

MAGEN AVOT REMAINS CLOSED UNTIL FRIDAY 24 JULY. SERVICE TIMES FOR SHACHARIT AND MINCHA BELOW ARE ADVISORY.

Friday Chabura	US Kabbalat Shabbat	Earliest Lighting	שבת Starts	Sof Zman Kriat Shema	שבת Shacharit	שבת Mincha	שבת Ends
9.00AM	7.00PM	7.35PM	9.02PM	9.01AM	9.15AM	8.45PM	10.18PM

Friday 10 July

Parasha Chabura

Join us every Friday morning on Zoom for our renowned Parsha Chabura

The Chabura for Parashat Pinchas will be given by Sara Spizzichino at 9:00am for 15 minutes

Come and hear a short and interesting idea on the Parasha to bring you into Shabbat

Join on Zoom at: tinyurl.com/MagenAvotZoom | Meeting ID: 876-0991-2998

Monday 13 July

ORGAN DONATION AND HALACHA

Do I have to opt out?

Monday 13 July 20:30

Join on Zoom at: tinyurl.com/MagenAvotOrgan
Or Meeting ID: 824 4157 6828 Password: heart

Wednesday 15 July

Rabbi Kenigsberg's Tzurba m'Rabanan shiur continues this **Wednesday** night with Volume 6 on the topic: **"Gelatin and other Modern Kashrut Controversies"**. The shiur begins at **8.30pm** and login details will be sent to the WhatsApp group.

Additional Events

For further events see posters on page four of the newsletter.

Additional Information

Thursday: Fast of Tamuz – The fast begins at **1.12am** and finishes at **10.14pm**.

Friday Night: Remember say the Shema after nightfall.

Shabbat Morning: Sof Zman Kriat Shema until **9.01am**.

Virtual Magen Maxis: Details on page two.

Shabbat Mincha: Pirkei Avot is Perek Alef.

Mazal Tov!

Mazal Tov to Esther and Julian Maurer on their silver wedding anniversary this Shabbat.

Mazal Tov to Dan Shaerf on his 40th birthday.

Sponsorship of Events at Magen Avot

Magen Avot are offering new **sponsorship opportunities** in place of Kiddushim. Events and publications can be sponsored for **£36** per item and the commemoration or celebration can be mentioned at the event taking place. If you want to sponsor please email info@magenavot.com.

Upcoming Events

Jerusalem: On the eve of Destruction

As part of our 'Journeys from Home' series, join Director of JRoots Tzvi Sperber exploring the places and events which led to the fall of Jerusalem.

Sunday 19 July
8:00 p.m.

Magen Avot Office of the Chief Rabbi J-ROOTS JOURNEYS FROM HOME

Thanks!

Thanks to Chaya Langerman for organising an excellent paint evening last Tuesday night. Much needed vital funds have been raised for GIFT and members enjoyed a valuable and creative evening that we hope to run again in the future.

Yahrzeit

The following members are observing Yahrzeits this week

Sunday 12 July	20 Tamuz	Shoina Kass	Father
Sunday 12 July	20 Tamuz	Joyce Velenski	Husband
Tuesday 14 July	22 Tamuz	Deborah Barnett	Grandfather
Tuesday 14 July	22 Tamuz	Cecil Taitz	Father
Wednesday 15 July	23 Tamuz	Simon Bentley	Mother
Thursday 16 July	24 Tamuz	Jay Schechtel	Brother

We wish their whole family Chayim Aruchim

Virtual Magen Maxis

שלום Magen Maxis! Let us start with our davening:-

- מודה אני
- על מצוות ציצית
- שעשני כרצונו up to and including ברכות
- We then move to נשמת.
- We daven from the beginning up to גואל ומושיע
- We jump to על כן עברים and daven right up to the end of ישתבח
- Then we sing אדון קל.
- We then move to the 3 paragraphs of שמע and then from צור ישראל until the end of the עמידה.

Now it's time for your snack and story.

The Missing Tefillin (continued)

So far..... The Tefillin are lost – they've been taken by the binmen and are now probably in a smelly, disgusting landfill! Mr Cohen has a plan. He races outside, hails a taxi and tells the driver: FOLLOW THAT DUSTCART! As fast as you can. The taxi driver gives him a strange look but drives as fast as he can after the dustcart.

Mr Cohen jumps out of the taxi, pays the driver and looks around frantically – just one ENORMOUS mountain of rubbish. He doesn't know where to start! He sees a small building where some bin men are drinking coffee so he races over to them.

"My tefillin, my tefillin, I need my tefillin!"

A big burly binman stands up: "What are tefillin? What do they look like? Have you seen the size of the mountain of rubbish? No one could find anything in there. Talk about a needle in a haystack! You'd better say goodbye to them forever and just get new whatever it is....."

"You don't understand! I have to get them back. They are holy! I use them every morning when I say my prayers! They're holy! They don't belong in a stinky smelly landfill". And poor Mr Cohen just bursts out crying.

"Ok, sir". I'm going to look for them!"

All his mates stare at him as if he is mad but our big burly binman marches off, onto the mountains of rubbish.

Half an hour later, Mr Cohen cannot believe his eyes! There they are! A bit dirty and a lot stinky but definitely his Tefillin. The binman hands them over with a big smile! Mr Cohen takes them and looks up at the binman, a huge smile on his face.

"How can I possibly pay you for your enormous kindness?"

The binman looks at Mr Cohen. "Well yes, there is something you can do. You see, my wife is Jewish and exactly a year ago her elderly mother died. My wife is desperate. She wants someone to say a Jewish prayer called Kaddish for her mother. Well, I don't know what "kaddish" is but would you be able to say a prayer for her mother?"

Mr Cohen throws his arms around the binman. With tears flowing down his cheeks he promises to do just that! And every year for the rest of his life, Mr Cohen says kaddish in shul on the yahrzeit of a wonderfully kind man who is married to a Jewish wife."

Have a wonderful week

Ruth Ehreich (Head of Magen Maxis)

Member Support



Support for Members affected by the Covid crisis or the Lockdown

Whatever the issue - Employment, State Benefits, Counselling, Financial advice or Financial support; for these and any other concerns there are facilities for support and assistance within MA and the wider community.

For more information about where to turn and a completely confidential chat, please contact Rabbi Kenigsberg on rabbi@magenavot.com or on 07891 988 201.

Message from the Magen Avot Project Restart Team with FAQs

We are delighted to announce the reopening of Magen Avot on July 24th.

Although the Government has confirmed that places of worship could reopen from 4th July, we are taking a cautious approach as we have to take into consideration the practical and safety issues connected with sharing our premises with the Nancy Reuben school. To that end, we have set up a "reopening task force" who have been working hard to ensure that we are protected and safe upon our return to shul.

In our preparations we have been advised by the Chief Rabbi and the United Synagogue. Their requirements for reopening are not optional, and thus all those members who wish to attend services are required to comply with these requirements. These may well change before our reopening date, and therefore we will be sending out further guidance and information nearer the time.

It is imperative that people who are experiencing symptoms of Covid-19 or have been in contact with anyone who has experienced symptoms of Covid-19 in the last 2 weeks, should not come to shul, due to the risk that they pose to others.

Older members and those that are clinically vulnerable should use their judgement to decide whether to attend services.

Regretfully, in line with current United Synagogue guidance, we are unable to allow children under 12 to attend services at this stage. We are, however, actively looking into alternative arrangements for children's activities, and we hope to release further details about these shortly.

We will be operating a booking system for all minyanim (Mincha and Kabbalat Shabbat, Shabbat morning, Shabbat Mincha and Ma'ariv and Sunday morning Shacharit). This is to comply with the Government track and trace requirements, and so that we can plan seating, based on demand. Priority will be given to those saying Kaddish, or with Yahrzeits or S'machot. Details about how to book will be sent out shortly, but only those who have booked, and received confirmation of their place will be able to attend the service they have chosen.

Please see the FAQs below, and should you have any further questions at this stage, Joy Kay will be happy to try and answer them.

With all good wishes,

Magen Avot Project Restart Team

PROJECT RESTART-FAQs

ATTENDING SERVICES

When is Magen Avot reopening for services?

We are planning to reopen on Friday July 24th, for Mincha and Kabbalat Shabbat. Before this date, we will have put in place our health and safety measures, along with risk assessment requirements.

Which services will be taking place?

Mincha and Kabbalat Shabbat, Shabbat morning, Shabbat Mincha and Ma'ariv and Sunday morning Shacharit.

Will there be restrictions on the number of people able to attend services?

Yes, as we are operating with 2 metre distancing.

How do I book to attend services?

A booking form has been created here: <https://myus.theus.org.uk/events/61991/magen-avot-davening-sign-up/>

If you cannot book online, please call Joy Kay on 07956 348392 who will assist you in booking.

Can I bring my children or grandchildren?

Unfortunately, no children under the age of 12 will be able to attend at present. This is in accordance with guidance received from the United Synagogue.

HEALTH ISSUES

Will I need to wear a face mask?

Yes. Everyone should bring their own face mask. We will have some disposable face masks for those unable to bring their own.

Will I need to wear gloves?

Only when handling the Sefer Torah. Gloves will be provided for those requiring them.

Can I sing in shul?

To minimize the risk of anyone unknowingly carrying and spreading the virus, only the person leading the services will be allowed to sing.

IN SHUL

Will I be able to use Magen Avot's siddurim and chumashim?

We would ask that you bring your own siddurim and chumashim. If you need the shul to lend you sefarim, please advise Joy ahead of time so that we can arrange for these to be made available to you.

Will there be any communal tallitot available for Aliyot?

No. These will not be available for attendees to use.

Can I kiss or touch the Sefer Torah?

No. This is not permissible at the moment.

Will there be hand sanitizer available?

Yes. There will be several hand sanitizer stations in the building.

Will I be able to use the toilets?

Yes. Only one person will be able to enter at a time.

I think I may have some symptoms of the virus, but it may just be a cold. Can I still attend services?

No. We ask that you follow Government guidelines and self-isolate for a period of 14 days.

Where can I put my coat?

There will be no hanging rail for coats and you will need to keep your coat with you at all times.

Will shul be cleaned between services?

Yes. Shul will be cleaned thoroughly between each service, with particular attention being paid to door handles, taps and other surfaces where there is constant use and contact.

DISTANCING AND CLEANING

What is the role of the "Minyan Ushers"?

They will assist with seating arrangements, check that all attendees are wearing face masks, and are compliant with social distancing.

Can I walk around in shul?

No. There will be a one-way entry and exit system in place. Once you are seated, you will not be able to walk around.

Can I sit in my usual place?

Seats will not be individually allocated, and you will need to check that you are socially distanced from other people.

Will there be a kiddush?

Sadly, not yet!

MA's Project Restart team very much hopes to be able to accommodate everyone who wishes to come to shul, but, as we have stated, our capacity is severely limited due to social distancing requirements. We are exploring the option of having 2 separate minyanim on a Shabbat morning, and possibly at other times, should there be a demand for it. More details to follow!

INSPIRING ONLINE CONTENT FOR SHIVA ASAR B'TAMMUZ, THE THREE WEEKS AND TISHA B'AV



THURSDAY, JULY 9, 2020

JM in the AM
Special Shiva Asar B'Tammuz Program
Nachum Segal



INTRODUCTION

Why Do We Fast on the 17th of Tammuz (Aish.com)
The Fall of Yerushalayim (Megalim Institute)

Why was the First Temple Destroyed?
Yirmiyahu vs. Mesechet Yoma
Rabbi Menachem Leibtag

In partnership with Herzog College's week-long Yemei Iyun b'Tanakh: www.herzog.ac.il



VIRTUAL TOUR OF ISRAEL

Glory and Destruction
in Second Temple Jerusalem
Shulie Mishkin



Sticks, Stones, and Sour Figs...
What Do YOU See?
Rabbanit Shani Taragin



VIRTUAL TOUR OF ISRAEL

Wall to Wall:
Exploring Jerusalem's History Through its Walls
Rabbi Ken Spiro



ANIMATED VIDEO

The Contemporary Relevance of Shiva Asar B'Tammuz

In partnership with AlephBeta: www.alephbeta.org

VIEW ON DEMAND AND REGISTER FOR UPDATES
AND MATERIAL TO YOUR EMAIL OR WHATSAPP AT

WWW.MIZRACHI.ORG/THREEWEEKS



Love in Lockdown:
How has living in quarantine affected our relationships?

Sunday 12 July, 8.15pm

Being stuck at home with our loved ones brings a whole new dynamic to our relationships. Join Hadassah (Psychologist) and Raisel (Maayan) for a discussion (chaired by Yehudit Bauernfreund, Alei Women's Officer) about the impact of quarantine on our relationships, from both psychological and halachic perspectives.



Rebbetzin Dr Hadassah Fromson (Counselling Psychologist and Relationship Counsellor)



Maayan Raisel Freedman (Alei Tzion Taharat Mishpacha hotline)

Zoom meeting ID:
838 6686 9701
Password: Alei
(please note this is a women's event)



YOU ARE INVITED TO A
LIVE SCREENING OF Magen Avot

TECHNION UK
The WOMEN'S BALCONY

THE NUMBER 1 BOX OFFICE HIT IN ISRAEL

THURSDAY 16TH JULY | 8PM



To book: <https://technionuk.org/movie-night>

After the women's section of a synagogue in Jerusalem collapses during the excitement of a bar mitzvah, a new rabbi enters the congregation, tries to change the traditions and refuses to rebuild the upstairs. The women of the congregation unite to fight this decision. This comedy has been nominated for numerous awards in Israel and abroad.



Bat Mitzvah Course

Join Magen Avot's exciting new Bat Mitzvah course.

Inspiring teachers, a fun environment, source based learning, interactive activities, and more

Learn about key themes in Judaism and their relevance to our lives

Sessions by Rebbetzen Sarah Kenigsberg

Workshops with Jami, GIFT and Emunah



September 2020 - July 2021, every 2-3 weeks during term
Monday evenings, 7.30-9.00pm Hendon-based Course Price: £40
All Year 7 girls welcome - both members and non-members

To sign up, please visit: tinyurl.com/mabatmitzvah
Limited space - book now to avoid disappointment

For more info: Patti - pattischusterman@yahoo.com Sarah - rebbetzen@magenavot.com