



Friday Mincha	שבת Shacharit	שבת Mincha	Fast Begins	שבת Ends	Maariv and Eicha	Sunday Shacharit	Tisha B'Av Speaker	Film	Mincha Maariv	Fast Ends
7.15PM	9.15AM	6.30PM	8.33PM	9.27PM	9.40PM	9.00AM	5.00PM	5.30PM	6.30PM	9.18PM

Please note that all services over Shabbat and Tisha B'Av will take place in the normal shul location (NRPS Hall)

Message from our Chairman

On behalf of the Executive, I am delighted to announce that the members of Magen Avot have overwhelmingly voted in favour of the appointment of Rabbi and Rebbetzen Kenigsberg as the Rabbinic couple for Magen Avot. The vote was 93% in favour of the appointment.

This is clearly a milestone event for Magen Avot and is critical for the development of our kehilla.

We send our congratulations to Rabbi and Rebbetzen Kenigsberg and we very much look forward to welcoming the Rabbi and the Rebbetzen as the rabbinic leaders of Magen Avot and to work with them as we together develop our community and take it to new heights.

I would also like to extend my personal thanks to the Rabbinic Selection Committee, to the Magen Avot Executive and to the Magen Avot Council for all of the time and effort they have expended in the selection and appointment process it has truly been a huge effort and we are grateful for all of the work they have done.

Jonathan Solomon, Chairman, Magen Avot

Booking for Yomim Noraim

We have published details on our website of how to book for the Yomim Noraim. Make sure to book as soon as possible to guarantee your seats. Direct link can be found here: <https://bit.ly/2ObWwNo>.

Tisha B'Av תשעה באב

Tisha B'Av "the Ninth of Av" is an annual fast day, named for the ninth day (Tisha) of the month of Av. The fast commemorates the destruction of both the First and Second Temple in Jerusalem, which occurred about 655 years apart, but on the same Hebrew date. Tisha B'Av is never observed on Shabbat. As the 9th of Av falls on Shabbat this year, the fast is postponed until Sunday. NB: There will be a selection of explanatory kinnot given over after Shacharit on Sunday.

On Tisha B'Av afternoon, we are privileged to welcome Mrs Lily Ebert to Magen Avot who will speak about her experiences in Nazi Germany. Mrs Ebert will be speaking in shul at **5.00pm**. There will also be a screening of the film: "From where shall my help come?" - the story of two sisters: Fanny Rozelaar and Betty Meir.

Speaker Profile

Michelle Sint has a BA in English, American and Hebrew Literature from Manchester University, a Masters in Jewish Studies from Jews College and is a Susi Bradfield graduate. She teaches at LSJS, also leading tours of the British Museum, teaches the Matan Batmitzvah course and speaks at a variety of Shuls, Rosh Chodesh groups and schools. Her areas of interest include parasha, Nach, a beginners' Hebrew grammar course, and particularly enjoys giving workshops and shiurim on Rashi. Michelle has created a 6-week course to teach skills to understand the depth of Rashi's commentary which she has taught to adults and children.

Additional Information

Lighting	Earliest time for lighting: 7.02pm
Shabbat	Latest time for lighting: 8.20pm
Chabura	Elkan Adler at 9.00am
Leiner	Ian Gamse
Speaker	Michelle Sint (post Mussaf)
Kiddush	This week's Kiddush is sponsored by Family Berke to mark Shelley's birthday. Mazal Tov! Whiskies: Glen Keith and Cardhu Gold Reserve

Message from Rabbi Kenigsberg

HALACHOT FOR TISHA B'AV NIDCHE (POSTPONED)

When Tisha B'Av falls on Shabbat the fast and associated mourning practices are postponed to Sunday.

On Shabbat one may eat meat and drink wine at all meals as usual. Seudah Shlishit does not include any of the usual restrictions of the Seudah Hamafseket which apply in other years, however care should be taken to stop eating before **8.33pm** when the fast begins. In order to accommodate this meal Mincha will be taking place at the earlier time of **6.30pm**.

At the conclusion of Shabbat (**9.27pm**) "Baruch HaMavdil bein Kodesh leChol" should be recited and one is then permitted to perform melacha, and required to remove leather shoes. The Bracha on a Havdalah candle should be recited and the rest of Havdalah is postponed until Sunday night at the conclusion of the fast.

Maariv on Motzei Shabbat will take place at the slightly later time of **9.40pm** in order that people have a chance to change their shoes and carry Kinnot books to shul. None of these preparations should be made before the conclusion of Shabbat.

Before eating on Sunday night, Havdalah is recited over wine or grape juice. The Brachot over a candle and spices are omitted.

One who is forbidden from fasting due to health reasons, should make Havdalah on Tisha B'Av before eating. In this case a beverage other than wine or grape juice should be used.

Since the fast is postponed this year, the majority of restrictions become immediately permitted at its conclusion, thus shaving, haircuts and laundry are permitted on Sunday night. However, meat and wine (apart from that used for Havdalah) should not be consumed until Monday.

יום הרביעי ויום החמישי... יהיה לבית יהודה לששון ולשמחה וליקטדים טובים

"...The fast of the fourth [month], the fast of the fifth [month]... shall be for the house of Judah for joy and happiness and for happy festivals" (Zecharya 8:19)