be followed by a Kiddush. We advise attendees to be seated no later than **11.00am**.

Friday 3 February

Dinner with the Rabbi and Rebbetzen for the Y@MA crowd.

Shabbat 4 February

Chabura: Discussion on the following topics will be:-

- What is the role of miracles in the narrative of the exodus and the desert experience?
- What does the journey from faith at the Yam Suf to doubt at the encounter with Amalek teach us?
- What is the connection between Tu B'Shvat and this week's Parsha?

Leining: Nuti Amar

Magen Minis and Magen Maxis meet at **10.45am**

Y@MA meets after personal Mussaf Kedusha and is kindly sponsored this week by Fiona and Richard Taylor.

Pre-Mussaf Drasha: Rabbi Yoni Golker

Rebbetzen Dina Golker will be making a presentation to Fiona on Shabbat morning after the service (before Adon Olam).

Kiddush this week is kindly sponsored by **Fiona and Richard Taylor** to celebrate the community and for honouring Fiona as this year's Eshet Chayil.

Post-Mincha: Ian Gamse on the topic of: "Solomon had a thousand wives - but how many of them were Jewish?"

Motzei Shabbat 4 February

Horim V'Yeladim this week is at **6.25pm**. This session is sponsored anonymously and concludes the season. We would like to thank Muriel and Josh Abeles for running another successful season and look forward to its return later this year.

Sunday 5 February



JOIN US FOR A TOUR WITH RAFI ZARUM OF THE LOST TRIBES FOR WHAT PROMISES TO BE A FANTASTIC TRIP TO THE BRITISH MUSEUM ON SUNDAY 5 FEBRUARY FROM 9.45AM TO 12.45PM. TICKETS ARE £25 EACH.

Book at: <https://tinyurl.com/mabm2023>.

Mazal Tov!

Mazal Tov to Fiona Taylor who is being honoured this Shabbat as this year's Eshet Chayil. Mazal Tov to Richard and the family!

Mazal Tov to Polly and Tony Artman on the birth of a grandson, a son to Michal and Shmueli Landsberg.

Friday 10 February

Inspirational sing-along "Kumsitz" style Tefillah with a chicken soup Kiddush!



Next week: "Friday Night Alive" with Rabbi Rafi Stemmer.

15-17 May



A three day trip to Scotland planned for May is awaiting members to return form details which have been emailed out. If you have not received these forms please email: info@magenavot.com and we will send them through.

Sponsorship Opportunities

Book sponsorship on our website: www.magenavot.com. The cost of sponsorship is as follows:-

- Kiddush: £200 plus 2x single malts | Magen Munchies: £30
- Y@MA: £35 | Horim V'Yeladim: £60 | Sun Breakfast: £80

WhatsApp Community Groups

MA Broadcast Group: <https://tinyurl.com/mabroadcast>

MA Social Group: <https://tinyurl.com/masocialgroup>

MA Chesed Group: <https://tinyurl.com/machedes2023>

Eco-Synagogue Tip of the Week

Deleting old emails reduces your carbon footprint! A normal email has footprint of 4g of CO2 which accounts for the power data centres and computers spend sending, filtering and reading messages.

Yahrzeits

The following members are observing Yahrzeit during the forthcoming week

4 Feb	13 Shevat	David Ruben	Father
5 Feb	14 Shevat	Julian Gilbey	Father
6 Feb	15 Shevat	Sarah Josephs	Brother-in-law
6 Feb	15 Shevat	Deborah Myer	Father
7 Feb	16 Shevat	Jacqueline Franco	Husband
7 Feb	16 Shevat	Daniel Gance	Mother
9 Feb	18 Shevat	Gila Brodie	Mother
9 Feb	18 Shevat	Neal Kesztenbaum	Father
9 Feb	18 Shevat	Vivienne Kesztenbaum	Husband
9 Feb	18 Shevat	Judith Perahia	Father



Y@MA THIS WEEK

