



#### Shabbat 6 February 2021 | 24 Shevat 5781 (Shabbat Mevarchim) פרשת יִתְרוֹ / Parashat Yitro 5781 שבת **Friday** שבת **Sof Zman** Zoom Horim שבת שבת Sunday Kriat Shema **Starts** Chabura Mincha Ends Havdala V'Yeladim 4.48PM 8.40AM 4.42PM 9.30AM 9.53AM 6.30PM 6.45PM 8.20AM 5.48PM





### **Shabbat**

The Molad will be on Friday 12 February at 6.19pm and 4 chalakim. Actual Rosh Chodesh days are Friday 12 and Shabbat 13 February (Bayom Hashishi U'bayom Shabbat Kodesh).

ראשׁ חֹדֶשׁ אַדָר יִהְיֶה בַּיוֹם הַשִּׁשִׁי וּבְיוֹם שַׁבָּת קוֹדֶשׁ הַבָּא עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל לְטוֹבָה:

## **Motzei Shabbat**

Join the Communal Havdalah at **6.30pm** at the following link: <a href="https://us02web.zoom.us/j/86342908387">https://us02web.zoom.us/j/86342908387</a> | 863 4290 8387

Horim V'Yeladim continues this week with another Kahoot Quiz at **6.45pm**: <a href="http://tinyurl.com/MagenAvotZoom">http://tinyurl.com/MagenAvotZoom</a>.

### Attendees

## **Kahoot Results**





### Sunday

"Meet MA!" takes place this **Sunday** at **8.00pm**. This month Julian Pollard will be interviewing **Linda Wolffe**. Join us on zoom at the usual link: <a href="http://tinyurl.com/MagenAvotZoom">http://tinyurl.com/MagenAvotZoom</a>.

### Wednesday

Rabbi Kenigsberg's Tzurba m'Rabanan Shiur continues this week. Details will be made available on the WhatsApp Group.

### Purim

Purim is three weeks away and we are finalising our plans, bearing in mind the rapidly changing nature of the situation with the pandemic. Full details will be released next week regarding what Magen Avot will have on offer and how all the mitzvot of Purim can be fulfilled in a Covid-secure manner.

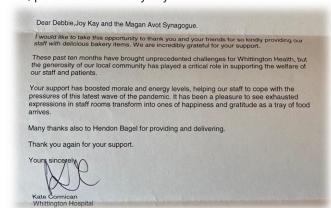
# 3-T 2.0 – Uyghur Campaign

Our Uyghur campaign continues! Please visit our website at the following link: <a href="https://tinyurl.com/y5sqhfre">https://tinyurl.com/y5sqhfre</a>.

Magen Avot continues its communal learning of Mesechet Pesachim, culminating in a Siyum on erev Pesach. There is still time to sign up at: <a href="https://tinyurl.com/MAPesachim">https://tinyurl.com/MAPesachim</a>.

### **Kiddush Sponsorship**

If you would like to sponsor a "Kiddush" to benefit more NHS staff, please call or text Joy Kay on 07956 348 392.



# **Gemach Fund for Members**

Magen Avot operates a Gemach fund for members who have fallen into financial hardship. Help is available in the form of emergency one-off payments or short-term loans. If you are in need, are aware of, or are being approached by other members of the community in need of such a service, please feel free to contact Rabbi Kenigsberg (rabbi@magenavot.com) or Cecil Taitz (treasurer@magenavot.com), in complete confidence.

### **Mental Health First Aid Course**

We will soon be launching a Mental Health First Aid course. The course is run by Jami and is fully accredited. For more information and to register interest please see this short Google form: <a href="https://tinyurl.com/y6yakofo">https://tinyurl.com/y6yakofo</a>.

# **Sunday 14 February**

A TED Talk hosted by Esther Bentley on Sunday 14 February will feature: "Dr Edith Eva Eger: The journey of grieving, feeling and healing". Please see the following short video in advance of the event: <a href="https://tinyurl.com/y2qr76xw">https://tinyurl.com/y2qr76xw</a>. Joining details will be circulated next week.

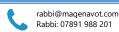
### **Yahrzeits**

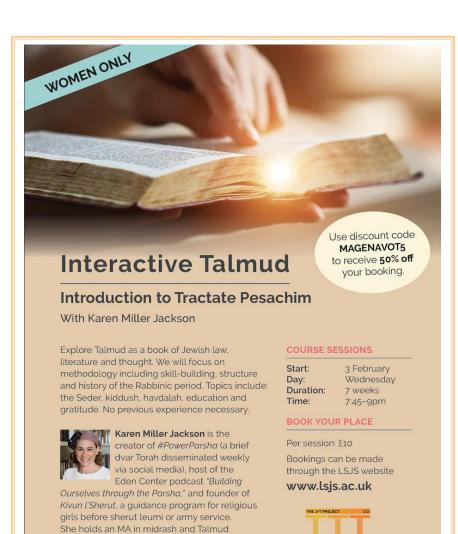
Members observing Yahrzeit during the forthcoming week

11/02/2021 29 Shevat 5781 Eileen Brookes Mo	08/02/2021	26 Shevat 5781	Simon Leigh	Mother
	11/02/2021	29 Shevat 5781	Eileen Brookes	Mother

We wish them and their families a Chayim Aruchim









If you're struggling to cope or need immediate help, contact Shout's 24/7 crisis text service. Text Jami to 85258



from New York University and has studied at

lsjsadmin@lsjs.ac.uk 020 8203 2427

Matan, Midreshet Lindenbaum and Drisha. Previously she has developed curriculum at Lookstein Virtual. Her writing can be found at

karenmillerjackson.com





Magen Avot

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of Jewish Studies

We continue our weekday events online. Please join our **Community WhatsApp group** by scanning the QR Code opposite using your mobile phone WhatsApp camera. We share details of events along with up to date joining details and links for instant access.