24 March 2020 | 30 Nisan 5780 | Omer 16 (Shabbat Rosh Chodesh)

Parashat Tazria-Metzora / פרשת תזריע־מצרע

Friday	Earliest	Kabbalat	שבת	שבת	Sof Zman	שבת	שבת	Yom
Chabura	Lighting	Shabbat	Starts	Shacharit	Kriat Shema	Mincha	Ends	Ha'atzmaut
9.00AM	6.42PM	7.00PM	7.58PM	9.15AM	9.22AM	7.30PM	9.06PM	8.00AM

## **Friday Online Activities**

A link will be sent out to the WhatsApp Group just prior to the Friday morning **9.00am** Chabura. This week our speaker will be **Ian Gamse**. Men and women are welcome.

Additionally, there will be two United Synagogue online events this Friday: A Hallel Service for women ONLY and Kabbalat Shabbat LIVE (details can be found on the United Synagogue Facebook Page).

#### **Mazal Toy!**

Mazal to Simon and Tina Leigh on the birth of a granddaughter. A daughter to Simon's son Natan and Ilana Leigh.

Mazal Tov to Julia and Daniel Greenberg on the brit of their grandson, a son to Shira and Yair Halberstadt in Jerusalem. The baby was named Itamar Yehudah.

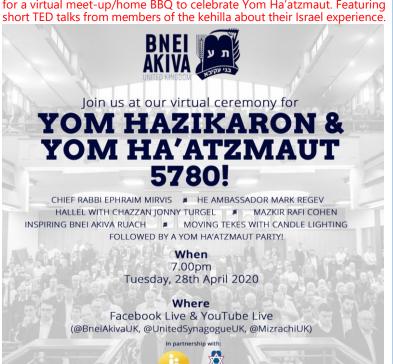
## **Yom Hazikaron and Yom Ha'atzmaut**

Yom Hazikaron: In conjunction with Mizrachi UK, join us on Monday night at **8.30pm** for a conversation between Rabbi Kenigsberg and Rabbi Ari Silbermann (Mizrachi Shaliach in Manchester) who will discuss their experiences of the IDF, Yom Hazikaron and the story of Rabbi Kenigsberg's brother Steven who fell in combat whilst serving in the IDF. Zoom link will be sent out on the Community group prior to the event

Magen Avot is proud to be taking part in the LeKedoshim project, culminating in a global siyum on Yom Hazikaron on all of Tanach, Shas Mishnayot and Gemara, in memory of Israel's fallen soldiers and victims of terror. Members of the community are invited to sign up for a section of Mishnayot or Perek of Tanach to learn on YHZ. The link will be published shortly on the website.

Yom Ha'atzmaut: In addition to Tuesday night's community-wide ceremony (see poster below for details) celebrating the miracle of Israel's Independence, please note the following two events run by Magen Avot:-Tefillah Chagigit: On Zoom at 8.00am on Wednesday morning. Shacharit and Hallel led by Rabbi Kenigsberg.

Virtual meet-up/home BBQ: On Wednesday evening at 8.00pm join us for a virtual meet-up/home BBQ to celebrate Yom Ha'atzmaut. Featuring



# Tefillah Guidelines (Rabbi Kenigsberg)

- \* Friday is both Erev Shabbat and Rosh Chodesh so it is permitted to shave and have a haircut.
- \* Earliest time for lighting is from 6.42pm.
- \* Remember Veten Bracha is now recited in the Amidah in place of Veten Tal uMatar liVracha. Also, mashiv haruach umorid hagashem is omitted.
- \* Ya'aleh veYavo for Rosh Chodesh is added in the Amidah and Birkat Hamazon throughout Friday and Shabbat.

Friday Mincha: Davening to start 15 minutes before Friday LIVE at 6.45pm.

Friday Ma'ariv: Barchu and Kaddish not said when praying alone. The bracha me'eyn sheva (Magen Avot bidvaro) is also omitted. Remember to say the entire Shema and Sefirat HaOmer after nightfall (on Friday night we count 16).

Shabbat Shacharit: Usual time for Shacharit, starting at 9.15am. Sof zman Kriat Shema is until **9.22am** so remember to say the full Shema by this time. There is no Barchu, Kaddish, Kedusha or repetition of the Amidah. A sefer Torah cannot be taken out without a minyan, however there is a mitzvah to read and study the weekly parsha (without any brachot). This can be done from a Chumash at the time one would normally hear Kriat HaTorah or later in the day. Read it by yourselves or learn it together with your family. The Maftir and Haftarah are the special readings for Rosh Chodesh.

Prayers after Torah reading: continue saying the prayers for the Royal Family, the State of Israel and soldiers of the IDF. Only the first Yekum Purkan is said. Av Harachamim is not said on Rosh Chodesh but Ashrei is said before Mussaf.

Mussaf: Mussaf amidah for Shabbat Rosh Chodesh beginning אתה יצרת is recited, as indicated in the siddurim.

Please daven Mincha at the earlier time of 7.30pm to allow time for Seudah Shlishit. Tzidkatcha is not recited on Rosh Chodesh. Pirkei Avot this week is Perek Bet.

Please remember to go to our "daven for" section of our website which includes names and tehillim to be said: https://magenavot.com/please-daven.

## **Kiddush Sponsorship**

Kiddush this Shabbat at Watford General Hospital has been kindly sponsored by Karina and Ashley Katz to mark their recent birthdays

Rate to mark their recent birthadys.								
Yahrzeits								
Date	Member	Yahrzeit						
Thursday 23 April	Jay Schechtel	Mother						
Monday 27 April	Ruth Ehreich	Father						
Monday 27 April	Judy Joseph	Father						
We wish them all Chayim Aruchim								



MIZRACHI

## Virtual Magen Maxis

שבת שלום Magen Maxis! How are you managing without school? Let's move on with our davening:-

- מודה אני
- על מצוות ציצית
- Set of ברכות up to and including שעשני כרצונו.
- We then move to נשמת.
- We daven from the beginning up to גואל ומושיע.
- We jump to על כן עברים and daven right up to the end of ישתבח.
- Then we sing קל אדון.
- We then move to the 3 paragraphs of שמע and then from צור ישראל till the end of the עמידה.

I'm sure your parents are getting used to your amazing davening! Now it's time for snack and story.

Do you remember Shua and Shaya the Diamond twins and their friend Momo? They are so upset that Momo's father Mr Berman lost his job because he had to take care of Momo after his car accident left him in a wheelchair! They were so brave to confront his old boss Mr Kimbee and remind him what a great carpenter Mr Berman was! And so upset when he threw them out of his office! And then they got stuck in the lift! But now they're safe at home.

Well, all of a sudden Shaya had this great idea! "Dad, why don't you let Mr Berman build us a new clubhouse! He's great!"

And so, Mr Berman started building a new clubhouse at the back of the Diamond's garden. And soon word got round - they talked about this amazing clubhouse at the grocery store, at the bakery, even in the doctor's waiting room! Children came from all over the neighbourhood to watch it growing. Adults came by on their way to work! "It's fabulous! it's magnificent! It's spectacular! It's beautiful!" No one said it, but secretly everyone envied the members of the Loshon Hora club.

"There's a surprise waiting for you" said Rabbi Diamond one day. "I don't know what it is because Mr Berman won't tell me!" Shua and Shaya

But then there was a big storm and work had to stop for a few days.

That night little Sorele lay in her warm, cozy bed. She was so proud of herself – she hadn't spoken any Loshon Horah for the whole day! It was harder than she thought, but she had managed it.

Shua and Shaya were cross. Just when the clubhouse was almost finished! Momo was in his wheelchair looking out of the window. He couldn't believe how his life had changed since meeting the twins! He didn't have friends before but now he was feeling more like a normal, healthy boy, belonging and even forgetting about being in a wheelchair!

And the clubhouse was finally ready. What a weird roof! Mr Berman was just attaching some sloping panels to the clubhouse. What was all that about? And suddenly Shua shouted "WHOOPIE!"

He'd guessed! And can you guess too?"

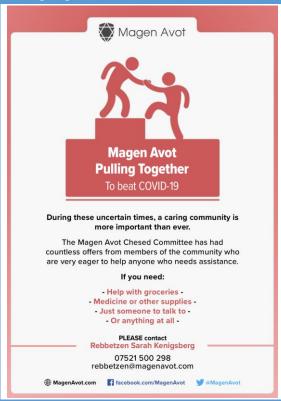
You'll have to wait till next week!

## **Ruth Ehreich (Head of Magen Maxis)**

Remember to check our Facebook page and twitter feed regularly for video messages from the community, Drashot from the Rabbi and pictures from our new initiatives (like the one below and opposite)!







### **New Initiative**

A new initiative to show our support for our local care homes carers has been launched! Sponsor a Kiddush for the wonderful people looking after our elderly relatives. For more information contact Joy Kay on 07956348392 or book online on our website.



On behalf of all the carers and key working staff at Sydmar Lodge, we thank you from the bottom of our hearts for your kind donation of a delicious lunch. We are feeling very appreciated.

Thank you. Julie Davey, Registered Manager





