



Shabbat 11 June 2022 | 12 Sivan 5782

Parashat Nasso 5782 / פְּרַשְׁת נָסָא

Friday Mincha	Light From	שבת	SZ Kriat Shema	שבת Chabura	שבת Shach	Minis Maxis	שבת Mincha	שבת Ends	Sunday Shacharit
7.15PM	7.34PM	9.02PM	8.52AM	9.15AM	9.30AM	10.45AM	9.23PM	10.23PM	8.20AM

Shabbat 11 June

Chabura: Simon Bentley | **Leining:** Alex Jaffe

Magen Minis/Maxis at **10.45am** | Y@MA at the usual time

Eve Grubin-Brookes, her husband Stewart, and their children Zecharya and Azriel are sponsoring the Magen Minis and Magen Maxis treats for the yahrzeit of Eve's mother, Bracha Bas Yisroel Hirsch.

Kiddush is sponsored by Julian and Debbie Gilbey to celebrate the birth of Raphaella Noa Yosepha Gilbey in February.

Pre-Mussaf Drasha/Post Mincha Shiur: Rabbi Kenigsberg

Sunday 12 June

The Matzeiva for the late Morris Greenberg (father of Daniel Greenberg) will take place on Sunday 12 June at 10.30am at Bushey Old Cemetery. We wish the family Chayim Aruchim.

A bronze ecosynagogue award will be presented at Kew Gardens on Sunday 12 June. Organisers Fiona Taylor and Tammy Beider along with youth members Aliza and Micol Spizzichino and Eliana Adler will be in attendance. Mazal Tov!

Shabbat 18 June



Next week there will be a Seudah Shlishit with guest speaker Rabbi Yoni Rosensweig from Israel. Rabbi Rosensweig will speak on: "Mental Health in Halacha". Further details and timings can be found on our poster on page two.

September 2022

Bat Mitzvah Course

Join Magen Avot's exciting new Bat Mitzvah course. Inspiring teachers, a fun environment, source based learning, interactive activities, and more

Learn about key themes in Judaism and their relevance to our lives
Sessions and workshops by Ma'ayan Dina Golker and other inspiring teachers
Workshops with Yad Vashem, GIFT and more

10 Sessions overall | 1½ Hours per session

September 2022 - July 2023 | Session every 2-3 weeks during term
7.30-9.00pm Based in Hendon Course Price: £80
All Year 7 girls welcome (both members and non-members)

To sign up, please visit: tinyurl.com/MagenAvotBm2022
Limited space - book now to avoid disappointment

For more info: Patti - pattischustermann@yahoo.com

Mazal Tov!

Mazal Tov to Joan and Julian Pollard who are celebrating the Bar Mitzvah of their grandson Avrohom Katz in Israel.

Mazal Tov to Marian Taitz and Cecil Taitz on the Bar Mitzvah in Yafo of their grandson Yaakov, son of Lee and Yael.

Shavuot Thanks

We would like to thank everyone involved in making this year such a special Shavuot starting with early Tikkun Leil organised for years 5 and 6 and one organised for Y@MA participants. Thanks to Coleiv Swabel, Sophia Herman, Aliza Spizzichino, and Elliot Berke. On Shabbat there was a communal Seuda Shlishit with thanks to our guest speaker Shira Jackson. Tikkun Leil was a huge success with a large attendance until the early hours. With thanks to Joanne Greenaway, Rabbi Glenn Bezallem and Rabbi Kenigsberg for inspiring shiurim. Thanks to Tova Liebert who did an amazing job covering Y@MA during Sophie's absence. Thanks to Rabbi Daniel Rowe who gave Shiur on the final evening before the end of Chag. Thanks also to our Baalei Tefilla and Baalei Kria who supported beautiful services and to the organisers and helpers for the kiddushim.

We would like to take this opportunity to thank Family Morris who donated many books to the Shul including a number of Koren Machzorim for Shavuot which we used over Chag and look forward to using in the future. This donation was made in memory their husband and father Saul Morris ל"ט.

US 'Plant a tree for the Jubilee' Campaign

Plant a Tree for the Jubilee

To mark the Queen's Platinum Jubilee we invite you to help us create the first United Synagogue groves within a Woodland Trust forest.

BUY A TREE TODAY

£20 a tree!

to celebrate a simcha, remember a loved one, or simply play your part in this historic project.

The US 'Plant a tree for the Jubilee' campaign is now live on their website here: <http://www.theus.org.uk/trees>. You can find full details and costs on the website.

HaMagen

The Rosh Hashanah edition of our HaMagen Shul magazine is in preparation. Advertisers wishing to secure prominent space in this edition please contact Julian Pollard on 07958 447 174 and send advertising copy to: hamagen@magenavot.com.

Yahrzeits

11 June	12 Sivan	Eve Grubin-Brookes	Mother
13 June	14 Sivan	Sarah Josephs	Father
13 June	14 Sivan	Vivienne Kesztenbaum	Father
13 June	14 Sivan	Susan Storfer	Father
15 June	16 Sivan	Julian Pollard	Father



Magen Avot



MAGEN AVOT & THE SENIOR RABBI'S OFFICE PRESENTS

HOW DOES MENTAL HEALTH IMPACT HALAKHA?

Join us at Magen Avot for Seuda Shelishit, followed by an introduction from Rabbi Joseph Dweck and a shiur from Rabbi Yoni Rosensweig.



SHABBAT 18 JUNE 2022



8.40pm - Mincha

9.05pm - Seuda Shelishit followed by Shiur



MAGEN AVOT SYNAGOGUE,
48 Finchley Lane, NW4 1DJ

Rabbi Yoni Rosensweig is Founder of the Ma'aglei Nefesh Center for Mental Health, the Rabbi of Netzach Menashe Community in Bet Shemesh (Israel), and teacher in Midreshet Lindenbaum. He has authored several books, including his new groundbreaking work on the interplay between Mental Health and Halakha. He has been hosted by the Senior Rabbi's Office (SeniorRabbi.com) to tour the Jewish community in London to discuss mental health from a Jewish perspective.