











Sun Mincha	YK Starts	Kol Nidrei	Shacharit	Drasha/Yizkor	Mincha	Neilah	YK Ends
 2.30PM	 6.33PM	 6.40PM	 9.00AM	 ~10.45AM	 4.40PM	 6.00PM	 7.32PM

Kol Nidre Appeal

The Kol Nidre appeal is detailed below as well as a larger print version inside the HaMagen magazine. A copy of the magazine is provided on every table in Shul. Please give generously!



Kol Nidrei Appeal 5781

Magen Avot are running our own appeal this year, enabling us to distribute the much needed funds for our designated charities as soon as possible.

ISRAEL CHARITY | Batmelech

www.batmelech.org/?lang=en

Provides support, physical shelter, mental support and legal support for orthodox Israeli women. This is a group often discouraged from seeking help outside of their social sphere. In the pressurised environment of lockdown, domestic violence has spiked. Batmelech, with an understanding of the Orthodox world, are the people to whom these women feel comfortable to turn to.

UK CHARITY | WST

www.wstcharity.com

A North West London charity who deal sensitively with Jewish families in dire financial straits. They assist at times of hardship, and if possible, aim to address the root causes of hardship by referring to specialist charities for a longer-term resolution. WST Charity Ltd was established in 1990, (originally as Woodstock Sinclair Trust), aiming to assist local low-income working families struggling to make ends meet. It has since grown steadily to satisfy increasing needs, funded by voluntary donations. In the last financial year, WST distributed £1.5m+ to local needy families.

MAGEN AVOT CAUSE | Y@MA

With attendance increasing steadily since the inception of the Youth program, the challenge of Covid-19 was met by holding regular and stimulating online events. Keeping youth involved and interested, keeps us all on our toes. New and innovative projects are planned. We are the today, but our youth are our tomorrow.

STUDENT CHARITY | University Jewish Chaplaincy

www.mychaplaincy.co.uk

As students return to universities, Chaplaincy has greater importance than ever. In the campus world of uncertainty, confusion, and often disturbing and radical input, University Jewish Chaplaincy support young Jews, and provide them a home from home.

Please give generously. Your money will help many people and for some may be a literal lifesaver.

MAKE A DONATION

Suggested donations:

£30 | £60 | £120 | £250 | £500 | £1,000 | £2,500

By credit card:

Call Daniella (Magen Avot US administrator) on 07341002798. Leave a message and she will call you back.

By cheque to: Magen Avot

c/o United Synagogue
305 Ballards Lane
London N12 8GB

By bank transfer:

Sort code: 60 80 07 | Account number: 60217278
Account name: Magen Avot United Synagogue

Charity voucher companies:

Instructions to the Charity company to make payment to the Magen Avot United Synagogue account detailed above.

Yom Kippur Davening

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|--------------------|-------------------------------|
| 1. Kol Nidrei | 1. Natan Levinson |
| 2. Evening Speaker | 2. Rabbi Kenigsberg |
| 3. Shacharit | 3. Daniel Greenberg |
| 4. Morning Speaker | 4. Chief Rabbi Ephraim Mirvis |
| 5. Kids Lunch | 5. Not Available this year |
| 6. Mussaf | 6. Natan Levinson |
| 7. Mincha | 7. David Kass |
| 8. Evening Speaker | 8. Rabbi Kenigsberg |
| 9. Neilah | 9. Alex Jaffe |

Children on Yom Kippur

To maintain decorum and social distancing policies we ask all parents to make sure their children are always seated with them. It is parents' responsibility to supervise their own children but we must ask that parents make sure the movement from men's to women's sections is kept to a minimum as it is both disturbing and may cause cross contamination as the children walk through touching the tables and chairs. Unfortunately, due to restrictions we cannot provide lunch for children. There will however be a break when lunch can be given at home.

Yom Kippur Guidelines (Rabbi Kenigsberg)

- Vidui (confession) is said at Mincha on erev Yom Kippur, as found in the Machzor
- The Seudah Hamafseket should be eaten after Mincha
- Candles should be lit by **6:33pm**. Remember to light a 25-hour candle as well (to be used for Havdalah – see below)
- The mitzvah of Tosefet Yom Kippur means that the fast and prohibitions of the day should be accepted before sunset (ie. At candle-lighting time or just before)
- One who is seriously unwell would not be required to fast – **Rabbinic and medical advice should be sought on a case-by-case basis, ahead of time**, in order to establish who is exempt from fasting, and under what circumstances.
- Washing for pleasure is one of the prohibitions of Yom Kippur, however one can and should wash their hands as usual in order to prevent the spread of coronavirus.
- Shacharit for Yom Kippur will begin at **9am** from **HaMelech**. As on Rosh Hashana, Brachot and Pesukei deZimrah should be recited at home prior to coming to shul.
- In order to maintain social distancing, this year the entire congregation will remain in shul when Yizkor is said. Those who do not recite Yizkor should use this time to recite other tefillot.
- The fast goes out at **7:32pm**. At the conclusion of Yom Kippur, Havdalah is made over wine/grape juice and a candle (without besamim). The bracha on fire can only be recited on a candle that was burning the entire Yom Kippur (**נר ששבת**). If one does not have such a candle, this bracha is omitted.

Brief Guidelines for those davening at home

The Shulchan Aruch writes (Orach Chaim 1:4):

טוב מעט תחנונים בכוונה, מהרבות בלא כוונה.

Better few supplications with concentration than much without concentration.

There is no requirement for one davening alone on Yom Kippur to recite the entire machzor. Whilst the essential, basic structure of tefillah should be kept (Brachot, Pesukei deZimra, Birkot Kriat Shema and Amidah), regarding additional prayers and supplications one should select those which will enhance one's concentration and add meaning to the tefillot of the day.

- A central component of the five tefillot of Yom Kippur is the Vidui (confession). Vidui is recited 10 times over the course of Yom Kippur – once at the end of each personal amidah, and again during the chazzan's repetition or as part of slichot following the amidah. It is proper to follow this practice of sayig vidui 10 times even when davening alone at home.
- Slichot, recited during Maariv and Neilah, may be said by an individual davening at home. However, the 13 attributes of mercy (*Hashem, Hashem kel rachum vechanun...*) are only recited with a minyan. Alternatively, one davening alone may read them according to the *Ta'amei HaMikra* as if they were leynung from the Torah. Additionally, portions of slichot in Aramaic should be skipped.
- Kaddish, Kedusha, Barchu, Torah Reading and Haftara and the Chazzan's repetition are not recited without a minyan. Following the Amidah of Shacharit and Mussaf there are many powerful and moving piyyutim which are recited as part of the Chazzan's repetition. These may be said or sung by an individual and can greatly enhance one's tefillah, but there is no obligation to do so.
- Avinu Malkeinu can be recited by one praying alone.
- Ne'ilah should begin before Shkiah (6:44pm). Traditionally, at the conclusion of Ne'ilah the shofar is blown, but there is no requirement if one is unable to do so.

Please contact me for any further questions or clarifications. Gmar Chatima Tova!