











Friday VE Day Chabura	Earliest Lighting	US Facebook LIVE	שבת Starts	Sof Zman Kriat Shema	שבת Shacharit	שבת Mincha	שבת Ends
 9.00AM	 7.00PM	 7.00PM	 8.21PM	 9.07AM	 9.15AM	 8.00PM	 9.33PM

Events this coming week



This section will highlight the various events offered to members over the next week. To get up to date details of events and Divrei Torah from the Rabbi please join the MA: Community Whatsapp Group at the following address on your mobile phone: <https://tinyurl.com/yx4xac4v>

If you (or someone you know) are having any technical issues with WhatsApp or Zoom, we are happy to provide assistance. Drop an email to info@magenavot.com explaining your issues and we will connect you with one of our helpers free of charge.

Thursday 7 May: Baking Demo

THU

Join us for an interactive **baking demo** with **Penina Ehreich** this Thursday evening from **7.30pm** (for 30 minutes). If you wish to prepare your own cake please make sure you have the ingredients listed on page two. Men and women are most welcome to attend.

Friday 8 May (VE Day-Bank Holiday): Chabura

FRI

A link will be sent out to the WhatsApp Group just prior to the Friday morning **9.00am** Chabura. This week our speaker will be **Elkan Adler**. Men and women are most welcome to join.

Wednesday 13 May: Tzurba m'Rabanan

WED

Rabbi Kenigsberg's Tzurba m'Rabanan shiur continues this **Wednesday** night. This week's topic is "Hilchot Cadbury's - What's behind Chalav Yisrael?" The shiur begins at **8.30pm** and zoom login details will be sent out prior to the event via email and WhatsApp.

Thursday 14 May: Virtual Museum Tour

THU

An interactive virtual museum tour run by Nachliel Selavan will be taking place on **Thursday 14 May** at **8.10pm** (after the NHS clap). The **"Four Kingdoms"** tour is a unique experience looking at those kingdoms that have dominated over the Temple in Jerusalem: Babylon, Persia, Greece and Rome. Please see page three for further details.

Youth Update

Since being confined to our homes the youth have been kept challenged by nightly quizzes on a range of subjects, both Kodesh and secular. A shifting leaderboard has proved the competitive spirit of many youth members yearning to reach the top position! We have also had a Year 10 boys bi-weekly Chabura, which will hopefully continue in person once restrictions are eased. A plan for the next community quiz is already underway so keep your eyes peeled for updates!

Elliot Berke (Youth Director and Head of Y@MA)

Other Announcements

Friday: There are a number of events taking place to mark the 75th anniversary of VE day on Friday. The US has services going on in the morning that will finish in time for the two minutes' silence at 11.00am. For this and other events such as the regular Facebook Live event in the evening go to the following link: facebook.com/UnitedSynagogueUK/

Friday Night: Remember to say the Shema after nightfall and to count day 30 of the omer.

Shabbat Morning: Sof zman Kriat Shema until **9.07am**. Virtual Magen Maxis is on page two of this newsletter.

Kiddush: This week's "Kiddush" has been donated by Josh Abeles in honour of the 30th anniversary of his Bar Mitzvah and by Esther Bentley in memory of Bernard Garbacz z'l, the father of Esther Bentley, who died on 19 Iyar 5769 (13 May 2009). He has the same Yahrzeit as his father, Esther's grandfather, Rev Aryeh Garbacz z'l.

Sponsorship: Support for our local care homes carers by sponsoring a Kiddush for the wonderful people looking after our elderly relatives. For more information contact Joy Kay on 07956348392 or book on our website.

Shabbat Mincha: Pirkei Avot is Perek Daled.

Quick Links

Chabura: Audio of past sessions on our website <https://www.magenavot.com/shiurim/chaburas>

Online flip page HaMagen Magazine: <https://tinyurl.com/yckmq6xa>

Our "daven for" section (names and tehillim): <https://magenavot.com/please-daven>

Yahrzeits

The following members are observing a Yahrzeit during the forthcoming week

Date	Member	Yahrzeit
Wednesday 13 May	Esther Bentley	Father
Thursday 14 May	Sarah Josephs	Husband

We wish them and their families Chayim Aruchim

Virtual Magen Maxis

לומ Magen Maxis! Let's start with our davening:-

- מודה אני
- על מצוות ציצית
- Set of ברכות up to and including כרצונו
- We then move to נשמת
- We daven from the beginning up to גואל ומושיע
- We jump to על כן עברים and daven right up to the end of ישתבח
- Then we sing קל אדון
- We then move to the 3 paragraphs of שמע and then from עמידה till the end of the עמידה

Now it's time for your snack and story.

SHLOIMY'S REWARD

Shloimy saw the bright red bicycle in the window. He wanted it so badly! And now it was for sale! Much cheaper, only £18! He ran home and raced up the stairs, sat on his bed and started counting his pocket money. He had been saving so hard and now he had £12.50. "Okay, I only need an extra £5.50. How can I get that extra money in one afternoon? I know what. Didn't Mr Jones down the road need someone to mow his lawn?" He raced down the road and Mr Jones gave him the job. He was really pleased with Shloimy's work and gave him £2.50!

As he walked home, he waved at Mr Davis who called him over. "Would you be able to collect all the leaves that have fallen onto my grass? I'll give you £1 if you do a good job!" So now Shloimy only needed £1.50! That shouldn't be too hard! And if he could earn another £1.50 by 5.00 pm the bike would be his!!!

Well, it was already 3 o'clock, but he was sure he'd manage it! He'd have that bike! Wow! He pictured himself cycling up and down the road on his new shiny red bike! He was so excited! And still had 2 hours till the shop closed!

How was he going to earn the last £1.50? As he walked into his house his mother needed some shopping. "Will you babysit for me? I'll give you £1.00!" But Shloimy wasn't going to take money from his own mother to look after his little baby sister! But his mother wouldn't listen to him and gave him £1.50 for being such a nice boy! Now he had enough! He counted out his money really carefully and it came to £18! "Hooray!" he shouted as he put the money in his purse and ran out of the front door heading for the shop.

"Hi Mrs Katz" he greeted his neighbour. "Oh Shloimy, did you hear what happened to my Yitzy? Well, he was climbing a tree in our garden, and fell off the branch! He's broken his leg! He's so sad! And so lonely!" Straight away Shloimy went up to Yitzy's bedroom. He sat on his bed and told him funny stories to cheer him up. "There's still time to get my bike, and visiting someone who's not well is a really important mitzvah!" But it was getting later and later and Yitzy wanted him to stay! Suddenly he noticed the time – 10 minutes to 5. And he knew he had to go! He raced down the stairs, out of the house straight to the bike shop.

It was closed! Sadly, Shloimy walked home. He was trying not to cry, but still he opened his front door with tears running down his face. And suddenly, as he walked in, he saw...! he rubbed his eyes... because there, right in front of him, stood the bright red bicycle! "My bike, my bike!" Then his parents appeared. "Yes, it's yours! Mrs Katz phoned to say how happy you made Yitzy and how your "Bikur Cholim (visiting the sick) cheered Yitzy up. Even though it meant that you would have to give up your bike! So, we wanted to buy it for you because we are so proud of you!"

Shloimy gave his parents a big, big hug! And there were still tears running down his face, but these were happy tears!

Ruth Ehreich (Head of Magen Maxis)

Baking Poster



BAKING DEMONSTRATION

Thursday 7th May 2020
7.30pm - 8.00pm

Virtual interactive baking demo
with our very own **Penina Ehreich!**



@Simply.Pea

Follow her cooking and baking tips on Instagram

Men and women welcome

JOIN US ON ZOOM:

Meeting ID 872 4473 6315

Password Babka



We will be learning how to make chocolate babka

For those who want to bake along with Penina, please ensure you have the ingredients for the following recipe:

YEAST CAKE

- 1 cup warm water
- 1 tbsp dried active yeast
- 2 tbsp honey
- 3.5 cups strong white flour
- 1 tsp salt
- 1/4 cup olive oil

CRUMB TOPPING

- 1.5 cups flour
- 1/2 cup sugar
- 1/4 cup oil

CHOCOLATE FILLING

- 1/4 cup oil
- 3 tbsp cocoa
- 6 tbsp caster sugar
- 1.5 tbsp icing sugar
- 1/2 packet osem instant chocolate pudding

Helping Hand



Magen Avot
Pulling Together
To beat COVID-19

During these uncertain times, a caring community is more important than ever.

The Magen Avot Chessed Committee has had countless offers from members of the community who are very eager to help anyone who needs assistance.

If you need:

- Help with groceries -
- Medicine or other supplies -
- Just someone to talk to -
- Or anything at all -

PLEASE contact
Rebbetzen Sarah Kenigsberg

07521 500 298
rebnetzen@magenavot.com

MagenAvot.com

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FOUR KINGDOMS

Magen Avot invite you to an
Interactive Virtual Museum Tour with Nachliel Selavan
THURSDAY 14 MAY @ 8.10PM



The "Four Kingdoms" tour is a unique experience looking at those kingdoms that have dominated over the Temple in Jerusalem: Babylon, Persia, Greece and Rome.

We will examine highlights from each of the four major kingdoms through history, archaeology, Tanach, Talmud and Midrash.

Each of these Kingdoms, or Empires, has a unique character, flavour, and contribution to the Jewish narrative. We will examine this vision as it pertains to each kingdom, through the excellent exhibitions of museums around the world.



Nachliel Selavan (36), originally from the Old City in Jerusalem, has been guiding Tanach and Jewish History tours in museums since 2016. He has recently moved back to Israel after 6½ years in the US. He also runs a Tanach Study podcast on Archaeology and the Parasha.

Nachliel has prepared a PDF which will be circulated to participants so people can follow along without distracting from the visuals on the screen.

Details of how to access the tour will be released on the Community WhatsApp Group. Join the group today: <https://tinyurl.com/yx4xac4v>

