

Shabbat 13 June 2020 | 21 Sivan 5780

Parashat Beha'alotcha / פרשת בהעלתך

Friday Chabura	US Kabbalat Shabbat	Earliest Lighting	שבת Starts	Sof Zman Kriat Shema	שבת Shacharit	שבת Mincha	שבת Ends
9.00AM	7.00PM	7.35PM	9.04PM	8.52AM	9.15AM	8.50PM	10.24PM

### Events

Whatsapp Group: <https://tinyurl.com/yx4xac4v>.

### Thursday 11 June

**KOSHER DELI**  
**WE'RE GOING LIVE!**

With Penina from @simply.pea with some of her fave & fast dishes

Thurs, June 11  
8:00pm

join us @kosherdeli\_uk

### Friday 12 June

Magen Avot

**Parasha Chabura**

Join us every Friday morning on Zoom for our renowned Parsha Chabura

The Chabura for Parashat Beha'alotcha will be given by Daniel Ehereich at 9:00am for 15 minutes

Come and hear a short and interesting idea on the Parasha to bring you into Shabbat

Join on Zoom at:  
[tinyurl.com/MagenAvotZoom](https://tinyurl.com/MagenAvotZoom) | Meeting ID: 876-0991-2998

### Wednesday 17 June

Rabbi Kenigsberg's Tzurba m'Rabanan shiur continues this **Wednesday** night. The topic is "**Yayin Nesech and Stam Yeinam - the laws of Kosher wine**". The shiur begins at **8.30pm** and zoom login details will be sent out prior to the event via email and WhatsApp.

### Additional Information

**Friday Night:** Remember say the Shema after nightfall.

**Shabbat Morning:** Sof zman Kriat Shema until **8.52am**.

**Virtual Magen Maxis:** Davening instructions and story from Ruth Ehereich at the bottom of page two of this newsletter.

**Shabbat Mincha:** Pirkei Avot is Perek Bet.

### Sponsorship

**Avidan Weisz** (son of Marion and Yoni Weisz) is doing a **220km** sponsored bike ride for charity in the summer. Please consider sponsoring him for this worthy cause at the following link: <https://tinyurl.com/yco9w2rm>. Full details of his amazing effort are on his sponsorship page.

### In case you missed it...

We would like to thank **Rabbi Dr Ari Sytner** who gave a talk on Wednesday evening on the topic of: "**Calm Amidst the Storm: A Torah Approach to Mental Health and Wellness During Times of Crisis**". In case you missed it make sure to click here for an extremely relevant and inspiring talk filled with helpful and practical advice: <https://tinyurl.com/y9h3oksr>.

Thanks to **Fabienne Viner-Luzzato** who gave us a challa and brioche demonstration on Wednesday evening. Thanks also to **Debbie Meyer** who gave shiur. Thanks also to our kind sponsor **Chaya Langerman**. The event can be watched again here: <https://tinyurl.com/y86k9tcc>.

### Sponsorship of Events at Magen Avot

Magen Avot are offering new **sponsorship opportunities** in place of the weekly Kiddushim. The weekly Chabura, newsletter, and Rabbi's shiur can all be sponsored, as well as our special events such as virtual tours, cooking demos, challah bakes, and outside speakers. These events can also be sponsored in order to commemorate a Yahrzeit or to celebrate events such as birthdays, anniversaries and achievements of note. The cost to sponsor each event is **£36** and the commemoration or celebration will be mentioned at the time of the event taking place. If you would like to sponsor or for more information, please email [info@magenavot.com](mailto:info@magenavot.com). Thank you for your support!

### Yahrzeits

The following members are observing Yahrzeit this coming week

Date	Member	Yahrzeit	
שבת 13 June	21 Sivan	David Cooper	Wife
שבת 13 June	21 Sivan	Chaya Langerman	Father
שבת 13 June	21 Sivan	Paul Taylor	Father
Tue 16 June	24 Sivan	Neville Gamsu	Mother

We wish them and their families Chayim Aruchim

ASHLEY BLAKER

# LIVE FROM LOCKDOWN

*A comedy show exclusively for  
members of Magen Avot*



Join us for an evening of entertainment and laughs!

**Sunday 21 June | 8.30pm**

Link to be circulated nearer the time.



Magen Avot

## Upcoming Event – Tuesday 7 July

Magen Avot in support of GIFT will be holding an online Zoom **"Paint Night"** with **Marian Myers** on **Tuesday 7 July** at **8.00pm**.

The cost will be £30 per person with each attendee receiving a package delivered to their home which will include: a canvas, acrylic paints, brushes and snacks.

To book for this event please visit the GIFT website here:  
<http://www.jgift.org/magenavotpaintnight>.



Marian Myers with  
her painting of Captain Tom!



Above is the painting you  
will produce on the evening

## Virtual Magen Maxis (Ruth Ehreich)

מגן מקסיס! Let's start with our davening:-

- מודה אני
- על מצוות ציצית
- Set of ברכות up to and including כרצונו
- We then move to נשמת.
- We daven from the beginning up to גואל ומושיע
- We jump to על כן עברים and daven right up to the end of ישתבח
- Then we sing קל אדון
- We then move to the 3 paragraphs of שמע and then from צור ישראל till the end of the עמידה.

Now it's time for your snack and story.

### Best Friends

The boys were too stunned to move. There's the brand-new latest model apple watch – a mix of a computer, telephone, WhatsApp and loads of other things, also small enough to wear on your wrist! And it lies shattered on the floor. Then they all rushed to their seats leaving one boy alone standing there: Heshy.

He whispered "it wasn't me; it really wasn't me!" And suddenly he wasn't standing there alone. There was another boy standing next to him". Heshy looked at Ari with eyes that said "thank you".

And then, a frightened boy stood up at the back of the room! It was Efraim. In a very small voice, he whispered: "It was me! But it was an accident. I picked it up to look at it and it slipped out of my hand".

The teacher just stood there. Then he said: I might have been an accident but you shouldn't have picked it up. Now you'll have to pay for it. It cost me £400! For a new one."

Efraim burst into tears. How was he ever going to get £400! He had £10 savings, but £400? Impossible! All the other boys went out to break leaving him standing there crying?

Heshy felt so sorry for Efraim. He didn't play football at break like the others. Instead he whispered his plan to the other boys.

Then he went up to Efraim. "Efraim I need to speak to you. It could have been any one of us. Anyway, all the boys of the class are going to give you money from their pocket money. We were all there and we'd like to help you".

"Really?" said Efraim. I'm the one who dropped it. Why should they give me their money?"

"Because we want to help a friend!"

And then Heshy had a great idea! "Why don't you and Ari both come to a birthday sleep party at my house tonight?" Efraim was delighted at the idea. And that's how a twosome became a threesome! They had massive pillow fights, loads of food, played dreidel and stayed up half the night talking and laughing.