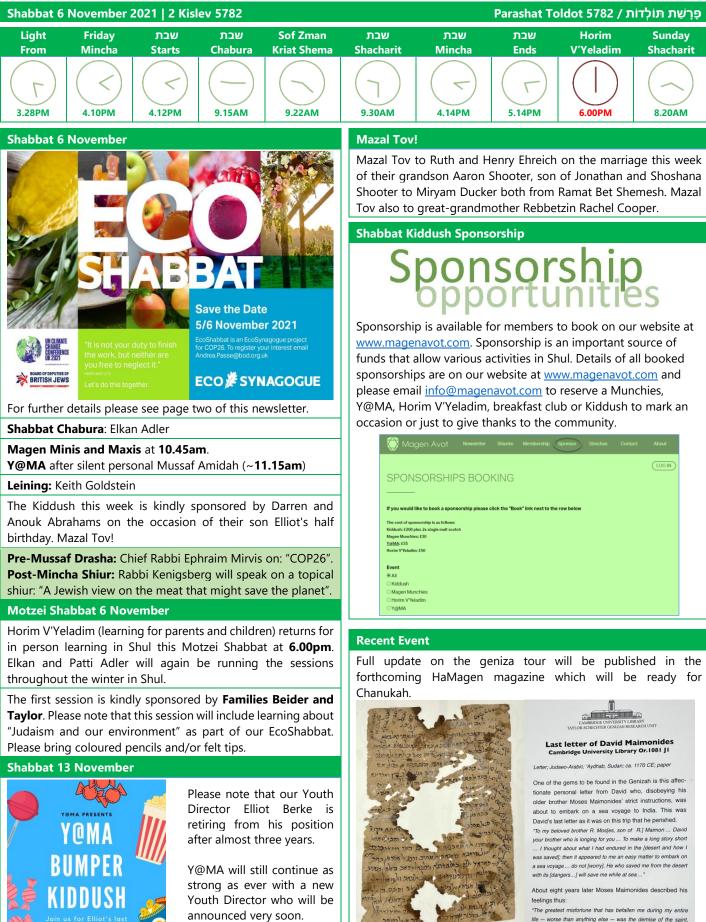


**LOCATION: UPSTAIRS** in Nancy Reuben Primary School Hall



"The greatest misfortune that has befallen me during my entire life - worse than anything else - was the demise of the saint, may his memory be blessed, who drowned in the Indian sea ... '

Susan Storfer

Mother

Yahrzeit

There will also be a bumper

Kiddush for the youth on his last week scheduled for the

13 November.

SHABBAT 13TH NOVEMBER

8 November 2021

4 Kislev 5782 We wish her and her family a Chayim Aruchim

#### **EcoShabbat**

The UK is currently hosting the 26th UN Climate Change Conference of the Parties (COP26) in Glasgow on 31 October – 12 November 2021. The COP26 summit is bringing parties together to accelerate action towards the goals of the Paris Agreement. The Paris agreement set an aim to limit global warming to less than 2 degrees higher than global temperatures in the pre-industrialised age. This commitment is vital as every fraction of a degree of warming can have devastating effects on the way we live. The problem is that the targets announced in Paris in 2015 would result in warming well above 3 degrees by 2100. The world needs to halve emissions over the next decade and reach net zero carbon emissions by the middle of the century if we are to limit global temperature rises to 1.5 degrees. This is what is being negotiated at COP26.

As part of COP26, EcoSynagogue and the Board of Deputies have introduced EcoShabbat on the only Shabbat during COP – 5/6 November.

As a community we are marking this with our guest speaker, Chief Rabbi Mirvis, who has attended the conference and will speak to us about what he has learned there. We have <u>added</u> a vegetarian alternative to our kiddush, to emphasise that eating less meat is something we could take on to help reduce our carbon footprint. We will also be learning about Judaism and our environment with our children after Shabbat at Horim V'Yeladim.

Below are some small changes that we as individuals can do to make a big difference

### Four simple words - refuse, reduce, reuse, recycle

Swap to an eco-washing-up liquid

Replace foil and clingfilm with beeswax and vegan zero-waste wraps Buy ethically sourced laundry detergent that uses less packaging Reduce the amount of plastic you use. If you can't reduce, try to reuse.

Shop locally - home deliveries cause increased air pollution and excess packaging Use eco candles or make your own including your own beeswax Havdalah candle Avoid single-use plastic disposable

Bamboo napkins, kitchen and toilet papers are sustainable and plant a tree for every box sold Reduce and reuse

Repurpose the packaging/containers/materials you buy and avoid single use. Cut back on containers, opt for refills and use a refill tation near you Follow the golden rules of recycling, learn all about recycling symbols Find out about local rules and services for recycling in your area

### Use your L.O.A.F. (Local, Organic, Animal-Friendly, Fairtrade)

**Local:** Buying food locally and buying seasonally means less food miles, support for local economy and farmers and regional variety. Look at the labels; does it come from somewhere in UK? Does it carry the Union Flag or Red Tractor symbols?

Organic: Organic farming uses less fossil fuel energy and builds up carbon in the soil, removing it from the atmosphere and relies on composting, crop rotation and animal manures. Find your nearest Organic Farm

Animal Friendly: Ethically source meat, fish and dairy products and eat less to help reduce carbon emissions. Avoid eggs, dairy products, meat and fish that have been produced using intensive farming methods and long-distance lorry transport

Fairtrade: Transport of goods shouldn't use disproportionate amounts of energy and crops for export must be grown without destroying the ecology of the producer country. Learn about Fairtrade



# L.O.A.F. symbols to look out for:

## AJEX

