

Friday Chabura	Earliest Lighting	US Facebook LIVE	שבת Starts	Sof Zman Kriat Shema	שבת Shacharit	שבת Mincha	שבת Ends
9.00AM	7.09PM	7.10PM	8.32PM	9.02AM	9.15AM	8.15PM	9.46PM

### Forthcoming Events



To get event details and Divrei Torah from the Rabbi please join the MA: Community Whatsapp Group at the following address on your mobile phone: <https://tinyurl.com/yx4xac4v>

If you (or someone you know) are having any technical issues with WhatsApp or Zoom, we are happy to provide assistance. Drop an email to [info@magenavot.com](mailto:info@magenavot.com) explaining your issues and we will connect you with one of our helpers free of charge.

### Thursday 14 May: Virtual Museum Tour

THU

Ahead of Yom Yerushalayim, the **Four Kingdoms interactive tour** (see flyer on page 2) will take place where will be visiting some of the world's great museums from the comfort of home. Join **tonight at 8.10pm** (after the NHS clap) for a unique experience looking at those kingdoms that have dominated over the Temple in Jerusalem: Babylon, Persia, Greece and Rome. Please see page two for further details. The tour will last around one hour with a Q&A session at the end.

### Friday 15 May: Chabura

FRI

A link will be sent out to the WhatsApp Group just prior to the Friday morning **9.00am** Chabura. This week our speaker will be **Daniel Greenberg**. Men and women are welcome to join.

### Monday 18 May | Monday 25 May | Monday 1 June at 8.30pm

MON

Three-part series on **"The Race to Beat Covid-19 in the UK"** in conjunction with Hendon United Synagogue and Alei Tzion featuring some of our own members (please see attached poster on page 3). This is a series of events not to be missed!

### Wednesday 20 May: Tzurba m'Rabanan

WED

Rabbi Kenigsberg's Tzurba m'Rabanan shiur continues this **Wednesday** night. This week's topic is **"Tevilat Keilim"** The shiur begins at **8.30pm** and zoom login details will be sent out prior to the event via email and WhatsApp.

### Thursday 21 May: Yom Yerushalayim / יום ירושלים

THU

Thursday night and Friday marks Yom Yerushalayim, commemorating the miraculous liberation of the Old City in 1967 and the reunification of our ancient capital. See page 2 for details of "Heart of a Nation" - a powerful audio-visual presentation produced by Mizrachi UK to be screened on Thursday night.

Look out for our Shavuot program in next week's newsletter including an array of star guest speakers including Rabbi Rothstein from NY, Glenn Bezalel, Shalvie Friedman and Rabbi Daniel Rowe

### Other Announcements

**Friday Night:** Remember to say the Shema after nightfall and to count day 37 of the omer.

**Shabbat Morning:** Sof zman Kriat Shema until **9.02am**. Virtual Magen Maxis is on page two of this newsletter.

**Kiddush:** Mazal Tov to Micol Spizzichino on turning Bat Mitzvah this week! Sara and Marco and the rest of the family look forward to celebrating with the Kehilla in the not too distant future. This week's "Kiddush" has been donated by Family Spizzichino on the occasion of Micol's Bat Mitzvah.

**Sponsorship:** Thanks once again to all those who have sponsored a kiddush over recent weeks. Because of your generosity, many NHS workers and care home staff have enjoyed Hendon Bagel Bakery's sumptuous spreads (see below) - which have been hugely appreciated. Continue to sponsor Kiddushim to show appreciation for these wonderful people. For information contact Joy Kay on 07956 348 392.



**Shabbat Mincha:** Pirkei Avot is Perek Hey.

### Mazal Tov!

Mazal Tov to Raffi Maurer on completing his degree in Computer Science at City of London University this week! Raffi has continued to assist the Shul with many activities during his degree including website design and posters for the weekly newsletters. We thank him for his time whilst studying and look forward to his further contributions in the future.

### Thanks!

We would like to thank Penina Ehreich (@simply.pea) for an enjoyable and easy to follow baking demonstration last week. We look forward to similar events in future! For those who missed it a video has been posted to our Facebook Page along with pictures of the finished Babkas from members.



## Virtual Magen Maxis

שלום Magen Maxis! Let's start with our davening:-

- מודה אני
- על מצוות ציצית
- Set of ברכות up to and including כרצונו.
- We then move to נשמת.
- We daven from the beginning up to גואל ומושיע.
- We jump to על כן עברים and daven right up to the end of ישתבח.
- Then we sing קל אדון.
- We then move to the 3 paragraphs of שמע and then from עמידה till the end of צור ישראל.

Now it's time for your snack and story.

### I AM NOT GOING TO GET ANGRY!

#### Whatever Hashem does He does for the best

This year I am determined! I will not lose my temper! Ever!

So, I'm going to make sure that our pre-Pesach work is going to be done without a fuss and my wife won't even be tired on Seder Night. I've booked the decorators to re-paint my whole house so that she won't have to do any Pesach cleaning! And then I am going to book a cleaning company to clean absolutely everywhere, even in the playroom! My house will shine! I can already smell the wonderful smell of roast chicken and kugel being cooked in my newly-cleaned kitchen. This will be a Pesach to remember!

That night. A water pipe burst in our house and water flooded in. I refuse to be angry and between us and our helpful children we manage to get it fixed. We all go to work cleaning up again! But the mess! And just after having the cleaners in! But I decide:

I AM NOT GOING TO GET ANGRY!

#### Whatever Hashem does He does for the best.

We are so proud of ourselves – the house is nice and clean again. And Pesach is still a few days away. Lots of time till then.

It is Friday night and the cooking is almost completely done. Even the Pesach cooking! The fridge and freezer are packed full of fresh food. But...CRASH! What on earth???? This time it is the main water pipe outside our house that has burst and the water is rushing through the house. I wade through the water and managed to turn it off. But it means that we have no water for the rest of Shabbos. And of course, we can't clean up because it is Shabbos! But I am determined:

I AM NOT GOING TO GET ANGRY.

#### Whatever Hashem does He does for the best.

*More next week...*

**Ruth Ehreich (Head of Magen Maxis)**

## Helping Hand

### If you need:

- **Help with groceries** -
- **Medicine or other supplies** -
- **Just someone to talk to** -
- **Or anything at all** -

PLEASE contact  
**Rebbetzen Sarah Kenigsberg**

07521 500 298  
rebbetzen@magenavot.com

## Virtual Museum Tour



Magen Avot invite you to an  
Interactive Virtual Museum Tour with Nachliel Selavan  
**THURSDAY 14 MAY @ 8.10PM**



The "Four Kingdoms" tour is a unique experience looking at those kingdoms that have dominated over the Temple in Jerusalem: Babylon, Persia, Greece and Rome.

We will examine highlights from each of the four major kingdoms through history, archaeology, Tanach, Talmud and Midrash.

Each of these Kingdoms, or Empires, has a unique character, flavour, and contribution to the Jewish narrative. We will examine this vision as it pertains to each kingdom, through the excellent exhibitions of museums around the world.



Nachliel Selavan (36), originally from the Old City in Jerusalem, has been guiding Tanach and Jewish History tours in museums since 2016. He has recently moved back to Israel after 6½ years in the US. He also runs a Tanach Study podcast on Archaeology and the Parasha.

Nachliel has prepared a PDF which will be circulated to participants so people can follow along without distracting from the visuals on the screen.

Details of how to access the tour will be released on the Community WhatsApp Group. Join the group today: <https://tinyurl.com/yx4xac4v>



## Yom Yerushalayim

MIZRACHI UK PRESENTS  
**HEART OF A NATION**  
A POWERFUL AUDIO-VISUAL PRESENTATION FOR  
**YOM YERUSHALAYIM**  
**THURSDAY 21 MAY 2020**  
WRITTEN AND NARRATED BY **RABBI ANDREW SHAW**  
MUSIC BY **CHAZAN JONNY TURGEL** ACCOMPANIED BY **ASAF FLUMENDORF**  
PRODUCED BY **DAVID REUBEN**  
BROADCAST LIVE ON THE MIZRACHI UK FACEBOOK PAGE AND YOUTUBE CHANNEL  
UK  
**8:30 PM**  
Magen Avot

Hendon United Synagogue - Raleigh Close, Alei Tzion & Magen Avot, invite to you to a fascinating three-part series:

# The Race to Beat Covid-19 in the UK

## 1. Monday 18th May – “EFFORTS TO DEAL WITH THE VIRUS”

**Professor Laurence Lovat**, (senior Gastroenterologist, UCLH UK. Chief Investigator, CROWN CORONATION Trial to prevent COVID-19 in Healthcare Workers) and **Professor Peter Sasieni**, (statistician and epidemiologist, Professor of Cancer Prevention at King’s College London and Director of King’s Clinical Trials Unit. Since Purim, his research has been almost entirely focused on COVID-19 and the repercussions of lockdown.)

## 2. Monday 25th May – “DEALING WITH THOSE INFECTED /AFFECTED BY THE VIRUS”

**Dr Alan Steuer**, (Consultant Physician working on the front line and responsible for managing the care of a large ward of Covid-19 patients) and **Judi Bauernfreund** (UKCP & BACP accredited psychotherapist and psycho-educator who has supported many, including HUS’s own team of ‘phone-buddies’, with their emotional responses and helpful strategies for adjusting to life under the lockdown.)

## 3. Monday 1st June – “HALACHIC AND RELIGIOUS PERSPECTIVES ON COVID-19 & THE LOCKDOWN”

**Rabbi Mordechai Ginsbury**, (Senior Rabbi, Hendon United Synagogue), **Rabbi Joel Kenigsberg**, (Rabbi, Magen Avot, Hendon), **Rabbi Daniel Roselaar**, (Rabbi, Alei Tzion, Hendon), moderated by **Rabbi Zvi Portnoy**, (Associate Rabbi, Hendon United Synagogue)

ALL THREE EVENINGS WILL COMMENCE AT 8.30pm  
on Zoom <https://zoom.us/j/193973537>

