

Shabbat 21 August 2021 13 Ellul 5781						Parashat Ki Teitzei און אייבעָצָא / Parashat Ki Teitzei		
Light From	Friday Mincha	שבת Starts	Sof Zman Kriat Shema	שבת Chabura	שבת Shacharit	שבת Mincha	שבת Ends	Sunday Shacharit
6.44PM	7.15PM	7.59PM	9.29AM	ON BREAK	9.30AM	8.02PM	9.02PM	8.20AM

Shabbat 21 August

Book seats for Shabbat: https://tinyurl.com/MABookSeats).

Sof Zman Kriat Shema is until 9.29am.

The **Shabbat Chabura** is on break for the summer and will return at the end of August.

Magen Minis and Maxis and Y@MA is on summer break.

We are looking to create a third children's service (Magen Midis) which will cater for children from year one until the end of year three. If you or your teenager is interested in running this, please be in touch with Patti Adler on 07507 304 903.

Leining: Shimon Levy

To mark the birth of their baby girl, Liat and Barak Seener will be sponsoring a takeaway Kiddush with Kiddush bags after services for people to take home.

Rabbi Kenigsberg will give shiur after Mincha.

Motzei Shabbat 28 August



Magen Avot is proud to present "Midnight Selichot" again led by Chief Rabbi Ephraim Mirvis on **Motzei Shabbat 28 August** in the Od Yosef Hai Banqueting Hall.

Doors will open at **11.00pm**. Service commences at **11.30pm** with a welcome and Dvar Torah by **Rabbi Kenigsberg** followed by an address by **Chief Rabbi Ephraim Mirvis**.

Selichot will be at **11.45pm** will conclude no later than **12.45am**. Due to the popularity of this event, we ask that participants please bring their own copy of Selichot.

Supported by





Mazal Tov!

Mazal Tov to Liat and Barak Seener on the birth of a baby girl.

HaMagen

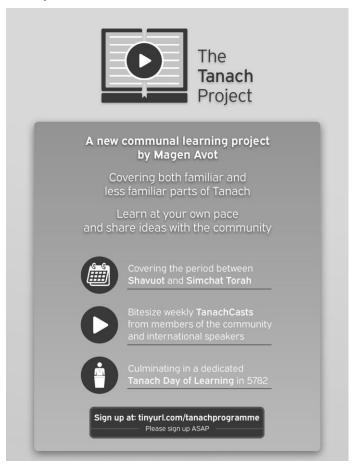
We are looking for contributions for the next HaMagen magazine. Please email Julian Pollard with your suggestions: hamagen@magenavot.com.

Membership

Visit https://magenavot.com/membership where you will find a printable membership form which can be returned to us. For further details speak to Cecil Taitz.

The Tanach Project

The Tanach Project (https://tinyurl.com/tanachprogramme) recordings are shared on the Whatsapp community group every Tuesday.



Yahrzeits The following members are observing Yahrzeit during the forthcoming week 22 August 2021 14 Ellul 5781 Nina Herman Husband 22 August 2021 14 Ellul 5781 Richard Herman Father 19 Ellul 5781 27 August 2021 Joy Kay Mother We wish our members and their families a Chayim Aruchim

Your Mental Health First Aiders are



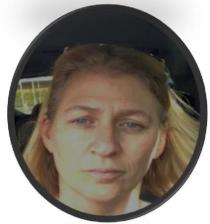
Rabbi Kenigsberg 07891 988 201



David Berke 07854 933 325



Anouk Abrahams 07459 862 215



Patti Adler 07507 304 903





There are plenty of different types of support out there, and a Mental Health First Aider can help you access them.

Mental Health First Aiders are a point of contact if you, or someone you are concerned about, are experiencing a mental health issue or emotional distress. They are not therapists or psychiatrists but they can give you initial support and signpost you to appropriate help if required.

If you have any questions about Mental Health First Aid at Magen Avot please contact one of our first aiders above.