












BELOW ARE SUGGESTED COMMUNITY TIMES THAT WE CAN KEEP TOGETHER AT OUR INDIVIDUAL HOMES

Friday Chabura	Friday Mincha	Shabbat LIVE	שבת Starts	שבת Shacharit	Sof Zman Kriat Shema	שבת Mincha	שבת Ends	Havdalah
 9.00AM	 5.55PM	 6.10PM	 7.22PM	 9.15AM	 9.45AM	 7.15PM	 8.27PM	 9.00PM

Chabura on FRIDAY!

Chabura timeslot is **Friday** mornings at **9.00am** and the shiur will take place at the following link: <https://zoom.us/j/5033385503> (Meeting ID: 5033385503). This week's Chabura will be given by **Daniel Ehreich**.

Mizrachi Community Shabbaton

Mizrachi UK in partnership with the United Synagogue presents a Community Shabbaton at Home. Friday afternoon at **5.30pm** there will be a live concert with Yaakov Shwekey! Followed at **6.00pm** with a special address from the Prime Minister and at **6.05pm**, Chief Rabbi Ephraim Mirvis will lead prayers for the sick and give a short address. At **6.10pm** the Kabbalat Shabbat service will be live streamed from South Hampstead Synagogue. After Shabbat at **9.00pm** Rabbi Lord Jonathan Sacks will speak and will be followed by an uplifting havdalah ceremony with Chazan Jonny Turgel at **9.10pm**. Finally, there will be a special Shabbat Hagadol shiur by Rabbi Daniel Roselaar at **9.20pm**.



MIZRACHI
UNITED SYNAGOGUE

THE UK COMMUNITY SHABBATON @ HOME

3rd & 4th APRIL 2020 | 10th NISSAN 5780

So you want more details? Well here are some more...

- 17:30 Pre Shabbat Concert with Yaakov Shwekey
- 18:00 Pre Shabbat Message from The Right Honourable Boris Johnson MP
- 18:05 Pre Shabbat Message and Prayers for the sick – psalm 121 – Chief Rabbi Ephraim Mirvis

ALL LIVE ON FACEBOOK & YOUTUBE
@mizrachiuk
@UnitedSynagogueUK

This Friday 3rd April
6.10^{pm}
Join
Rabbi Eli Levin
from South Hampstead Synagogue for an uplifting, inspirational Kabbalat Shabbat service, live via the United Synagogue Facebook page.



Please note: By participating in this live stream you are not accepting Shabbat until you light candles

Light candles after the livestream by 7.22^{pm} in London

Tefillah Guidelines (Rabbi Kenigsberg)

A reminder about the changes in tefillah for when davening at home are as follows:-

Ma'ariv: Barchu and Kaddish are not said when praying alone. The bracha me'eyn sheva (Magen Avot bidvaro) is also omitted. Remember to say the entire Shema after nightfall.

Shacharit and Mussaf: We have kept the usual time for Shacharit, starting at **9.15am**. Sof zman Kriat Shema is at **9.45am** so please remember to say the full Shema by this time. There is no Barchu Kaddish, Kedusha or repetition of the Amidah. A sefer Torah cannot be taken out without a minyan, however there is a mitzvah to read and study the weekly parsha (without any brachot). This can be done from a Chumash at the time one would normally hear Kriat HaTorah or later in the day. Read it by yourselves or learn it together with your family. This week we read Parshat Tzav. The Haftarah for Shabbat Hagadol is Malachi 3:4 - 3:24.

Regarding prayers after Torah reading: I will continue saying the prayers for the Royal Family, the State of Israel and soldiers of the IDF. Anyone who wishes to say these may do so. Only the first Yekum Purkan is said. Av Harachamim is not said the entire month of Nissan and Ashrei should be said before davening Mussaf.

We will start Mincha at the earlier time of **7.00pm** in order to have time to fulfil the mitzvah of Seudah Shlishit (3 Shabbat Meals), and let's try and imbue all our meals with an added atmosphere of Kedusha, Divrei Torah and Zemirot.

Wishing you all an uplifting and inspiring Shabbat. May Hashem answer all our tefillot and may we meet together again in shul soon!

Please go to our "daven for" section of our website which includes names and tehillim to be said: <https://magenavot.com/please-daven>.

Pesach

Rabbi Kenigsberg will be giving another Shiur via Zoom in preparation for Pesach. The first took place last **Tuesday** and was about cleaning and koshering for Pesach. The second will take place this **Sunday 5 April** from **8.30pm** and will be about the Haggadah and Hilchot Leil Haseder at this link: <https://zoom.us/j/5033385503>.

Please Support

Please support our Kimcha dePischa appeal to help provide financial assistance to members of the community who may need it ahead of the upcoming Chag. Under the current circumstances more people may be affected than usual and therefore we are asking those who are able to, to give generously. If you are able to donate OR require extra assistance at this time please speak to Rabbi Kenigsberg.



Virtual Magen Maxis

Dear Magen Maxi children

I hope you are all safe and well in this rather strange situation! We'll start with our usual davening which begins at 10.45pm. Below are the תפילות that we daven:-

- מודה אני
- על מצוות ציצית
- Set of ברכות up to and including נשעני כרצונו
- We then move to נשמת.
- We daven from the beginning up to גואל ומושיע
- We jump to על כן עברים and daven write up to the end of ישתבח.
- Then we sing קל אדון.
- We then move to the 3 paragraphs of שמע and then from יזר ישראל till the end of the עמידה.

When you've finished davening as much as you can, then ask your parents for your well-earned snack and make yourselves comfortable for the best story in the world!

So the Squire goes home, monkey on shoulder. He unlocks the door to his cellar and races down the stairs. His monkey hops down to the floor and stands there watching as the Squire open his first sack of coins. He watches his master as he picks up one coin, bites into it and checks it. He hears the Squire sigh with relief as he puts it into a new sack. He watches as his master checks each coin separately and begins to smile again. By this time, the Squire is happy but exhausted. His money is safe! He gives a big yawn as he climbs back up the stairs, through the cellar door carefully locking it behind him. And goes to his bedroom where he falls into a deep and untroubled sleep.

Meanwhile, what about the monkey? He's still in the cellar! The monkey does what monkeys do – he imitates his master. He hops onto the table, opens a sack of coins, chooses one, bites into it and swallows it! And the next coin and the one after that, until he is so full that he falls down dead! In the morning the Squire wakes up, looks around and realises that his monkey is missing! Where could it be? And then he realises that he must still be in the cellar! He runs down the stairs and to his horror, he finds the dead monkey.

Then the Squire has a brilliant idea! He'll give Itzik's family a present for Pesach! He puts his dead monkey into a bag and walks into the forest till he comes to the shed. He takes the bag and hurls it through the broken window and walks away laughing. What is Itzik's family going to do with his present! He laughs all the way home.

But in the shed everyone is screaming! Who would throw something through the window? The children are scared. But then Itzik's wife gasps and points to something glinting on the floor. It's gold coins! They see the dead monkey with its tummy that has been torn open, and all the gold coins pouring out of it onto the floor! There's no time to lose. Pesach starts in a few hours. Itzik goes off to buy the things they need for Seder, the older boys buy wood and begin to build a table and chairs and Mummy and the girls clean up the mess and starts cooking.

It's Seder Night and the Squire wants some fun. He walks back to the shed and he can't believe his ears. Is that the sound of singing coming from the shed? He looks inside and gasps aloud. What's happened? There's the family sitting around the table and singing! He sees candles burning! A new rug on the floor! He can't help himself, and he knocks open the door. Itzik opens it with a wide welcoming smile on his face and invites him in. The Squire has to ask: "What happened? This morning I saw the children crying and hungry and now I smell the wonderful smell of cooking?" Itzik laughs. "This morning we had nothing, but then Hashem sent Eliyohu HaNovi who threw a dead monkey into the shed. Inside the monkey's tummy were lots of golden coins! I told you that Hashem looks after us! Please Squire, join us at our Pesach Seder!" The Squire says in a quiet and humble voice: "Itzik – you were right and I was wrong. Hashem is in charge of everyone! Now I want you to come back to work at the inn and I promise, if anyone starts to make too much noise because they have got drunk, I will see to it that they won't do it again!"

Ruth Ehreich (Head of Magen Maxis)

Pesach (continued)



Mechirat Chametz forms are available online at the following web address: <https://bit.ly/3bpOp6z>. For questions or clarifications please speak to Rabbi Kenigsberg directly.

Ordinarily only food specifically labelled as Kosher for Pesach may be purchased for use over the Chag. Due to this year's unique circumstances KLPB have compiled a list of foods which may be purchased where specific KLP goods are unavailable. This list was featured in last week's newsletter.

Daniel Greenberg has a link to his "Solitary Seder Symbolism" Shiur on his website here: danielgreenberg.co.uk/shiurim-and-lectures.

Chessed Committee

If you are unable to get out and need food, medicine or other supplies, or if you need anything else at all, big or small, PLEASE contact **Rebbetzen Sarah Kenigsberg** on **07521 500 298** or **rebbetzen@magenavot.com**. Sarah will co-ordinate to make sure help is available.

WhatsApp Community Group

The new MA: Community Whatsapp Group is now live. Please note that messages on this group are sent from admins only. This is additional vehicle of communication, as well as our new virtual pulpit, where Rabbi Kenigsberg will be sharing Divrei Torah, Halachic guidance and words of chizzuk in these trying times. Each audio recording will be preceded by a short note explaining what the content of that day's message is. Please click the following link on your mobile device: <https://bit.ly/3dwf1EO>.

Other Posters





Yellow Candle Project

Magen Avot is proud to support this year's yellow candle project. Collections can be made from outside the front door at number 4 Downage every evening (apart from Friday and Saturday evenings) from 8.00pm to 10.00pm. No need to make an appointment just come and collect, leave your donation (to Magen Avot) and write how many you took in on the provided sheet. If you are in isolation, we will deliver to you. Please see the poster below.



Relocation of Kiddushim

As we cannot go to Shul, a new initiative has been created which has the enthusiastic agreement from Rabbi Kenigsberg and members of our Executive. The idea is for us to sponsor Kiddushim for doctors, nurses and staff at our local hospital. This way, a Yahrzeit or Simcha is still acknowledged. Our newsletter, would say: "Kiddush sponsored this week by in celebration of/in memory of at Hospital". Doctors, nurses and staff are all working much longer hours and really need our support. Plus, it's so uplifting for them to know how much we care. At the same time, we are still supporting our local shops/bakeries. Debbie Kagan has a team that are in contact with each hospital who will co-ordinate everything for us, as well as collecting from the shop and delivering directly on our behalf. If you would like to sponsor a Kiddush email info@magenavot.com and check out sponsorship weeks on our website.

Isolation Deliveries



A new service has started for those who are in isolation due to Coronavirus. Orders can be made so that people can stay in their homes unless they absolutely have to leave. Text orders or email orders can be made to Eliezer Gilbert on 07506750023 or office@shabbatwalk.org

Home Deliveries

We hope this list of kosher establishments offering home delivery services will be helpful in these challenging times. We apologise for any inaccuracies and should be grateful if you would let us know about these. This list should not be seen as an advertisement or recommendation for any individual establishment over others which are not listed.

Bakeries

- Carmelli – Supervised by KLBD. Deliver bread, cakes and other baked goods. Minimum order £10 for free delivery. Contact by phone on 020 8458 7056 or by email: delivery@carmelli.co.uk
- Grodzinski – Supervised by KLBD (Golders Green) or Kedassia (Edgware). Deliver bread, cakes and other baked goods. Golders Green, call 020 8458 3654. Edgware - free delivery/minimum order £15, otherwise £5 delivery charge to NW4/NW11. Orders must be placed by 2.00pm. Call 020 8958 1205.

Kosher Groceries/other items (plus for Pesach)

- GoKo – Deliver a range of groceries and other items. Contact by phone on 020 8815 4555 or email: info@gokosupermarket.co.uk
- Sabeny – Deliver a range of groceries and other items. Visit <https://www.sabeny.com/passover>
- Tapuach – Supervised by KLBD. Deliver a range of groceries and other items. Call 020 8202 5700 or email sales@tapuach.co.uk or visit tapuach.co.uk
- Just Kosher – Supervised by KLBD. Deliver a range of groceries and other items. Minimum order £200 plus £10 delivery charge. Not accepting further Pesach orders – call 020 8207 5556, email info@justkosher.co.uk or www.justkosher.co.uk

Restaurant food delivery

- Deliveroo – Many kosher restaurants offer delivery via <https://deliveroo.co.uk> - You are able to order for delivery to other addresses, so can order for relatives and friends who may not have computer access.
- Kosher restaurants – Many kosher restaurants have introduced delivery services in view of the current situation – it's worth calling to check if they can deliver to you.

Additional Notices and Thanks

Remember to check our Facebook page regularly for video messages from the community, Drashot from the Rabbi and more! We are looking for more Shabbat table photo submissions which we hope to share in future newsletters.

On Tuesday morning there was a virtual get together and coffee morning for the community via Zoom hosted by Rebbetzen Sarah Kenigsberg. We want to thank Sarah and all those who were able to participate and contribute.



Nissan 5780
April 2020

An open letter from the Chief Rabbis of the world

This Shabbat – the Shabbat before Pesach – is called Shabbat HaGadol, the Great Shabbat.

It was first celebrated at the birth of the Jewish people, moments before the dawn of our deliverance from Egyptian slavery.

Every Jewish family, alone in their homes in Egypt, sat fervently anticipating the united dream of deliverance and nationhood.

3332 years later, this Shabbat HaGadol, we too sit, isolated in our own homes, once again united in our fervent prayer for relief from the global pandemic that has shaken our world to its core.

We call on Jews around the world to adhere – with total commitment – to the health and safety protocols as set out by their country.

We call on Jews around the world to make this Shabbat HaGadol a Shabbat of kindness, a Shabbat of prayer and a Shabbat of connection to the Divine – tapping into the transformative power of Shabbat.

We call on Jews in every corner of the globe to do these three things:

Call or message each other with words of support before Shabbat

In our heroic global quest to protect each other, we find ourselves physically cut off from one another. So many of us are completely alone. Call or message someone you know who is alone or struggling, wish them Shabbat Shalom and offer them words of support and encouragement.

There is so much we cannot do at this time – but let's not underestimate the power we have to uplift, encourage and support one another.

Pray for each other just before candle-lighting

As the devastation of COVID-19 sweeps across the world, so many people need our prayers. Let us pray to our Father in Heaven together – for each other and all humankind.

Keep this Shabbat together

Let us bring this Shabbat into our homes together and harness its immeasurable invigorating power. Let us connect to light and love and disconnect from the relentless news cycle for a precious 25 hours. Let us fill our homes with the radiant light of Shabbat candles together. Let us proclaim G-d Almighty's sovereignty over the world, and feel his loving embrace, as we recite Kiddush together. Let's cook before Shabbat, put away our car keys, dress up, switch off all electronics, eat, sing, pray, hope and dream together.

This is a time for us to rally together in unity. This is a time for us to be together – to welcome Shabbat in together – **as one people with one heart.**

May we all find comfort and strength in Shabbat and each other.

May it be a Shabbat HaGadol – a Great Shabbat – in the fullest sense of the words.

And may G-d bring health and healing to His world,

Rabbi David Lau
Chief Rabbi of Israel

Rabbi Yizchak Yosef
Chief Rabbi of Israel

Rabbi Berel Lazar
Chief Rabbi of Russia

Rabbi Pinchas Goldschmidt
Chief Rabbi of Moscow
President of the Conference
of European Rabbis

Rabbi Dr Warren Goldstein
Chief Rabbi of South Africa

Rabbi Haïm Korsia
Chief Rabbi of France

Rabbi Gabriel Davidovich
Chief Rabbi of Argentina

Rabbi Yosef Chehebar
Chief Rabbi of Argentina

Rabbi Dr Riccardo Di Segni
Chief Rabbi of Rome

Rabbi Ephraim Mirvis
Chief Rabbi of the
United Kingdom

Rabbi Albert Guigui
Chief Rabbi of Brussels

www.KeepingItTogether.world #KeepingItTogether