

Friday Chabura	Earliest Lighting	US Facebook LIVE	שבת Starts	Sof Zman Kriat Shema	שבת Shacharit	שבת Mincha	שבת Ends
9.00AM	7.17PM	7.15PM	8.42PM	8.57AM	9.15AM	8.30PM	9.58PM

Events



To get event details and Divrei Torah from the Rabbi please join the MA: Community Whatsapp Group at the following address on your mobile phone: <https://tinyurl.com/yx4xac4v>

If you (or someone you know) are having any technical issues with WhatsApp or Zoom, we are happy to provide assistance. Drop an email to info@magenavot.com explaining your issues and we will connect you with one of our helpers free of charge.

Thursday 21 and Friday 22 May: Yom Yerushalayim / יום ירושלים

THURSDAY

In honour of Yom Yerushalayim, there will be a special 30-minute presentation at **8.00pm** (followed by Q&A) by Alon Wald son of Captain Rami Wald z"l who was killed in action during the six day war (see poster opposite). Following this a link will be shared for an audio-visual presentation produced by **Mizrachi UK** called: "**Heart of a Nation**".

FRIDAY

Friday 9.00am: In conjunction with Hendon United Synagogue please join us for a talk by Rabbi Joshua Gerstein (Rabbi, Nahal Haredi, IDF) on "**Yerushalayim – Oroh Shel Olam:** a message about the light and hope radiated by Yerushalayim even in darker times". Zoom Meet: 193973537.

6.30pm – 7.15pm: Yom Yerushalayim concert featuring: Eitan Freilich, Eli Tamir, Albie Chait, Yossi Muller, Jonny Turgel and Steven Leas including presentations by Chief Rabbi Ephraim Mirvis and H.E. Ambassador Mark Regev (details on US Facebook Page and poster on page 2).

7.15pm: US Kabbalat Shabbat LIVE! (US Facebook Page).

Sunday 24 May – Wednesday 27 May: Shavua Shel Torah



Join us each day for a different guest speaker in preparation for Shavuot. Shiurim will be available live. Please see our poster on page 3 of the newsletter.

Monday 25 May | Monday 1 June

MON

Monday 8.30pm: Part two of our three-part series on "The Race to Beat Covid-19 in the UK". The topic this week is "**Dealing with those infected/affected by the virus**". Zoom Meet: 193 973 537 or live on our Facebook Page (link below).

We would like to thank Professor Laurence Lovat and Professor Peter Sasieni for last Monday's fascinating talk which is now available to watch here: <https://tinyurl.com/ybeny2dw>.

Thursday 28 May: Storytime with Ruth Ehreich

THURSDAY

Thursday 9.30am: We encourage all children to join us on the morning before Shavuot for a Live Zoom Storytime and cheesecake party (see poster on page 2) with Ruth Ehreich. This will be followed by a reading of Asseret Hadibrot by Dan Artman for the whole kehillah from **9.45am**.

Shavuot Timings together with a special learning pack will be released with next week's newsletter.

Announcements

Mazal Tov to Emilie and Saul Morris on the safe arrival of their first grandchild, a son to Yael and David Morris in Raanana last Shabbat.

Friday Night: Remember to say the Shema after nightfall and to count day 44 of the omer.

Shabbat Morning: Sof zman Kriat Shema until **8.57am**. Virtual Magen Maxis is on page two.

Shabbat Machar Chodesh: When Parashat Bamidbar coincides with a special Shabbat, we read a different Haftarah: I Samuel 20:18 - 20:42.

Rosh Chodesh: Rosh Chodesh Sivan Yiheyey beyom Harishon Haba Aleinu Letova. Molad will be on Friday 22 May at 11.42am and 13 chalakim.

Kiddush: This week's "Kiddush" has been donated by Joy and Mel Kay to celebrate the Bar Mitzvah of their grandson in Modi'in, Israel. Mazal Tov!

Sponsorship: Continue to sponsor Kiddushim to show appreciation for our carers and the NHS. For information contact Joy Kay on 07956 348 392.

Shabbat Mincha: Pirkei Avot is Perek Vav.

Yom Yerushalayim

NER YISRAEL & MAGEN AVOT ARE PROUD TO PRESENT

THE STORY BEHIND AMMUNITION HILL

SPECIAL ZOOM PRESENTATION

Yom Yerushalayim
Thursday 21st May 2020

Begins 8:00pm
30 minute talk
Followed by Q&A

Alon Wald is the Head of Operations at Ammunition Hill, National Heritage Center. He is the son of Captain Rami Wald z"l, who fought in Jerusalem during the Six-Day War, and was killed in action while leading the Paratroopers into Ammunition Hill.

Alon dedicates his life to the legacy of the Liberators of Jerusalem, among them, his father. The lecture describes his lifetime of national service and efforts to know and understand his father: a reservist of the Paratrooper Brigade who in 1967 left his wife and son for the greater good of his nation.

JOIN US ON zoom

Join at tinyurl.com/alonwald Password: 1967

Virtual Magen Maxis

ליום שבת שלום Magen Maxis! Let's start with our davening:-

- מודה אני
- על מצוות ציצית
- Set of ברכות up to and including כרצונו.
- We then move to שמחת.
- We daven from the beginning up to גואל ומושיע.
- We jump to על כן עברים and daven right up to the end of ישתבח.
- Then we sing אדון קל.
- We then move to the 3 paragraphs of שמע and then from עמידה till the end of the צור ישראל.

Now it's time for your snack and story.

I AM NOT GOING TO GET ANGRY! (Continued)

Whatever Hashem does He does for the best

After Shabbos we all manage to clean up the worst of the mess and I am still not angry! I'm actually quite pleased with myself! Only two days to go! It's Sunday morning when my wife screams! The fish smells awful! My daughter wrinkles up her nose – yucky! There's a serious problem with the fridge and it's broken! All the food smells disgusting! All that money spent on food for Pesach and we have to throw it away! The fish, the meat, the chicken, the kugel all thrown away. My wife is crying. It's very hard to do to comfort my wife but I still say it:

I AM NOT GOING TO GET ANGRY!

Whatever Hashem does He does for the best.

I AM NOT GOING TO GET ANGRY!

Whatever Hashem does He does for the best.

So far despite my resolution to stay calm before Pesach, everything in the house is going wrong. Am I going to start shouting and screaming?

It's Sunday but the repair people who come, charge a fortune, leave with lots of money and still the fridge isn't working. When we phone the fridge company they say: Oh, we forgot to tell you, it'll take 24 hours to start again after the repair job! Luckily, we manage to borrow two small fridges and one small freezer from our neighbours, so we get to work cleaning them up and once again my wife makes me go shopping and then starts cooking all over again.

My mobile phone starts to ring. It's from "home". I hardly dare to answer it. What can it be this time!

"The oven's broken! We need to buy a new one".

This is actually unbelievable. Can this really be happening?

Let's find out next week.



Ruth Ehreich (Head of Magen Maxis)

Storytime and Cheesecake Party

 Magen Avot



B.Y.O.C.

Bring your own cheesecake

Join us for an Erev Shavuot meet-up for Magen Minis, Maxis and the whole kehilla.

Thursday 28th May 2020

9.30am Storytime with Ruth Ehreich for kids

9.45am Reading of the Asseret HaDibrot by Dan Artman for the whole Kehilla.

Looking forward to seeing you all there!

 tinyurl.com/MABYOC | ID: 863 8680 8206
Password: TenDibrot

Community Shabbaton at Home (Jerusalem Edition)



THE UK COMMUNITY SHABBATON @ HOME THE JERUSALEM EDITION

22nd & 23rd MAY 2020 | 29th IYAR 5780
PARASHAT BAMIDBAR | פרשת במדבר

Chief Rabbi Ephraim Mirvis | Ambassador Mark Regev |
Pre Shabbat Yom Yerushalayim Concert | Live Havdalla |
Divrei Torah | Quizzes | Stories | Kids Corner |
Guide to Tefillot | Jerusalem Personalities

BRINGING JERUSALEM TO YOUR HOME

NHS Heroes Fundraising Initiative

I am writing to you in regards to a fundraising initiative that I together with my colleague Cllr Zinkin assisted in establishing to support the front-line staff at The Royal Free, Barnet General and Chase Farm Hospitals. I have attached a note that we received yesterday from the Chief Rabbi in support of this initiative.

Some may have seen the BBC documentary last night focusing on the Royal Free and particularly illustrating the efforts that the staff are putting in to help our family, friends, neighbours and associates.

While I am aware there was another campaign led by the local Kehilla this was specific to buy a piece of equipment for the hospital as a token of appreciation. This campaign is supporting the front-line staff personally and covers all 3 hospitals under the Royal Free Trust. The funds will go towards funding Psychological support, transport costs, overnight stays, care packages after a long shift etc.

Please support this campaign by donating through the link below and get your family, friends and associates to donate also.

<https://www.charityextra.com/nhsheroes/4091>

<https://www.charityextra.com/nhsheroes/signup>

Kind Regards,

Dean Cohen

Message from Chief Rabbi Ephraim Mirvis

I was delighted to hear about the fundraising efforts that are being undertaken on behalf of the Royal Free Trust in order to recognise the extraordinary dedication of our frontline NHS staff - men and women of tireless commitment and limitless compassion.

In these unprecedented circumstances, we are indebted to the wonderful NHS staff at The Royal Free in Hampstead, Barnet General in Barnet and beyond, who are demonstrating remarkable altruism and care. I welcome the opportunity been given to us to articulate our admiration and show our heartfelt appreciation.

I urge everyone who is able, to support this worthy cause.

With every blessing,

Chief Rabbi Ephraim Mirvis
May 2020 • Iyar 5780

שבוע של תורה

WEEK OF TORAH



Prepare for Matan Torah with Magen Avot and a star-studded line up of speakers. All shiurim will be given over Zoom, as well as streamed and archived on our Facebook page.



SUNDAY 24TH MAY / 7.30PM

Rabbi Gidon Rothstein

What Chumash learning should mean to us



MONDAY 25TH MAY / 8.00PM

Glenn Bezalel

The Radical Nature of Na'aseh veNishmah



TUESDAY 26TH MAY / 8.00PM

Rabbi Daniel Rowe

What was actually given at Mt. Sinai?



WEDNESDAY 27TH MAY / 8.00PM

Shalvie Freedman

From Shir Hashirim to Rut: A staircase to heaven



tinyurl.com/ShavuaShelTorah

Meeting ID: 850 6294 9955
Password: Sinai

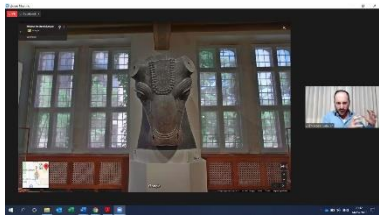


facebook.com/MagenAvot

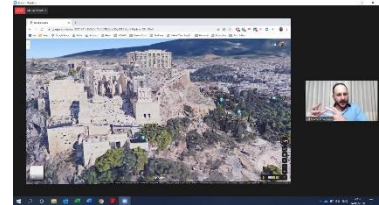


FOUR KINGDOMS

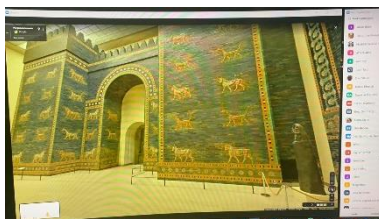
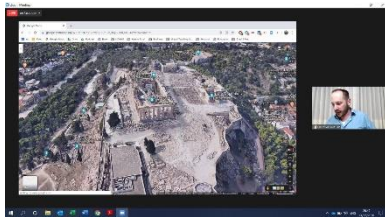
Magen Avot ran an Interactive Virtual Museum Tour with the help of the outstanding **Nachliel Selavan** on Thursday 14 May. The "Four Kingdoms" tour is a unique experience looking at those kingdoms that have dominated over the Temple in Jerusalem: Babylon, Persia, Greece and Rome. The tour is now available on our Facebook Page. We encourage all those who were unable to attend to watch the live stream recording here: <https://tinyurl.com/yb6rf7r3>. The handout used during the session is available here: <https://tinyurl.com/ya4bqb2w>.



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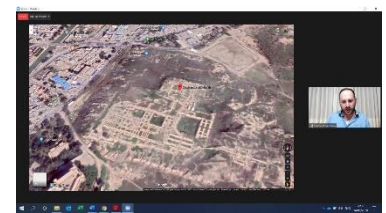


Nachliel Selavan
46 minutes ago

Four Kingdoms Tour

United Synagogue was live. Yesterday at 10:10 PM

You are watching an interactive virtual museum tour run by Nachliel Selavan. The "Four Kingdoms" tour is a unique experience looking at those kingdoms... See More



Magen Avot

Get started with AutoSVNAP AI.

United Synagogue

9 Comments • 3 Shares • 1.7K views

By far the largest number of participants on any tour I have guided

Thanks for connecting me. He was brilliant!

Great!

GREAT JOB!

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By far the largest number of participants on any tour I have guided

REPLY

Today

Thanks for connecting me. He was brilliant!

Great!

