

Week 236

13 – 15 December 2019 | 15 – 17 Kislev 5780

פרשת וישלח / Parashat Vayishlach

Friday	שבת	שבת	שבת	Horim	Sunday	Next Fri
Mincha	Shacharit	Mincha	Ends	V'Yeladim	Shacharit	Mincha
3.35PM	9.15AM	3.46PM	4.46PM	5.35PM	8.20AM	3.35PM

Levaya/Shiva Notice



The Chief Rabbi's father, Rabbi Dr Lionel Mirvis z'l, has sadly passed away in Cape Town, South Africa. The Levaya takes place in Jerusalem on Thursday 12 December and is followed by shiva in Israel. We wish the family Chayim Aruchim.

Women's Kabbalat Shabbat



13 December: Women's Kabbalat Shabbat in our downstairs classroom at **3.50pm**.

21 February: Women's Kabbalat Shabbat <u>at</u> Alei Tzion in their middle classroom at **5.25pm**.

Youth Friday Night and Oneg Shabbat

YOUTH FRIDAY NIGHT



Friday night dinner for youth at the home of Rabbi and Sarah Kenigsberg

An evening of great food, inspiration and social

Friday 13th December 2019 35 Tenterden Gardens, NW4 1TG

Year 7 and up | £5 per person lease RSVP to rabbi@magenavot.com

This Friday night is the youth dinner at the Rabbi's house. The entire kehillah is invited to join for an Oneg Shabbat after dinner from 7.30pm.

"Ha Magen" - The Magen Avot Shul Magazine



The Shul Magazine Committee will meet on Sunday 22 December at 11.00 am at 55 Hendon Hall Court, Parson Street. Members interested in either being on the committee or just as a contributor please contact Julian Pollard on 07958 447174 or hamagen@magenavot.com

Stonesetting



The stonesetting for the late father of David Berke (Mr Harry Berke a'h) will take place at Bushey New Cemetery on Sunday 5 January at 10.30am. We wish the whole family a Chayim Aruchim.

Thanks and Upcoming Speakers

Thank you to Rami Sherman for an outstanding speech and presentation given at the Melave Malka (see pictures on the back of the newsletter).

Thank you to Rav Doron Podlashuk for speaking to us this past Shabbat. Thanks also to **Mizrachi UK** for arranging another inspiring guest speaker.

UPCOMING SPEAKERS

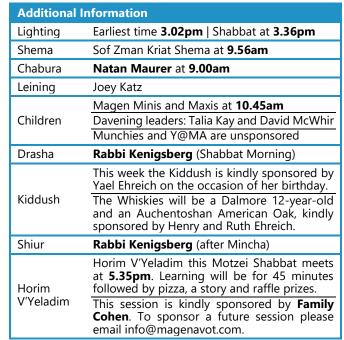
28 December - Rabbi Martin Taubman 4 January - Rabbi Michael Pollack 29 February - Lyndsay Simmonds

29 February - Lyndsay Simmonds 28 March - Shalvie Friedman

Tzurba m'Rabanan



Tzurba m'Rabanan shiur is currently on break until 8th January, when Rabbi Kenigsberg will be launching Volume 4. For info visit tzurbaolami.org



Communal Lunch





25 January: Communal lunch in shul. We will be joined by Rav Gidon Weitzman from Israel as our scholar-in-residence. Cost for the lunch is £15 for adults and £7.50 for children. Please sign up by emailing: events@magenavot.com. For online payments please use Name: Magen Avot, Sort Code: 60-80-07, Acc No: 60217278, Ref: "Yourname ComLunch"

1 February - Mental Health Shabbat

Motzei Shabbat 1 February there will be a talk at **7.30pm** in Shul on: "How Families in Torah illuminate our understanding of Mental Health". There will be 3 speakers and a Q&A will follow.

Dr Fiona Taylor works as a consultant adult Psychiatrist in Camden and Islington. She is interested in the social determinants of mental illness and has spent a year working in Parliament as a mental health advisor to a Peer in the House of Lords, helping to raise the profile of mental illness and influence government policy.



Hillel Mirvis is a Child and Adolescent Psychotherapist based at Barnet CAMHS. He has a particular interest in therapy with adopted children and disturbed adolescents, and has published several papers in these areas.

Dr Richard Taylor has been a GP for over 20 years. He has a special interest in Mental health and Education. Richard holds a diploma in Child Health, a Postgraduate Certificate in Medical Education and has a BSc in Medical History. He has been an undergraduate tutor at UCLH medical school and is a Postgraduate GP trainer with the London Specialty School for GP education.



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Magen Avot Melave Malka with Rami Sherman

For further pictures visit our Facebook Page: facebook.com/MagenAvot

