



Shabbat 12 December 2020 | 26 Kislev 5781 (Shabbat Chanukah/Mevarchim)

Parashat Vayeshev 5781 / פרשת וַיֵּשֶׁב

Friday Chabura	Friday Mincha	שבת Starts	שבת Shacharit	SZK Shema	שבת Mincha	שבת Ends	Havdala & Light	Horim V'Yeladim	Sunday Shacharit
8.40AM	3.35PM	3.36PM	9.30AM	9.55AM	3.45PM	4.45PM	AT HOME	5.45PM	8.20AM

Thursday – Happy Chanukah!!!

We begin lighting Channuka candles on Thursday night. For Friday night lighting see below for details.

Friday

The Chabura at **8.40am** will be given by **Stewart Brookes**. The access link is: <http://tinyurl.com/MagenAvotZoom>.



Magen Avot

Parasha Chabura

Join us every Friday morning on Zoom for our renowned Parsha Chabura

The Chabura for **Parashat Vayeshev** will be given by **Stewart Brookes** at **8:40am** for 15 minutes

Come and hear a short and interesting idea on the Parasha to bring you into Shabbat

Join on Zoom at: tinyurl.com/MagenAvotZoom or ID: 876-0991-2998 with password Magen1948

Light Chanukah candles followed by Shabbat candles before **3.36pm** (when Shabbat begins). Chanukah lights need to burn for at least 30 minutes after night. Make sure to use big enough candles to burn for about 90 minutes when lighting on Friday. Tea lights are particularly good for this purpose.

Shul continues this Friday night! Please book your seats in advance here: <https://tinyurl.com/MAServicesBookingForm>

Shabbat

Shimon Levy will be leining this week. Thanks to **Joey Katz** for leining last Shabbat morning.

Rosh Chodesh: Tevet Yihey Beyom Revi'i

Molad: The Molad will be on Tuesday at 4.51am and 2 Chalakim.

Dan Artman will be giving Shiur between Mincha and Maariv.

Motzei Shabbat

Due to people lighting menorah at home the Communal Havdalah will not take place this week.

Horim V'Yeladim continues at the slightly later time of **5.45pm** due to Chanukah. Well done to **Mia Langerman** who again came first in last week's Kahoot Quiz. In this week's session Rabbi Kenigsberg will be running a Chanukah Quiz. The link to join is: <http://tinyurl.com/MagenAvotZoom>



Yish: 12069 (13 out of 15)

Mia L: 12541 (14 out of 15)

Zachy: 11959 (13 out of 15)

Runners-up: 4. Yonatan, 5. VitoPep.

Sunday



The second session of **"Meet MA!"** will be taking place on Sunday night at **8.00pm**. This week Juian Pollard will be interviewing **Sara Spizzichino**. Join us on zoom at the usual link: <http://tinyurl.com/MagenAvotZoom>.

Monday



Join us on Monday night for the third and final part of our series in conjunction with Alei Tzion and Hendon United. We are honoured to once again be hosting **Rabbi Dr Ari Sytner** for a keynote address on the topic of **"A little bit of light dispels a lot of darkness"** followed by a short panel discussion. An event not to be missed! Join with the following link: <https://zoom.us/j/193973537>. Please see our poster on page two. Previous sessions can be found on the US Facebook site.

Wednesday



Rabbi Kenigsberg continues the new volume of Tzurba m'Rabanan, dealing with Halachot related to COVID-19 throughout the four sections of Shulchan Aruch from **8.30pm** on Wednesday evening.

Joining Details

Zoom Meeting ID: **869 5009 6756**

Password: **Tzurba**

Whisky Event

Last Thursday night Daniel Ehreich provided a "Covid safe" Whisky event via Zoom. Pre-packaged whiskies were delivered to attendee's homes and a fun Whisky filled time was had by all. We would like to thank Daniel for organising and hosting!



Yahrzeits

9 December	23 Kislev	Brent David	Father
10 December	24 Kislev	Patti Adler	Father
10 December	24 Kislev	Jacklyn Ferber	Mother
13 December	27 Kislev	David Kass	Mother
15 December	29 Kislev	Penina Ehreich	Father
15 December	29 Kislev	Sarah Josephs	Father-in-law
15 December	29 Kislev	Jack Samad	Father
16 December	1 Tevet	David Cooper	Mother

We wish them and their families a Chayim Aruchim

MONDAY 14TH DECEMBER, 5TH NIGHT CHANUKAH - "AND MORE ..."

an initial keynote address:

"A LITTLE BIT OF LIGHT DISPELS A LOT OF DARKNESS",

from

Rabbi Dr Ari Sytner,

Director of Leadership and Community Development at Yeshiva University, New York,
Professor of Social Work, therapist and author

Followed by a discussion between our Shuls Rabbis entitled "from theory to practice" – lessons from Jewish teachings and life which can help us 'stay the course' through the current challenging times.

ALL THREE EVENINGS WILL COMMENCE AT 8.30PM
[HTTPS://ZOOM.US/J/193973537](https://zoom.us/j/193973537)



Y@MA

JOIN US FOR

COMMUNAL CANDLELIGHTING & Y@MA QUIZ

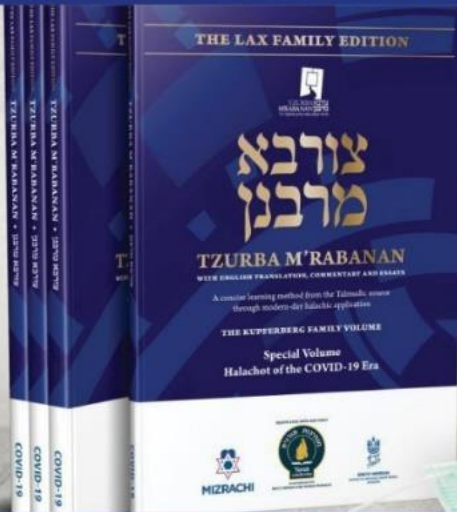
YOU ARE INVITED, TOGETHER WITH THE
WHOLE KEHILLA, FOR VIRTUAL
COMMUNAL LIGHTING AND A CHANUKAH
QUIZ RUN BY THE YOUTH OF MAGEN
AVOT

THURSDAY 17TH DECEMBER, 7PM

[HTTPS://TINYURL.COM/MACANGLES](https://tinyurl.com/macandles)



As we begin studying the brand new volume: HALACHOT OF THE COVID ERA



The cutting
edge series
taking the
world by
storm!

Join us to celebrate the siyum of Volumes 1-6 !

Featuring short shiurim by:

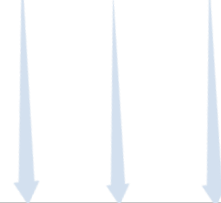
Rav Doron Podlashuk

Rav Joel Kenigsberg

Introduction by Rav Doron Perez

Sunday 20 December | 8-9pm

<https://tinyurl.com/tzurbaSiyum>



Jami

STRUGGLING TO COPE
IS MORE NORMAL THAN YOU THINK.

Uncertainty and isolation can cause any of us to experience feelings of distress or anxiety. For people already struggling with their mental health, this next phase of restrictions may be overwhelming. Whatever you are going through, you don't have to face it alone.



Jami is the mental health service for the Jewish Community.

If you need support or are supporting someone who needs help, visit jamiuk.org/get-support/ or call 020 8458 2223



For free, safe and confidential online counselling and emotional wellbeing services for adults, contact Jami Qwell at qwell.io/jami



Kooth Student provides free, safe and anonymous online counselling and support to students at student.kooth.com/jami



If you're struggling to cope or need immediate help, contact Shout's 24/7 crisis text service. Text Jami to 85258

THE 3-T PROJECT 2.0



As part of 3-T 2.0, Magen Avot is excited to present a communal learning of Masechet Pesachim, culminating in a Siyum for all on erev Pesach.



There will be plenty of resources and support available.

Please sign up for 1, 2, or 3 dapim and help us finish the masechet together.

Whatever your background, please sign up at tinyurl.com/MAPesachim.

Chanukah 5781 / December 2020



Dear All,

Some Chanukah safety tips for SHUL *and* IN THE HOME

- ✓ Always take care when lighting Chanukah candles
- ✓ Always place your Chanukia away from curtains, paper, books or other flammable items
- ✓ Always make sure your Chanukia is standing on a firm base
- ✓ Always ensure candles, wicks or oil containers are firmly seated in place
- ✓ Always follow COVID social distancing guidelines and household restrictions for your area/Tier

- ✗ Never leave a Chanukia unattended
- ✗ Never leave young children or pets unsupervised in the same room as a lit Chanukia
- ✗ Never walk around with lighted matches, candles or tapers

Take special care of the suitability and safety of Chanukiot made specifically for arts, crafts and decorative purposes.

Be especially careful if using glass oil holders as these become very hot and may crack and tip over.

If candles or containers fall over, smother the flame immediately with a damp cloth.

Don't play with Fire!

Have a Happy (& Safe) Chanukah.

Regards,

Andrew Brayam

Health & Safety Manager

United Synagogue

Tel: 020 8343 6229

Email: abrayam@theus.org.uk



*A Safe Community
is No Accident*

Further reading:

<https://www.thejc.com/news/uk-news/warning-over-fires-caused-by-chanukah-candles-1.450521>

<https://www.misaskim.org/images/db/8489-10x7KidsChanukahFireSafetyFunPagered.pdf>

ADDITIONAL SAFETY POINTS TO CONSIDER

Chanukia Safety

- ✚ No matter how beautiful your child's or grandchild's "arts and crafts" Chanukia may be, please **do not use** it. These Chanukiot are not suitable for lighting and may burn down when used.
- ✚ The Chanukia should be made of non-flammable material only.
- ✚ Put out candles before you leave the house and before you go to bed.
- ✚ Keep matches and lighters away from children and out of reach.
- ✚ Supervise any child that lights a Chanukia. Place their Chanukia close to the child so they don't have to reach over another Chanukia.



Chanukah - Cooking Safely

- ✚ When frying, keep children away from the stove. Some people create a "3-foot" safety zone around the stove when the latkes are frying. Others use the further burners so children cannot reach the flames.
- ✚ Take extra care when deep-fat frying or cooking with oil - hot oil can catch fire easily - use a thermostat controlled deep-fat fryer which will make sure the fat doesn't get too hot
- ✚ Don't get distracted when you are cooking - turn off or turn down the heat if you have to leave the cooking unattended
- ✚ Keep tea towels, clothes and electrical leads away from the cooker and hob
- ✚ Make sure saucepan handles are not sticking out from the hob or over a naked flame
- ✚ Remember to check that the oven or hob are switched off after you have finished cooking
- ✚ In the event of a fire involving oil, turn off the heat source and smother the flames with a metal lid or baking tray - **do not use water to put it out!**

If clothing catches fire

In the event that clothing catches fire - remember to **STOP, DROP, COVER** and **ROLL**:

- ✚ **Stop** where you are. Do not run. Running can make things worse.
- ✚ **Drop** to the ground. Lay flat with your legs out straight.
- ✚ **Cover** your eyes and mouth with your hands.
- ✚ **Roll** over and over and back and forth until the flames are out.
- ✚ Get help straight away.

Then **COOL, CALL** and **COVER**:

- ✚ **Cool** the burn with running cool tap water for 20 minutes.
- ✚ **Call** for help – 999 or Hatzola (0300 999 4999 / 0303 888 9999) for advice.
- ✚ **Cover** with cling film while transferring to a hospital/A&E

