








Friday Chabura	שבת Starts	שבת Shacharit	Sof Zman Kriat Shema	שבת Mincha	שבת Ends	Zoom Havdala	Horim V'Yeladim	Sunday Shacharit
 8.40AM	 4.05PM	 9.30AM	 10.04AM	 4.14PM	 5.14PM	 5.45PM	 6.00PM	 8.20AM

SHUL CLOSURE



Unfortunately, due to lockdown we have made the decision to close over this period. We will continue our programme of events online during the week. Please join our **Community WhatsApp group** by scanning the QR Code opposite using your WhatsApp camera.

Friday

The Chabura will be on Friday morning at **8.40am**. This will be given this week by **Raffi Maurer**. Join us at the following link: <http://tinyurl.com/MagenAvotZoom>.

Motzei Shabbat

Join the Communal Havdalah at **5.45pm** at the following link: <https://us02web.zoom.us/j/86342908387> | **863 4290 8387**

Horim V'Yeladim continues this week with another Kahoot Quiz at **6.00pm**: <http://tinyurl.com/MagenAvotZoom>.



Monday

On Monday Night at **8.00pm** there will be a chill, chat and Q&A for sixth form girls with **Rebbetzen Sarah Kenigsberg** on Zoom.

Wednesday

Join us for a special event on **Wednesday 20 January** marking the forthcoming **Mental Health Awareness Shabbat**. A talk by Jami peer worker **Ben Winton** who will speak on: "My Journey to Peer Support: Being There For Each Other". Ben was diagnosed with severe depression during university. Since then, he has drawn on various therapies, meditation, his Judaism and peer support to aid his recovery. He is now a peer support worker at Jami, where he uses his experiences to assist others living with and recovering from mental illness.

THE MENTAL HEALTH AWARENESS SHABBAT



Thursday

On **Thursday 21 January** join **Jami** for **Youtopia**. Register to attend at: <https://myyoutopia.org>



Our annual fundraising event is going virtual! Join Rachel Riley and other special guests online as we explore the impact of the pandemic on our mental health and share our vision of what post-Covid utopia looks like

Join us in Youtopia on

Thursday 21st January 2021 at 8pm

3-T 2.0 – Uyghur Campaign

THE 3-T PROJECT 2.0



Following our event last week, we have posted a campaign page on our website here: <https://tinyurl.com/y6bku9nw>.

Magen Avot continues its communal learning of Mesechet Pesachim, culminating in a Siyum on erev Pesach. There is still time to sign up at: <https://tinyurl.com/MAPesachim>.

Thanks



On behalf of the staff at The Whittington Hospital thank you so much for such amazing food and for thinking of us. We are so appreciative of your kindness and support.

If you would like to sponsor a "Kiddush" please call or text Joy Kay on **07956 348 392** for further details.

Thanks to Julian Pollard who interviewed Stewart Brookes for another excellent session of "Meet MA!" last Sunday.



The recording is available now on our YouTube channel at the following link: <https://youtu.be/yQiV6N202Uk>. Dont forget to hit up the SUBSCRIBE button!

Yahrzeit

16/01/2021	3 Shevat 5781	Joan Pollard	Mother
17/01/2021	4 Shevat 5781	Michael Roodyn	Mother
18/01/2021	5 Shevat 5781	David Ruben	Uncle
19/01/2021	6 Shevat 5781	Charles Pascoe	Father
19/01/2021	6 Shevat 5781	Joan Pollard	Father
21/01/2021	8 Shevat 5781	Golda Gean	Father
22/01/2021	9 Shevat 5781	David Kass	Father

We wish them and their families a Chayim Aruchim

SPECIAL EVENT

TUESDAY 26 JANUARY

for International Holocaust Memorial Day



"My Father was a Nazi - The Extraordinary Story of Dr Bernd Wollschlaeger". Dr Wollschlaeger, will tell the remarkable story of his 'German Life'; growing up in Germany in the shadow of his Father, a highly-decorated WWII tank commander and Nazi officer, eventually converting to Judaism, emigrating to Israel and serving in the IDF as a Medical Officer.



FURTHER DETAILS IN NEXT WEEK'S NEWSLETTER

GENEUARY

January 2021 - Jewish Genetics Awareness Month

1

GENEUary is a month-long awareness campaign designed to raise awareness of recessive Jewish genetic disorders (JGDs) and how they can be prevented

2

1 in 5 people with Ashkenazi origin will be a healthy carrier of a severe recessive JGD

3

Carrier screening identifies those at risk of passing on a JGD to their future children, giving them the knowledge needed to avoid the tragedy of having an affected child

4

Jnetics offers subsidised screening, in partnership with the NHS, via The Jnetics Clinic.

For more information go to [Jnetics.org/screening](https://www.jnetics.org/screening)

Find out more & sign up for screening [Jnetics.org/screening](https://www.jnetics.org/screening)

@jneticsUK



WOMEN ONLY



Use discount code **MAGENAVOT5** to receive **50% off** your booking.

Interactive Talmud

Introduction to Tractate Pesachim

With Karen Miller Jackson

Explore Talmud as a book of Jewish law, literature and thought. We will focus on methodology including skill-building, structure and history of the Rabbinic period. Topics include: the Seder, kiddush, havdalah, education and gratitude. No previous experience necessary.

COURSE SESSIONS

Start: 3 February
Day: Wednesday
Duration: 7 weeks
Time: 7:45-9pm

BOOK YOUR PLACE

Per session: £10
Bookings can be made through the LSJS website www.lsjs.ac.uk



Karen Miller Jackson is the creator of #PowerParsha (a brief dvar Torah disseminated weekly via social media), host of the Eden Center podcast "Building Ourselves through the Parsha," and founder of Kivun l'Sherut, a guidance program for religious girls before sherut leumi or army service. She holds an MA in midrash and Talmud from New York University and has studied at Matan, Midreshet Lindenbaum and Drisha. Previously she has developed curriculum at Lookstein Virtual. Her writing can be found at karenmillerjackson.com

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Magen Avot



Magen Avot Pulling Together
To beat COVID-19

During these uncertain times, a caring community is more important than ever.

The Magen Avot Chessed Committee has had countless offers from members of the community who are very eager to help anyone who needs assistance.

If you need:

- Help with groceries -
- Medicine or other supplies -
- Just someone to talk to -
- Or anything at all -

PLEASE contact
Rebbetzen Sarah Kenigsberg
07521 500 298
rebbetzen@magenavot.com

[MagenAvot.com](https://www.MagenAvot.com) facebook.com/MagenAvot [@MagenAvot](https://twitter.com/MagenAvot)

Y@MA '21

DEBATES
GET ENGAGED AND INCREASE YOUR CONFIDENCE

GAMES
COMPETE WITH YOUR FRIENDS FOR VICTORY

LEARNING
INCREASE YOUR KNOWLEDGE IN KODESH OR SECULAR

JOIN OUR WHATSAPP GROUP FOR REGULAR UPDATES

WEDNESDAY NIGHTS 8PM VOLUNTEERING OPPORTUNITIES INDIVIDUAL OR GROUP LEARNING



YOUTH @ MAGEN AVOT PRESENTS

Q & A WITH RABBI KENIGSBERG

Come with your trickiest questions and queries!

Wednesday 3rd February | 8:00 PM
Via Zoom