











Friday Chabura	US Kabbalat Shabbat	Earliest Lighting	שבת Starts	Sof Zman Kriat Shema	שבת Shacharit	שבת Mincha	שבת Ends
 9.00AM	 7.00PM	 7.38PM	 9.07PM	 8.53AM	 9.15AM	 8.55PM	 10.28PM

## Events

Whatsapp Group: <https://tinyurl.com/yx4xac4v>.

### Friday 19 June



**Magen Avot**

## Parasha Chabura

Join us every Friday morning on Zoom for our renowned Parasha Chabura

The Chabura for **Parashat Shelach Lecha** will be given by **Ian Gamse** at **9:00am** for 15 minutes

Come and hear a short and interesting idea on the Parasha to bring you into Shabbat

Join on Zoom at:  
[tinyurl.com/MagenAvotZoom](https://tinyurl.com/MagenAvotZoom) | Meeting ID: 876-0991-2998

### Sunday 21 June



ASHLEY BLAKER

## LIVE FROM LOCKDOWN

A comedy show exclusively for members of Magen Avot

Join us for an evening of entertainment and laughs!  
**Sunday 21 June | 8.30pm**

Link to be circulated nearer the time.

Magen Avot

### Wednesday 24 June

Rabbi Kenigsberg's Tzurba m'Rabanan shiur continues this **Wednesday** night. The topic is "**Hilchot Kashrut**". The shiur begins at **8.30pm** and zoom login details will be sent out prior to the event via WhatsApp.

## Additional Information

**Friday Night:** Remember say the Shema after nightfall.

**Shabbat Morning:** Sof Zman Kriat Shema until **8.53am**.

**Virtual Magen Maxis:** Davening instructions and story from Ruth Ehreich at the bottom of page two.

**Shabbat Mevarchim:** Rosh Chodesh Tammuz Yiheye Beyom Hasheini ubeyom Hashlishi Haba Aleinu Letova

**Molad Announcement:** The Molad will be on the morning of Sunday 21 June at 12.26am and 14 Chalakim.

**Kiddush:** This week's Kiddush has been kindly donated by **Family Langerman** in memory of Chaya's beloved late father Shmuel Goldberg z"l who passed away on Shabbat Shelach Lecha.

**Shabbat Mincha:** Pirkei Avot is Perek Bet.

## Sponsorship

**Avidan Weisz** (son of Marion and Yoni Weisz) is doing a **220km** sponsored bike ride for charity in the summer. Please consider sponsoring him for this worthy cause at the following link: <https://tinyurl.com/yco9w2rm>. Full details of his amazing effort are on his sponsorship page.

## Sponsorship of Events at Magen Avot

Magen Avot are offering new **sponsorship opportunities** in place of the weekly Kiddushim. The weekly Chabura, newsletter, and Rabbi's shiur can all be sponsored, as well as our special events such as virtual tours, cooking demos, challah bakes, and outside speakers. These events can also be sponsored to commemorate a Yahrzeit or to celebrate events such as birthdays, anniversaries, and achievements of note. The cost to sponsor each event is **£36** and the commemoration or celebration will be mentioned at the time of the event taking place. If you would like to sponsor or for more information email [info@magenavot.com](mailto:info@magenavot.com). Thank you for your support!

## Upcoming Events

**Tuesday 30 June at 7.30pm** - Join us for a fascinating conversation with **Professor Shulamit Levenberg**, one of Israel's leading scientists. Prof. Levenberg is the Dean of the faculty of Biomedical Engineering at the Technion and is also Chief Scientific Officer of Aleph Farms, creators of the world's first lab-grown steak. She was selected by Scientific American as one of the world's 50 top scientists. An event not to be missed!

**Monday 13 July at 8.30pm** - Special shiur with Rabbi Kenigsberg on: "**Organ Donation and Halacha: Do I have to opt out?**"





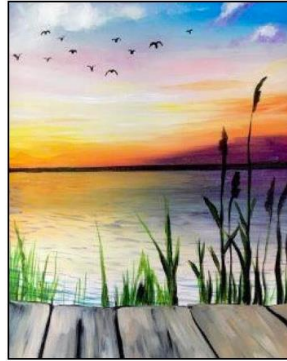
# PAINT NIGHT



## Join us for evening of painting in aid of GIFT Tuesday 7th July | 8.00pm

Join Marian from Just Paint to create a beautiful painting. Marian runs paint nights, parties, clubs, one-to-one sessions, and much more.

The picture we will paint:



Recent painting by Marian

Attendees will receive a package to their home, containing the following:

Canvas                      Brushes  
Acrylic paints              Snacks

Cost:  
**£30 per person**  
(all proceeds go to GIFT)

Sign up at:  
[jgift.org/magenavotpaintnight](http://jgift.org/magenavotpaintnight)

### Virtual Magen Maxis (Ruth Ehreich)

מגן מַאֲסִים Magen Maxis! Let us start with our davening:-

- חוּדָה אֲנִי
- עַל מַצּוּת צִיצִית
- Set of שְׁעֵשְׁנֵי כַרְצוֹנוֹ up to and including בְּרִכּוֹת
- We then move to נִשְׁמַת
- We daven from the beginning up to גּוֹאֵל וּמוֹשִׁיעַ
- We jump to עַל כֵּן עֲבָרִים and daven right up to the end of יִשְׁתַּבַּח
- Then we sing אֲדוֹן
- We then move to the 3 paragraphs of שְׁמַע and then from צוּר יִשְׂרָאֵל until the end of the עֲמִידָה.

Now it's time for your snack and story.

#### **A Thorn in the Desert**

Rabbi Ostreicher was a Rosh Yeshiva in Israel. He lived in a small town near to the open desert, a place that was uninhabited and stretched for miles. Mostly boring sand and a hot wind blowing making it into a place where nothing much happened. Rabbi Ostreicher's house was right by the desert.

Rabbi Ostreicher had had a busy morning at the Yeshiva. It was a very hot day and when he finished, he walked back to his house for a quick lunch and a rest before heading back to the Yeshiva once again. So, there he was, relaxing on his couch when something he saw made him sit up suddenly. The whirr of helicopter blades getting louder and louder. He couldn't see much because it was far away but as he watched he saw the helicopter descending till it landed on the desert sand! In the middle of absolutely nowhere! He watched as someone climbed down off the helicopter and walked around it to the other side. Of course, that meant that Rabbi Ostreicher couldn't see the man anymore! But he carried on watching and after about 30 minutes he saw the man climb back up into the helicopter, heard the sound of the engine being turned on and observed the helicopter lifting off from the desert sand back into the sky till he couldn't see it anymore.

What on earth just happened?

And then, he noticed another figure, dressed in a black coat, black trousers, and a white shirt – the uniform of the Charedi community and also of his Yeshiva! As he watched as the figure dusted himself off, turned and started to walk in his direction. What on earth.....?

By now it was time for Rabbi Ostreicher to head back to his Yeshiva, not knowing what to make of what he had seen!

His afternoon began as usual with the Rabbi giving a Shiur to his group of boys. He noticed that one of them – a boy called Yehuda – had a bandage around his wrist and hand. After the Shiur, Yehuda came up to him. "Rabbi, can you spare a moment for me to tell you something? This is what he told him:

"I live with a few other boys and it's always noisy! And I was desperate for a bit of quiet. So, I made up my mind that during lunch break, I would take a sandwich and lots of water and walk into the desert, just to clear my head. I let my mind wander where it wanted and hardly noticed that I was getting deeper into the desert! I passed by a rock and saw a beautiful flower that was growing in a crack in the rock and I bent down to smell it. It smelled wonderful! So, I put out my hand to pluck it and take it back to my flat when – WOW – something pricked me! But what pain! As I pulled my hand away, I felt a thorn pricking even deeper into my wrist! And the blood..... so much blood, it was pouring out of my wrist. I tore off my shirt to try and stem the bleeding, but to no avail. Blood everywhere and no-one around to help me. I felt myself getting weaker and weaker and I had to lie down. "This is it!" I thought, "I'm going to die". Of course, there is no mobile connection in the desert. With the last of my strength I shouted to Hashem! "Help me! Help me! I'm only 17 years old! I have so much more Torah to learn and Mitzvos to keep. I don't want to die!

**Continues next week...**