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Shabbat 1 August 2020 11 Av 5780 Shabbat Nachamu				Parashat Vaetchanan / פרשת ואתחנן				
Friday Chabura	Friday Light and Mincha	שבת Starts	Sof Zman Kriat Shema	שבת Shacharit I	שבת Shacharit II	שבת Mincha	שבת Ends	Sunday Shacharit
 9.00AM	 7.15PM	 8.36PM	 9.16AM	 8.00AM	 10.00AM	 8.45PM	 9.45PM	 8.20AM

Shabbat 8 August 2020 18 Av 5780				Parashat Eikev / פרשת עקב				
Friday Chabura	Earliest Lighting	Friday Mincha	שבת Starts	Sof Zman Kriat Shema	שבת Shacharit	שבת Mincha	שבת Ends	Sunday Shacharit
 9.00AM	 7.05PM	 7.15PM	 8.24PM	 9.20AM	 9.30AM	 8.31PM	 9.31PM	 8.20AM

Shabbat 15 August 2020 25 Av 5780 Shabbat Mevarachim				Parashat Re'eh / פרשת ראה				
Friday Chabura	Earliest Lighting	Friday Mincha	שבת Starts	Sof Zman Kriat Shema	שבת Shacharit	שבת Mincha	שבת Ends	Sunday Shacharit
 9.00AM	 6.54PM	 7.15PM	 8.11PM	 9.25AM	 9.30AM	 8.16PM	 9.16PM	 8.20AM

Fridays
This weekly **Parasha Chabura** will be given by Elkan Adler, Raffi Maurer, and Dan Artman over the next 3 weeks at **9.00am**. Come and hear an interesting idea on the Parasha to bring you into Shabbat. Join at: <https://tinyurl.com/MagenAvotZoom>.

Shabbat and Sundays
Those with confirmed bookings will be able to attend. Book here: <https://tinyurl.com/MAServicesBookingForm> by Monday PM. Attendees must bring a mask, Siddur, Chumash and tallit.

Wednesdays
Rabbi Kenigsberg's Tzurba m'Rabanan shiur at **8.30pm** will be on the topic of: "**Hilchot Hafrashat Challah (Part 1)**". After this week, the shiur will be on break for the following three weeks

Mazal Tov
Mazal Tov to David and Shelley Berke on the Bar Mitzvah of their son Rafi on 1 August at the second service. Unfortunately, they are unable to accommodate the whole Kehilla to join the Simcha but we look forward to a re-run next year, where hopefully everyone can be present.
Mazal Tov to Judith and Ben Perahia on the birth of a baby girl. Mazal Tov also to grandmother Vivienne Kesztenbaum.

Additional Information
Shul Attendees: If you develop Covid symptoms contact **Joy Kay (07956 348 392)** as soon as possible. Make sure to book/attend a test and inform Joy of the results so we can track and trace everyone who attended with you.
Friday Night: Remember say the Shema after nightfall.
Magen Maxis: Returns after the summer break.
Shiur by Rabbi Kenigsberg will follow Shabbat Mincha.


Shabbat Mevarachim Hachodesh
Rosh Chodesh Ellul, B'yom Chamishi uv'yom Shishi (20/21 Aug)
Molad: Wednesday 19 August at 1.54am and 16 chalakim

Yahrzeits

3 August	13 Av	Fiona Taylor	Father
5 August	15 Av	Sarah Josephs	Mother-in-law
10 August	20 Av	Merle Gutkin	Mother
10 August	20 Av	Jack White	Father
12 August	22 Av	Tina Leigh	Father

We wish them and their families Chayim Aruchim

HaMagen - the Magazine of Magen Avot


ISSUE 2 COMING SOON

The Editorial Committee are seeking contributions from every member for the forthcoming Edition of HaMagen which will be published and distributed in time for Rosh Hashanah. We expect to produce a vibrant varied and entertaining magazine and with your contributions this will certainly be the case. Articles on every topic will be considered but we are looking for the following contributions in particular:-

- Articles on any subject (within reason) will be considered and may be of Jewish/religious topics which engage or enthuse you but may be secular too. The Editor reserves the right to edit any article for reasons of length and clarity. Poems will be welcome too.
- "What I did in lockdown"- unusual or unexpected consequences experienced during the pandemic.
- Homeschooling - the views of children and their parents including successes and failures!
- "You must be joking"- we will also feature those jokes, cartoons and other articles which cheered us up when times were tough. Many circulated on social media. Send us the best ones you can find.
- Simchas - we will include a Nachas section detailing simchas we may not have been able to share as a community - weddings, anniversaries, births, Bar and Bat Mitzvahs, degree and other qualifications achieved. Please send us a short note and some pictures. Nominal charge of £18 per insertion plus £5 per picture.
- We will invite advertisers to help sponsor the publication costs. Members, their friend's family and business contacts are invited to extend New Year greetings in the magazine. An advertising form is attached here: <https://tinyurl.com/y2q89a6j> which can be used for booking an advert or a line for the Nachas section.
- Students- we would love to hear from Uni students on how their studies and Jewish life were affected this year.
- We are also keen to cover the activities of Y@MA and our younger children - plenty of pictures please!
- Please send all your articles and suggestions by email to: hamagen@magenavot.com

THE 3-T PROJECT



In uncertain times such as these, with no clear end in sight, we can't control much of what is going on around us. However, we can control our response.

To change what we can for the good, the Magen Avot community is uniting around special initiatives as part of **The 3-T Project**; referencing the 3 pillars of **Teshuva, Tefilla and Tzedaka**.

You are invited to participate to join whichever initiatives appeal most to you - beginning here, in the dark period of the 9 Days and running through the summer towards the renewal of Ellul and the Yamim Noraim.

Please join us and together we can create a little light in these dark times.

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|-----------------------------|---|---|-------------------------------------|--|
| <p>1
TESHUVA</p> | <p>Learn Gemara
Rosh Hashana</p> | <p>Shiurim and Other
Learning Opportunities</p> | | |
| <p>2
TEFILLA</p> | <p>Magen Avot
Tefilla Companion</p> | <p>Learning and
committing to more
meaningful Tefilla</p> | | |
| <p>3
TZEDAKA</p> | <p>GIFT
Cookbook</p> | <p>GIFT
Meal
Preparation</p> | <p>Youth
Parcel
Packing</p> | <p>Support
Our
Communities</p> |

For further details on the initiatives and to register your interest in one or more of them, please visit:

magenavot.com/3t

Queries to: 3t@magenavot.com

Magen Avot THE 3-T PROJECT

MAGEN AVOT & GIFT

HELP WITH FOOD PACKING

Assist in putting together food packages for those who need it

Limited spaces available! Sign up using the link below!

Sunday 16th August, 10-11am, 11-12am
GIFT Warehouse, 61-63 Watford Way NW4 3AX

As part of the Magen Avot's TTT Project, tick your tzedakah box and help with GIFT's food packing on Sunday 16th of August!

Limited spaces available, sign up here:

<https://forms.gle/xjDPTGUgcpSp6DY17>



HM Government



How to use a face covering safely



Wash your hands before and after using the face covering



The covering should closely cover your nose and mouth



Remove by the ears - avoid touching the front



Wash the covering regularly with other laundry