

Week 241			17 – 19 January 20	t 5780	Parashat Shemot / פרשת שמות		
	Friday Mincha	שבת Shacharit	שבת Mincha	שבת Ends	Horim V'Yeladim	Sunday Shacharit	Next Fri Mincha

Friday	שבת	שבת	שבת	Horim	Sunday	Next Fri
Mincha	Shacharit	Mincha	Ends	V'Yeladim	Shacharit	Mincha
4.05PM	9.15AM	4.17PM	5.17PM	6.10PM	8.20AM in OYH	4.20PM

#### **Mazal Tov!**

Mazal Tov to Chaim and Mikki Goldring on the occasion of their son Yoni's Bar Mitzvah this Shabbat. Kiddush will be downstairs after services in the Od Yosef Hai function hall. Access will be via the main entrance or via the back stairs if coming directly from Shul.

#### **New Learning Opportunity**

Following the acclaimed Tzurba m'Rabanan program, Rabbi Kenigsberg continues a series of shiurim on Hilchot Kashrut this Wednesday night. This is a great opportunity to join a weekly shiur covering an extremely practical topic. The shiur is at 9pm at Alei Tzion. Men and women welcome. This week's topic is "Halachic Principles for Keeping a Kosher Kitchen".

#### **Knead to Learn**

A special session of knead to learn will take place on **Thursday** 23 January at 7:30pm at the home of Julia Greenberg. The challot will be made for the communal lunch and will be baked by Sarah Kenigsberg along with Julia. There is therefore no charge for this session, but please book by emailing events@magenavot.com in order to know numbers. Sarah Kenigsberg will be speaking.

#### **Communal Oneg and Lunch (see attached poster)**

We are delighted to be joined by Rav Gideon Weitzman as our scholar-in-residence next Shabbat. Please note the following

On Friday night 24 January there will be an Oneg Shabbat at 8.00pm at the home of Family Herman (85 Finchley Lane).

On Shabbat 25 January there will be a communal lunch in shul after the main Kiddush. Booking has been extended until Monday 20 January, so please make sure to sign up and reserve your place. We look forward to seeing everyone at this exciting event. To book and pay please go to the following link: http://www.theus.org.uk/MACommunalLunch.

#### **Mental Health Shabbat**

Motzei Shabbat 1 February: there will be a talk at 7.30pm in Shul on: "How Families in Torah illuminate our understanding of Mental Health". There will be 3 speakers (Dr Fiona Taylor, Hillel Mirvis and Dr Richard Taylor) and a Q&A will follow.

#### **Save the Date**

The Neshot Chayil Shabbat will take place on 7/8 February where will be honouring Joy Kay. Following the Shabbat there will be an additional event on Sunday 9 February - a fruitcarving workshop in honour of Tu b'Shvat. It will take place from **1.00pm** to 3.00pm (venue to be confirmed). Places are limited to 20 women and the cost is £15 per person. Details of how to book and pay will be sent out shortly.

Additional Information				
Lighting	Earliest time for lighting is <b>3.31pm</b> Shabbat starts at <b>4.09pm</b>			
Shema	Sof Zman Kriat Shema at <b>10.04am</b>			
Chabura	Elkan Adler at 9.00am			
Leining	Yoni Goldring (Bar Mitzvah)			
	Magen Minis and Maxis at 10.45am			
Children	Magen Munchies is kindly sponsored by Family Langerman on the occasion of Mia's 9th birthday.			
	Please note that Y@MA is on a break this week. Also, on Shabbat 1 February there will be a bumper Kiddush to celebrate the first anniversary of Y@MA!			
Drasha	<b>Rabbi Kenigsberg</b> (Shabbat Morning) Includes presentation to the Bar Mitzvah.			
Kiddush	This week the Kiddush is kindly sponsored by  Chaim and Mikki Goldring on the occasion of Yoni's Bar Mitzvah.  The Whiskies of the Week will be a selection of fine single malts.			
Shiur	Rabbi Kenigsberg (after Mincha)			
Horim V'Yeladim	Horim V'Yeladim meets at <b>6.10pm</b> and is unsponsored this week. To sponsor please email info@magenavot.com.			



www.magenavot.com

info@magenavot.com





### Y@MA and JNF Israeli Shuk Event

For further pictures visit our Facebook Page: facebook.com/MagenAvot

On the afternoon of 12th January, after months of preparation, the youth of Magen Avot (Y@MA) pulled off an incredible Israeli Shuk for the families of Magen Avot and beyond, supported by JNF. There were numerous stalls all unique in their own way, including flower planting, a hair and nail salon, sand art, face painting, candle making, orange pressing, hat design, army training obstacle course, JNF lucky dip, Israeli taste testing, biscuit decorating and of course delicious Israeli themed food (falafel and hummus included!). The room was packed with an incredible sound of people enjoying the Israeli music whilst participating in all the different activities. Congratulations to Fiona Taylor for winning the raffle and to Yishai Ehreich and Miri Ben-Yoav who won the jar of sweets after correctly guessing the number of sweets in the jar! Great fun was had by all whilst raising money for the worthy cause of JNF's Eli Cohen Primary School Project which aims to help renovate this primary school in an impoverished area of Israel. Thank you to JNF, Elliot Berke, Sarah Kenigsberg and of course Y@MA who made this event such a great success!







































# - Scholar in Residence -

Shabbat Parashat Vaera / 24-25 January 2019

## RABBI GIDEON WEITZMAN

Rabbi Weitzman is the Head of the English Speaking Section of the Puah Institute for Fertility and Medicine in Accordance with Halacha in Israel. Originally from Britain, he studied in Yeshivat Beit El and received Rabbinic Ordination from the Israeli Chief Rabbinate. He is also a visiting associate principal in the Albert Einstein College of Medicine in New York and a regular contributor to the annual halachic compendium Techumin. Amongst his many roles, Rabbi Weitzman is Rabbi of the Merkaz Modi'in Synagogue and a popular speaker who is well known internationally for his brilliant and thought provoking presentations.



## Speaking engagements

- Friday Night Oneg Shabbat
   "Using Ancient Texts to Solve Modern Medical Dilemmas"
   At the home of Family Herman, 85 Finchley Lane
- Shabbat Morning before Davening Parsha Chabura
- Shabbat Morning before Mussaf Drasha - "The Message of the Plagues"
- Shabbat Lunch

"Have we gone too far? Playing God and Modern Medical Treatments". Followed by Q&A.

Lunch tickets available until Monday 20th January Book at: theus.org.uk/MACommunalLunch